THE VALLEY VOICE

VALLEY PRESBYTERIAN CHURCH OCTOBER 2022



A Fiesta of Remembrance

Valley Presbyterian Church will be hosting a Fiesta of Remembrance Saturday, October 22, from 4:00 P.M. to 6:30 P.M. to honor the lives of the of Rev. Dr. Jorge Isaac-Pazos Aragón and Rev. Robert Edward Seel. The Board of Directors and friends of Compañeros en Misión, as well as members of several faith communities in southern Arizona will also be present.



Pastors Rev. Bob Seel & Rev. Dr. Jorge Pazos at Iglesia Presbiteriana Sol de Justicia (Sun of Justice Presbyterian Church) April 2017, in Nogales, Sonora.

Dr. Pazos and Rev. Seel were vital to the continued growth and success of Compañeros en Misión since its founding in 1993, and both of these saints passed on to life eternal in 2021: Rev. Seel on September 11 and Dr. Pazos on December 25. In many ways, it was the end of an era, but Pastor Jorge's family loves this work so much, they are enthusiastically continuing his ministry.

VPC will provide waitstaff for an estimated 100 persons and the Fiesta will include a dinner and silent auction. The money raised will be used to continue the ministry including building a classroom for youths, migrants, and local families.

VPC will sell \$10.00 tickets to our congregation on Sunday, October 2, and 9, 2022 in the Fellowship Hall after worship and will be available in the office.

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Bible Study Opportunities

2800 S Camino del Sol Green Valley, AZ 28522 Telephone: (520) 625-5023 vpc-offfice@valleypres.net

OUR MISSION

To make Christ known through reconciliation while communicating respect and love to all people.

The principles we will follow to accomplish this are:

- Worship that glorifies God.
- Growing our faith in love, hope and the peace of Christ.
 - Caring for the children of God.
 - Reaching out to the community and the world.
 - Seeking an attitude of servanthood.

Valley Presbyterian Church

2800 S Camino Del Sol Green Valley, AZ 85622 (520) 625-5023 vpc-office@valleypres.net www.valleypresbyterian.net Member of Presbytery de Cristo in The Synod of the Southwest, Presbyterian Church (U.S.A.)

Pastors

Rev. Dr. Craig Lindsey,
Pastor/Head of Staff
Rev. Diane Christopher,
Pastor of Discipleship
Rev. Joe Hawkins,
Pastor Emeritus



Sunday Worship
Traditional Service of Worship
9:30 a.m.
Online and in Person
www.valleypresbyterian.net

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OUR VALLEY PRESBYTERIAN STAFF

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SUNDAY WORSHIP SERVICE SCHEDULE

Oct. 2	Luke 17: 5-10 "Peacemaking Offering"	Pastor Craig
	Worldwide Communion -Food Bank Sunday	
Oct. 9	Jeremiah 29:1, 4-7 "Seeking the Welfare"	Pastor Diane
	NOC Sunday, Chili Cook-off- Crossroads Sunday	
Oct. 16	Luke 18: 1-8 "Persistent Widow"-YOTO Sunday	Pastor Craig
Oct. 23	Stephen Ministry Sunday	Pastor Craig
Oct. 30	All Saints' Remembrance 5th Sunday Noisy Offering	Pastor Craig
	& 5 th Sunday Hymn Sing	

Rev. Dr. Craig Lindsay, Pastor, Head of Staff

From Pastor Craig

Instead of When It Is Over, New Opportunities

On Mondays a group of us have begun reading Genesis together. Each of the stories begin with a beginning and we anticipate each story's conclusion; however instead, those circumstances lead into the next story, new people, and new opportunities to understand our faith in GOD. I imagine that for hundreds of years believers hoped for the coming of a Messiah... Yet even though the circumstance was described in Isaiah & Malachi, no one looked for a baby to be born in Bethlehem. The Pharisees and Scribes and Roman Empire planned for Jesus' end; and no one anticipated his Resurrection over death, the coming of the Holy Spirit, or the continuation of the Church and Missions for over 2000 years!

Since that Tuesday morning in September 2001, the world has imagined an end to fear and terrorism... Is that where we now exist? For over two and a half years, we have worked to survive COVID19, so what do we now want to do? All summer (and we have had more days over 100 degrees and more horrific storms than I could have imagined), we have looked forward to September, October, and November! As wonderful of relationships as we have, as much as we have been accomplishing, I look forward to when we can get to know more of our community and know one another better!

Our Staff and volunteers have been working to update and revise our Neighborhood Network of Caring, so that every HOA or Neighborhood will be able to care for one another as small parish communities. But for this to work, we will need everyone's involvement in little ways. Our Membership & Outreach Committee and our Office Staff have worked updating directories and databases, working to photograph our Church (and I do not mean the building). Now instead of having printed alphabetical lists of addresses and phone numbers; we have both up-to-the-minute photo directories of everyone involved, their winter and summer addresses, emails, phones, etc, AND all this is available on your smart phone or computer. EVEN better, our congregation, of 60-70-80-90 year old and older, are actively using technology in their homes to stay connected and communicate, and to worship GOD with us as they need. Those in every part of the congregation, and worshipping electronically, are able to hear clearly! AND we are working in these next several weeks to improve that opportunity for those on the Chancel, as well as the sound of music for all of our concerts!

 Friday, September 30th, with concern for continued health and vitality, our Parish Nurse Chris Erickson will be hosting Flu Shots and Fall Prevention at a Fall Fair. Looking to the future: For many of us, our loved ones include family members with feather and fur and sometimes 4 legs, so Tuesday October 4th, St. Francis of Assisi Day, we will have a blessing of our animals, by bringing them together under our Solar Carport!

- For decades Rev. Dr. Jorge Pazos and Rev. Robert Seel dedicated their lives on both sides of the border to create Compañeros en Misión, which on Saturday October 22nd will allow us to host this Mission providing our whole Green Valley community with a Fiesta of Remembrance!
- All those who enjoy kicking up their heels, and those who learned from Custodian Steve how to line dance this summer, will gather for Dinner and Dancing at the Longhorn Grill in Amado on Friday, October 7th with Katie Sayre's band, Hard Scrabble Road!
- Sunday, October 9th our Green Valley Fire Department will come join us following Worship for a Chili Cookoff, to discern who makes the very best chili for cool days coming.
- Looking ahead to November: The Holiday Sale will be November 3-5th. Our 3rd Class of New Members will be meeting on Mondays; and anticipated throughout the last two years, we will gather together with our community to share Thanksgiving, because we do have so much for which to thank GOD! But Ho Ho, GOD has something unanticipated for us: this year Christmas comes on a Sunday! Planning ahead, we will have one very special Christmas Eve Worship at 7pm with special music and sharing the Sacrament of Communion, and Sunday morning we will have a very special Sunday worship at 9:30am to celebrate the birth of our Savior!



Chili Cook-Off! Sunday, October 9 after Worship



Did you like our July 4 party? Wait until you attend our chili cook-off! Five chefs from our congregation will make their specialty chili, and you will get to compare their chili with our local fire fighter's special chili (I hear we may have to ask them to lower the spice volume, however).

October 9 is the first day of fire Prevention Week. Along with their chili, our local fire fighters will bring one of their vehicles and offer demonstrations of their equipment.

So we can have an idea how much chili to make, obtain a free ticket on Sunday mornings. Come and see how our chefs stack up with famous firehouse chili. Brought to you by our Fellowship Committee.

From Pastor Diane

One of the most practical stories in scripture is found within the story of the Israelites wandering in the wilderness after they escaped slavery in Egypt (Exodus 18). Moses is leading the people. We don't know how many people there were – some say thousands, some say millions. Whatever the numbers, Moses was overwhelmed as the people were coming to him with all their problems.

Moses' father-in-law, Jethro, comes to visit and notices Moses is meeting people "from morning till evening." Jethro has advice for Moses: you will wear yourself out. Select people who are trustworthy and appoint them over groups of people to meet their needs. Jethro says, "That will make your load lighter, because they will share it with you."

As pastors of a large church, Craig and I can't possibly meet with each member on a regular basis, nor can we do all that needs to be done on a regular basis. Therefore, we have ministries in the church that are like the advice of Moses' father-in-law.

This Fall, we are highlighting three of these ministries.



Pastor Diane Christopher-Pastor of Discipleship

October 9 is Network of Caring (NOC)

Sunday. The purpose of NOC is to make sure that every member is contacted on a regular basis to say "hi, we are thinking of you," to see if there are any needs and fill people in on happenings at church. To accomplish this, we have divided Green Valley and the surrounding area up into eleven areas. Each area will have a leader and contactors. On NOC Sunday, you will hear more about this ministry and the impact it has made in people's lives. Perhaps God is calling you to connect more with people. If so, you will have an opportunity to be a part of this ministry.

October 23 is Stephen Ministry

Sunday. A Stephen Minister walks by the side of those who need a companion in times of stress or crisis. The pastor can be there for the emergency, but Stephen Minister walks by the side of someone on a regular basis. They provide a listening ear, the presence of a companion, someone to pray with. To become a Stephen Ministry takes 50 hours of training, but the personal rewards are remarkable.

November 13 is Deacon Sunday. The Deacons are the hands of the pastors on Sunday mornings. They take care of ushers and greeters, communion preparation, owl express, and fellowship time after worship. The Deacons also have oversight over the following care ministries: extended communion, prayer ministry, facility visitation, birthday calls, card ministry, hospital follow up calls. Whew! This is an amazing group of people who do many of our ministries that are quiet and, in the background, but so vital to the life of this church.

Our church is rich because of these ministries. They help us care for each other as the People of God. As we celebrate these ministries on their given Sunday, consider how you can be a part of what they do. If you like to talk to people, NOC may be your thing. If you have great compassion for people who struggle with issues in their life, consider becoming a Stephen Minister. If you love helping and serving, a ministry of the Deacons may be right up your alley. Call the church office. Talk to Pastor Craig or me Pastor Diane, and we can help you find a ministry that will give you joy.

Bessing of the Animals

Tuesday, October 4, at 3:00 p.m. under the Solar Panels



God blesses us through our furry (or not-so-furry) companions for they teach us about unconditional love and bring us joy. You and your pets are invited for a special hands-on blessing by Pastor Craig and Pastor Diane.

If you are interested in looking for a furry companion to take home, there will be animals available to adopt.

Please make sure your animals are on a leash or in a carrier.

ADVENT DEVOTIONAL

THE CHARACTERS OF CHRISTMAS

Every year, the Faith Formation Committee offers an Advent Devotional, which includes readings for every day in Advent (the four weeks before Christmas) and prepares us for the birth of Christ. This year, we are making our own devotional booklet and we invite you to write a devotion. Our theme is the characters of Christmas (including animals and inanimate objects).

Each devotional will include a title, a short scripture (one or two sentences), a devotion of 200-300 words and a short one or two sentence prayer. Some suggestions for your character of Christmas:

Jesus Mary Joseph
Sheep Shepherd Donkey
Innkeeper Angel Magi
Camels Dove God

Guests at the inn Star Townspeople

Contact Pastor Diane if you are interested in writing a devotion, have any questions, or need help. she can be reached at the church 520-625-5023, or at pastordiane@valleypres.net - Devotions are due October 31.



The Book: The Grand Story of God

Continues Thursdays, 1 p.m. in Classroom 5 Your teachers: Pastor Diane and Chuck Ramsay



The purpose of this class is to see the grand story of the Bible by going through each book of the Bible. Each one-hour class will cover one book of the Bible.

This month, we cover the following books of the Bible:

- October 6 Deuteronomy
- October 13 Joshua
- October 20 Judges
- October 27 Ruth

This class is recorded and can be viewed on the church's website: valleypres.net.

Bible Reflections

Continues Mondays, 1:00pm – 2:00pm In Classroom 5 & Zoom Available Your Teacher: Pastor Craig Lindsey



This is a different kind of Bible study, that spends as much time as we need with each Chapter and Book (probably one to three chapters per week). We will try to give background that is helpful and offer ideas about interpretations (even pronunciation of names), but what is most important is what you hear in the text.



Submitted by: Wes Moulton

Recently, a VPC parishioner sent me an email that said, "everyone talks during the prelude, I think it's very disrespectful to you". A couple of Sundays ago, a different person spoke to me, after the service had ended, about the same thing. She said that she wished that everyone around her were quiet during the prelude so she could think and pray.

My dear friends, let me assure you that I have not felt personally disrespected in any way by congregants talking during the prelude. It is true, though, that I have wondered if we are using that time each week, collectively, in the most-constructive way possible.

Talking and visiting during the prelude is a common point-of-discussion in the Liturgy or Worship Committees of almost every church. The balancing act between being a welcoming congregation that embraces fellowship, and one that strives to have the prelude be a time of quiet reflection, prayer, meditation, and preparation is a precarious tight rope to walk indeed. We never want anyone to feel that they are not welcome to share in joyful conversation with their fellow Christians, but we always want to give our fellow parishioners an appropriate atmosphere for them to connect to the upcoming liturgy in a meaningful way. Perhaps the kindest and most thoughtful way for us to respect each other is to realize that our talking *can* be a distraction from the personal devotions of our brothers and sisters.

I have also been asked in the past, "but what do I do during the prelude?" The simplest and best answer is: whatever helps you prepare and become more receptive to the liturgy you are about to experience. Some people pray. Others focus on the music for inspiration. Others open the hymnal and read the words of the hymns they will sing in the upcoming service (this can be particularly useful because sometimes it is hard to grasp the meaning of texts of hymns when we are focusing on getting the music correct). Some people read through the prayers and scriptures in the bulletin to help them connect to the texts more fully. These are all worthy and admirable uses of the prelude time each week.

I look forward to this special moment with all of you each week. The prelude is different from most of the church service. It isn't part of the liturgy; it comes before the Call to Worship. But it is an important and transformative moment when we leave the world behind, and come together as *One Body*, to worship God. My hope is that we can approach this meaningful time with careful thought and discernment about how to use it to help ourselves, and our brothers and sisters, enter into a meaningful time of worship.

With my care and devotion,

Music in the Valley Concert Schedule 2022-2023

Submitted by: Jamie Reed



Tucson Guitar Quartet Saturday, November 19 @ 3:00 pm

Our Chancel Choir's Annual Christmas Concert Saturday, December $17\ @\ 3:00\ pm$



An Operatic Afternoon with Dr. Kristin Dauphinais Sunday, February 5 @ 3:00 pm

Sons of Orpheus Saturday, April 15 @ 3:00 pm



We are so excited for this upcoming season!

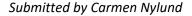
In October, tickets will be available after services and through the office.

See you there!

HOLIDAY-PLUS SALE



PATIO SALE NEWS





HOLIDAY-PLUS SALE

The Holiday-Plus Sale is just around the corner – November 3, 4 & 5 from 8:00-1:00. What will the "Plus" look like this year? Of course, the biggest part of the sale will be our Holiday Sale which will include all of those wonderful lighted Christmas trees, strings of lights, ornaments, wreaths, stockings, holiday party dishes and glassware to name just a few things. Thanksgiving dishes & décor will also be available. There will also be a couple of non-holiday items for sale as well – a selection of TV sets and some very nice Cowboy Boots.

Next, we will have all of our <u>Books, Games and Puzzles</u> for sale. Our Book Department will have every genre from fiction, a variety of non-fiction, history, cookbooks and more. This will be your opportunity to buy some winter reading or the perfect gift for friends and family. <u>NOTE:</u> Due to space limitations Books will <u>not be available</u> at the March 2023 Patio Sale. So please pass the word to friends and neighbors!

Back by popular demand, we will have a <u>Holiday Bake Sale</u> again this year. If you love to bake, now is your chance to share your favorite goodies. Based on previous sales, the items that are in high demand are: Sweet Breads – Banana, Pumpkin, Zucchini

Anything Chocolate – Brownies, Fudge, Candies, Sweets of Any Kind Christmas Cookies, Muffins, Breakfast Rolls and Pies

Please bring your baked goods to church on Wednesday, November 2 or Thursday, November 3.

New this year we will have a "<u>Specialty Shop</u>" where we will be selling high-end items such as an espresso machine, an antique quilt, a Talavera sink, an electronic keyboard to name just a few. Also new this year is an <u>Arts & Crafts Event</u>. Church members and friends have been invited to sell their handcrafted items. It will be a great place to buy that one-of-a-kind gift. If you are interested in being one of our "vendors", contact Carmen Nylund at clnylund1968@outlook.com to see if space is still available.

In order for the Holiday-Plus Sale to happen, we need many willing <u>volunteers</u>, like you. If you are able to help with moving boxes from storage, set-up, unpacking boxes, selling and clean-up we would love to have you join our Holiday-Plus team. There will be an all-volunteer meeting on <u>Thursday, October 20 at 10:00 am</u> where we will share with you everything you need to know about helping with the Holiday-Plus Sale. Please mark your calendars for this important pre-Holiday-Plus meeting.

If you have any questions about the Holiday-Plus Sale, please contact one of the Patio Sale Coordinating Team Members: Carmen Nylund clinylund1968@outlook.com; Chris Schorr schorr@yahoo.com; Pat Nau nauandthen@gmail.com; Les Walter walterl@ix.netcom.com; Linda Walter lwalter25@yahoo.com.



Caring for those in our congregation Faith & Health/Parish Nurse September 2022

Submitted by Parish Nurse, Chris Erickson

Join us at Cardio-drumming; this class has just a few more openings. Cardio-drumming begins at 9 am on Tuesdays and is a once a week; a 30-minute exercise program for health, stress, and balance. Please email parishnurse@valleypres.net for more information and/or for registration.

Keeping active helps to stay positive and healthy.

Drink plenty of water when you are exercising or are outside doing activities.



Blood pressure screening will be



New Office Hours: Parish Nurse's office hours are Tuesday & Thursday mornings by appointment.



Medical Minute:

Bites and Stings and Safety

Arizona Poison and Drug Information Center is a great resource for bites from snakes or spiders, poisonous contact, hazardous materials disposal, medication and chemical reactions, and information. Their number is 1-800-222-1222, www.azpoison.com.

Insects, Spiders, Snakes and Poisonous Items, Oh My!

October will think about Halloween and all those pictures related to Halloween including spiders. Arizona has a lot of spiders and other insects, especially after the large amount of rain we have recently had.



Arizona Poison and Drug Information Center is located in the University of Arizona and is a resource for all 24 hours a day. Their number is 1-800-222-1222 and their website is azpoison.com

Insects such as mosquitoes, bees, wasps, flies, and gnats are out in abundance after the rains. Take proper care to keep coverage, avoid bees/wasps, use insect repellant when needed, and watch for any signs of bite reactions or illness after a bite. Please contact your healthcare provider to have further evaluation. Toads are also out right now, please be careful that pets avoid these creatures.

This Center has information about dangerous stings and bites as well as sting first aid from spiders (Black Widow, Arizona brown, and Brown Recluse), and snake and gila monster bites. Call 911 immediately with any snake bites, swelling of mouth/lips or breathing problems.

Poisonous products do not always come in a visible hazardous bottle. These can be



cleaners or chemicals used in cleaning the household, make-up products such as nail polish remover or mouthwash, medications, car products such as anti-freeze, gasoline, car cleaning/maintenance chemicals, many different plants, toads, and of course the Arizona creatures listed above. Please check labels carefully before using any product and use the product the correct way. Certain plants can be poisonous to humans but also to our pets. For more

information, please check the website azpoison.com before planting new plants if you have pets.

Flyers from the Arizona Poison and Drug Information Center are located outside of the Parish Nurse office here at Valley Presbyterian Church. Information on these topics helps prevent dangerous events.





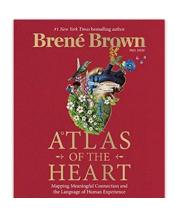
Stephen Ministry

New Stephen Ministry Honor Books

Submitted by: Helen Phillips

In September, Gee Gee Smith reviewed *Atlas of the Heart: Mapping Meaningful Connection and the Language of Human Experience* by Brené Brown.

Brown takes us on a journey through eighty-seven of the emotions and experiences that define what it means to be human. As she maps the necessary skills and an actionable framework for meaningful connection, she gives us the language and tools to access a universe of new choices and second chances—a universe where we can share and steward the stories of our bravest and most heartbreaking moments with one another in a way that builds connection.



Gee- Gee retired as a Stephen Leader this year, serving since 2014. She is a compassionate listener and always attuned to the emotions and spirit.



Ted Smith also retired this year after serving 4 years as head of the Stephen Ministry training program. He is an avid photographer and often relates his photos to spiritual inspiration. His book was *Learning from Henri Nouwen* and *Vincent van Gogh: A Portrait of the Compassionate Life* by Carol Berry.

Carol Berry and her husband met and befriended Henri Nouwen when she sat in his course on compassion at Yale Divinity School in the 1970s. At the request of Henri Nouwen's literary estate, she has written this book, which includes unpublished material recorded from Nouwen's lectures.

As an art educator, Berry is uniquely situated to develop Nouwen's work on Vincent van Gogh and to add her own research. She fills in background on the much-misunderstood spiritual context of van Gogh's work and reinterprets van Gogh's art (presented here in full color) in light of Nouwen's lectures. Berry also brings in her own experience in ministry, sharing how Nouwen and van Gogh, each in his own way, led her to the richness and beauty of the compassionate life.



CONGREGATION IS INVITED

Occasionally, the Stephen Ministry continuing education is something that might be of interest to the whole congregation. This is true this fall. Everyone is invited to come to the Spiritual Life Center 9-10 am on these following dates:

- October 14 will be about ministering and caring for people experiencing challenges related to aging.
- Oct 28 will be about ministering and caring for people needing long term care.
- Nov 11 will be about caring for people experiencing a major medical crisis.

Join us if you are interested in any of these topics or if you just want to experience what Stephen Ministers do—perhaps you'd like to be a Stephen Minister!

HOW MARTIN LUTHER CHANGED HISTORY



Tuesdays, November 8, 15 & 22 10:00 a.m. in Classroom 5 Your teacher: Bud Landry

- · Week One *Die Anfechtungen* (Luther's unrelenting fear of hell)
- · Week Two The 95 Theses and the Diet of Worms (a meeting, not a meal plan)
- · Week Three The Council of Trent and Vatican II

There can be no appreciation for the Reformation until one sees the great spiritual need in the Sixteenth Century. After 1500 years, the Christian Church was entirely corrupt in its practices, in its scandals, and an ever-expanding unbiblical list of dogma. By the time that Martin Luther, the great reformer was a teenager, the de Medici and Borgias crime families were extorting a fortune of silver from the peasantry to enrich themselves while forbidding the Bible and teaching only Salvation by Works. Luther was not the first reformer, preceded by John Wycliff (d. 1384) in England and Jan Hus (d. 1415) in what is now the Czech Republic, but a new technology was on the scene, just as world changing as the Internet in our time, the printing press. His teachings went viral. In this three-week will explore the life and times of Martin Luther and how he changed history and the course of Western Civilization.



Operation Christmas Child 2022

Submitted by: Reed Olson

Valley Presbyterian Church will once again have an opportunity to prepare and share Christmas Shoeboxes with those in need. The contents will be much as last year, but the shipping fee has increased to ten dollars. Since there are several steps after we collect the boxes, the work will begin soon. We will have boxes available October 16, 23 and 30 and the last collection date is November 6. Even if you are unable to fill a box, there will be an opportunity to assist with the shipping cost.

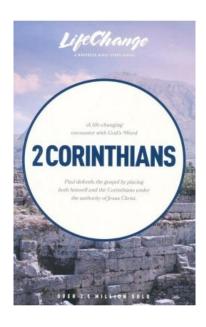




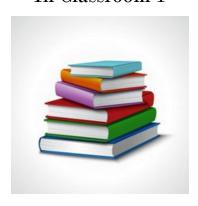
Men's Weekday Bible Study Wednesday at 9:00 A.M.

Submitted by Larry Philips

With about six to thirteen men attending each week, the group meets every Wednesday morning at 9:00am. They meet at the church for one hour in Classroom 1. The group is facilitated by Larry Phillips (520-777-8027) but focuses on group discussion. They use the NavPress Life Change Series study guide. They are beginning a new study of Paul's Second letter to the Corinthians. Join the group any time to participate in the discussion or just to listen. In either case, your presence will be welcomed. Lessons are self-contained so feel free to join the group when able. The Navigators Life Change study guide is available from Amazon or Christianbook.com.



VALLEY READERS 2:00 PM – October 24, 2022 In Classroom 1



What biography, autobiography or memoir have you read that you would recommend to others? In October we will discuss our favorite biographies with each person giving a 2–3-minute summary of one that they particularly liked. Come prepared to take notes to add to your reading lists. Contact Anne Morrison for additional information at 520-399-0762.

OCTOBER MOVIE

"Wonder" October 12 at 1:00 pm In the Spiritual Life Center

Based on the bestselling novel of the same name, Wonder follows the story of the Pullman family whose youngest child, Auggie, is born with facial deformities—Treacher Collins Syndrome.

Fifth grader Auggie enters a mainstreaming school for the first time. His extraordinary journey unites his family, his school and his community and proves that you can't blend in when you were born to stand out.

R.J. Palacio, author of the novel, was inspired to write this book when her son met a girl with a facial deformity and began to cry. The book is required or suggested reading for fifth graders in schools throughout the United States.

"Wonder" is directed by Stephen Chbosky and stars Julia Roberts and Owen Wilson. Pam Karbowsky will moderate the discussion.





IT'S TIME TO SIGN UP FOR "SUPPER CLUSTERS"!

By Carmen Nylund, Organizer

A new year for Supper Clusters will begin in January 2023 and it is time to sign-up if you want to be part of one of these groups. In previous years we have had as many as 85 people participate and feedback has always been very positive.

If you missed the September article in the *Valley Voice*, a brief recap – Supper Clusters are small groups of people (usually 8) who attend worship at VPC. "Clusters" may include VPC Members, both full and part time, Regular Attendees, Couples, and Singles. Groups are encouraged to get together once a month to share a meal, spend time with new friends and/or renew old friendships, and just spend time getting to know each other better.

You can sign up at the "Supper Cluster" table in Fellowship Hall beginning Sunday, October 2. Sign-ups will continue through November and Clusters will be organized in December so you can start getting together in January. If you have questions, stop by the "Supper Cluster" table and we will be happy to chat with you; or you can contact me at clnylund1968@outlook.com if you have questions.



EXPLORING MEMBERSHIP CLASS

Mondays, November 7, 14, 21 10:00 a.m. - 11:30 a.m. and Thursday, December 8, 8:00 a.m. to 9:00 a.m.

Do you want to learn more about Valley Pres? Are you wondering how you can be more involved? Perhaps, you are thinking about becoming a member. The Exploring Membership Class is designed to answer your questions and take you through the steps toward membership.

In this class, you will explore the wonderful reasons to join a church, and what it means to be Presbyterian. You will discover all the different service opportunities this church has to offer. You will meet the pastors and leaders, and many others who give their time and talents to serve Christ through Valley Presbyterian.

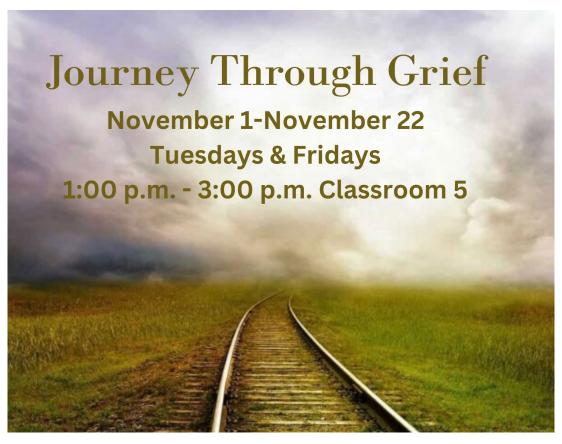
You can become an affiliate member (whereby you keep your main membership with your church back "home") or an active member (full membership here at Valley).

17



After a long absence due to the Pandemic, our homemade Thanksgiving Dinner has returned! This is a meal for those who wish to be part of a BIG family on Thanksgiving. As an outreach, we encourage you to invite neighbors who may be alone on Thanksgiving. Tickets for this meal will be available in November. Donations will be accepted.





Valley Presbyterian Church will be offering a Journey Through Grief program held to provide those who are grieving a loss an opportunity for discussion to understand grief, support on the grief journey, and suggestions for a healthy way to grieve.

This unique program is eight 1 % to 2-hour sessions, meeting twice a week. Although based in faith, the program is open to anyone in the community. The program is free of charge and all materials are provided at no cost to participants.

It is being facilitated by Carolyn Eubank Hill, member of Valley Presbyterian Church. Carolyn has facilitated a similar program for several years at another church and is a Stephen Minister.

The next session will start on November 1 and will be held on Tuesdays and Fridays through November 22. Contact Pastor Diane Christopher at the church to register 520-625-5023 or pastordiane@valleypres.net



THANK YOU to our Presbyterian Women's Circles for bringing BACK TO SCHOOL supplies for YOTO's Mini-Mall as their Presby Gift at the September Gathering Luncheon. YOTO students shop for free at their Mall and can get a good start to the new school year when they have the things they need to be successful!

Supplies for the Mini-Mall are welcomed throughout the school year.



INSPIRATIONAL CARD MAKING



At home and at our August meeting we crafted 171 Cards of Inspiration for YOTO youth. These cards are given to the students with their stipend checks and give special encouragement!



amazonsmi

A faithful Youth on Their Own supporter in our church has shared with me the substantial benefits of choosing your favorite Charity within Amazon Smile. If you got to smile.amazon.com, you can choose your charity (GO YOTO!!) and Amazon will donate 0.5% of your eligible purchases -at no cost to you – to your chosen organization. You'll receive a quarterly statement showing how much your charity received during that period. YOTO received \$849.39 for the period of January 1-March 31, 2022. It builds up in a hurry!! THANK YOU for considering this opportunity to make a difference!



Submitted by: Kay Brouwer

Laura Romero, St. Andrews Children's Clinics, Executive Director reported that, on September 8, 38 children attended a clinic at the Knights of Pythias Center in Nogales, Arizona. Speech therapy had to be canceled because of lack of appropriate space. She has hinted that a possible location might be available for use as a Clinic in the future.

From September 20th to 30th Laura, with staff and volunteers, took about 60 children to Hermosillo for Cleft Lip/Cleft Palate surgeries. It was a busy time with babies needing first time surgeries and children needing bone grafting. This is a costly event because food and lodging provided for the children and their families, who must be quarantined in a hotel 2 days prior and 2 days after their scheduled surgery. This is to ensure the safety of children and families from exposure to COVID.

On Sunday, October 23, the week before our Noisy Offering, Laura plans talk to the congregation about activity and needs of St. Andrew's Children's clinic.

Laura is praying that a possible facility will become available soon. More news to come next month. St. Andrew's Children's Clinic continues to need our prayers, support and donations.

SMALL GIFTS HAVE BIG IMPACT

A frequently asked question is what can I do for Missions?

We at VPC have many options. A few aredaily prayer, giving Sunday offerings, helping with the Patio Sale, supporting Mission Breakfasts, and making noise at the Noisy Offering with spare change.

Another option recently approved by the Mission Committee is using the first three Sundays of each month for small gifts and donations for specific missions' chronic needs.

The first Sunday of each month will continue to support Amado-Green Valley Food Bank with food gifts and donations.

The new plan is to use the second Sunday give to Nogales Crossroads Mission food products and used clothing.

The third Sunday of each month will collect items for YOTO Minimart.

Small gift and donations not only have a big impact on these missions but also will remind us to cover these missions with prayer.



(Orphanage in Nogales, Sonora, MX) Submitted by Reed Olson, Mission Committee

The Christmas visit will be Saturday, December 17, 2022. Trip signups will begin in November.

The Mission Breakfast featuring the orphanage will be Saturday February 11, 2023.

There are four students in college for the 2022-2023 school year. two students are new and two are ongoing. The total enrollment is about forty-five students, and all children are healthy.

For more information and to see pictures of the orphanage you can visit their Facebook page. https://www.facebook.com/CasaVidaNueva/

PRESBYTERIAN CAMPUS MINISTRY IN TUCSON, AZ

Submitted by: Judy Aguayo



Presbyterian Campus Ministry fundraiser/Dinner.

PCM Alumni & Friends Dinner. Saturday, October 15 at 5:30 pm at St. Marks Presbyterian Church- 3809 E. 3rd St. Tucson AZ 85716

Link to evite to reserve your spot

Or type in your email browser:

https://www.evite.com/event/01D9JFI2FSZ3B45KUEP NCIAKZXH7YA/activity?gid=0045Q6VPEKXZ6UUUMEP NCIBWAKXP4A&emhm5=5ea9503238de561616188ce 8b9d653cd&emhs1=ab5cf9d57d0b162a89a06a6da20 058f7f9a92cfa&emhs2=fcd0f30bd31135267e7e3cd2f 7708bb1cb0ea8e795590ce9b3816f312ff0519a&utm campaign=rsvp now bt&utm content=ProjectBeaut y Email T1 V2%3A1&utm medium=email&utm sou rce=GUEST INVITE EVENT



November 19 is the day set for the thanksgiving dinner at the Crossroads Mission in Nogales, Arizona.

Our Valley Presbyterian Church congregation did a super job in supplying the hams for Easter this last spring and we would like to do our part again with purchasing about 20 turkeys for Thanksgiving dinner at the Crossroads Mission.

Some members purchased hams and others gave monies to purchase hams. I searched for the best deals, purchased, and delivered everything 5 days before the dinner to allow time for thawing, cooking, and prepping.

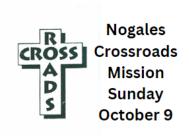
A table will be setup in the Fellowship Hall after worship starting October 30 to collect monies / turkeys. One estimate I received stated that a 16-pound turkey would be about \$21.00. Checks written out VPC need to be designated for "Crossroads Turkeys"

Last Easter dinner, VPC had 8 volunteers that drove down to Nogales Crossroads Mission for the 11:00 am to 2:00 pm shift where we served food and helped with cleanup. We also got to eat for our efforts.

You are welcome to sign up to volunteer and help with the Thanksgiving dinner on the 19 of November.







If you would like to know more about Crossroads Mission or to donate, you can visit their website at: https://crossroadsmissionnogales.org/.

PRESBYTERIAN

Dave & Pam Lovett Operation Mobilization

Submitted by: Doug Clark



Dave is in Dubai tonight at special meetings with some of our directors from Pakistan. Please pray for him as the disaster with flooding in Pakistan and OM's response will be discussed. 60 percent of the 221 million people in Pakistan have been affected by the massive flooding.

Here is a small report I just received this info today from one of our staff members in the flooded region.

Even her house was touched with flood waters right to the door of their house. I called her this morning.

Many people need drinking water, the flood water is not good to drink because it gives people diarrhea, people need tents, blankets, clothing, shoes, hygiene kits, cooking ware and mosquito nets and food. The mosquitoes are very bad during this time. People's feet became infected as they were walking through the flood water to get to higher ground. Please pray for our partners as they are helping these many people, elderly, families with small children and older children. One family escaped from their home as the flood water was rising so fast in the middle of the night. Fortunately, they had a wooden bed that they could put their 7 girls on while the father pulled the floating bed through the waters to higher ground. The mother had their youngest son on her shoulders walking through the murky flood water, falling at least twice as she walked to the higher ground to save her own life and her little son's life. IN all the family of 10 made it to higher ground. Many livestock, crops, homes, and small businesses have been destroyed. Many will need to start their lives over from ground zero after the waters recede. Immediate relief is necessary and then help to rebuild and to get shoes and winter clothes because fall and winter are around the corner. Depression and disappointment is widespread amongst the traumatized peoples. The mosquitoes have been horrendous as the people have been exposed to the elements of rain for days. People are parked on roadsides that are built higher than the flood plains but really need mosquito nets as well as bedding, food and shelter.

Our partners in OM have been distributing food, water, and shelter materials to hundreds of families whose homes were recently destroyed by flooding. It is one of the worst natural disasters in living memory for Pakistan.

Pictures are on Dave and my Facebook if you would like to see them. Again, thank you to you all for how you helped with the Nepal conference for our staff to be refreshed.!!

All for now, Pam and Dave

PRESBYTERIAN

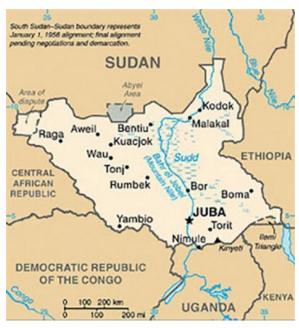
Bob and Kristi Rice are our supported missionaries to South Sudan. Their communication tool to our congregation is through their blog- bobandkristi.blogspot.com- which they write twice per month. Only a portion of their inspiring story can be shared in the Valley Voice. Join the 17 VPC members who

promise to pray and follow the blogs.

Submitted by: Doug Clark

Trip to Kodok

Due to security concerns related to the civil war still raging when we arrived in South Sudan in 2017, and since my role at Nile Theological College does not require travel, I had not left the city of Juba these last five years except for several trips to a Catholic retreat center seven miles outside the city. My understanding of the geography and geopolitical realities of the country have come through conversations with my students and fellow faculty members, through studying maps, through reading, and through teaching which requires more reading and ongoing learning.



Map of South Sudan-Kodok in in the northeastern corner of the country

However, within the last three months God has opened the door for me to make two important trips, including a recent trip to Kodok in Upper Nile State. Kodok is the historic capital of Fashoda County, a region of Upper Nile State which belongs to the Chollo (Shilluk) Kingdom and is the home of the Reth, their king. My colleague John and I traveled to Kodok primarily for doctoral research purposes regarding contextual theology, exploring the intersection of the Gospel and local culture along with the social/political realities and milieu of a people in their context and lifeworld.

I have selected as one of my case studies the life and ministry of Rev. Johnson Amum. Johnson is the son of Ayik who served as the singer/poet for six Chollo Reths (kings). Ayik groomed his son Amum to take his place as singer/poet for the king, but sickness took sixteen-year-old Amum to the town of Malakal where his life would be forever changed through his encounter with the church and the person of Jesus Christ. While Amum inherited the natural gift of song composition and song presentation from his father, he was encouraged by his pastor from those early years as a young Christian to use this natural gift and translate it into use for the church, to bring praise, honor, and glory not to the Chollo king but to the Lord Jesus Christ, the King of kings. In Kodok, we spent time with local church leaders, church members, and respected community members who shared about the life and ministry of Rev. Johnson Amum. It was a significant journey. 25

Continued page 26



Standing with Rev. Johnson Amum (to my left in the photo) and local church leaders

What came as a surprise during this trip was how my eyes were opened. After five years of being sequestered in Juba and only hearing stories about displacement and suffering caused by war, I now stood in locations previously described to me by students who fled the fighting in 2014. Rev. Johnson described the ongoing trauma experienced by his daughter due to the crisis and war. When I asked him if he also was traumatized, he affirmed what we have commonly heard, "Yes, all of us in South Sudan are traumatized." As I think about contextual theology, one cannot avoid the context of South Sudan, a land broken and devastated time and again by war.

On our way back to Juba, we stayed in the major port city of Malakal at the "Hub," a maze of offices and an alphabet soup of nongovernmental organizations (NGOs) working in the region, serving the humanitarian interests of the people. At the Hub, it felt like everyone was walking a bit faster; an air of importance and urgency permeated the place. Replete throughout was a sense of timeliness, order, speed, technological sophistication, accountability, and other highly prized values of western donors and aid agencies. In contrast to the Hub and its calculated efficiency was the large population inside the massive United Nations "protection of civilians" site (POC).

Inside, protected by barriers and armed UN personnel carriers, the POC felt like a very large African village/town, suffused with life in all its strengths, weaknesses, and inherent glory. Children were playing everywhere, shopkeepers were relaxing after a long day, women were cooking local dishes in small restaurants, and almost everyone gawked at the strange "kawaja" (white westerner) walking with his South Sudanese friend to buy dried fish at the market within the POC.



Protection of Civilians (POC) site, Malakal

Being in the POC in Malakal reminded me that no matter how squeezed and pushed down a people are by deplorable circumstances related to the devastation of war and displacement, the reality of life and the hope of life will inevitably reveal itself. Lord of life, may the hope of life, the hope for a better life, and the hope for eternal life be the song which keeps our hearts light and our feet moving, one step at a time. In your mercy, hear the cries of your children.

The past blogs read like a real-life novel, chronicling God in action through the writings of Bob and Kristi Rice. Please join me in following and praying for our missionaries and let me know if you have joined the blog brigade by emailing me douglasclark68@me.com.





Pets are more than just fun and adorable friends. Research shows significant social, emotional, and overall health benefits for seniors who have a furry pal by their side. Whether the senior owns a pet, visits with a pet, or participates in animal-assisted therapy, each type of relationship can bring numerous benefits to their health and wellbeing.

"Pet therapy" is an umbrella term for both animal-assisted therapy and other types of animal-assisted activities. These types of activities are increasing in popularity as health professionals and families alike begin to witness the benefits. Animal-assisted therapy is more structured and involves animals for specific goals and purposes as part of recovery or coping programs. These goals might include improving movement, speech, or social skills.

Animal-assisted activities are more informal, such as owning a pet or having a pet visit assisted living or nursing home residents for comfort and fun. Pet visitation to Posada Life Adult Day Services is always a welcome treat for participants and staff alike. The dogs that come to visit Adult Day Services have passed their Canine Good Citizen test making them eligible to interact with people.

Pet therapy can help with a range of health problems, both physical and mental. While more research is needed in the field, experts say the initial findings are promising and exciting. Animal therapy can reduce loneliness in seniors by providing a source of support and comfort. They also can improve mental stimulation and provide meaning.

Petting, brushing, feeding, and talking to a pet can help seniors feel needed and engaged. Pets also can help foster a sense of community, both by being a comfort themselves, as well as leading to social interaction with others. While pet therapy can help with all age groups, experts have found it is especially effective in helping seniors with symptoms of depression and anxiety. It also appears to be particularly effective for those with dementia or Alzheimer's disease, as well as those struggling with a mental illness or those hospitalized with heart failure. Caring for a pet or interacting with animals can sustain quality of life and help seniors through challenging life transitions, such as a move or development of an illness.

Researchers have found a link between pets and better cardiovascular health. Pet ownership is believed to contribute to a lower heart rate, reduced blood pressure, and a faster recovery during mental stress. The American Heart Association also has said that owning pets, and dogs, might reduce the risk of cardiovascular disease.



FEEDING' AMERICA

Submitted by Kylene Joplin & Carol Stephens

The 2022 Hunger Walk on September 10 at the Historic Canoa Ranch was a huge success with 20 plus walkers on the VPC team, we raised \$1076.00.

Loads of fun was had by all including Pastor Craig's dog "Annie."

Thank you to everyone who joyfully participated!



healthy Meas!!

Please donate to your boal Community Food Bank!!!

Artwork by Sabrina, Age 12 "Everyone should contribute"

Sunday September 4, VPC donated 25 pounds of food and \$635.00 to the Green Valley/Amado Food Banks!

REMINDER, SUNDAY October 2, VPC FOOD DRIVE



PRESBYTERIAN WOMEN



Submitted by: Sue Horton, Women's Ministry Moderator

Women's Ministries is off to a great start! Pastor Diane introduced this year's Bible study, "Celebrating Sabbath: Accepting God's Gift of Rest and Delight" at the first Women's Gathering luncheon on September 20th and our first circle studies will be begin in October. If you have not signed up yet, stop by the Women's Ministries table and register.

La Posada Circle led by Esther Grimsley meets the 2nd Tuesday of the month at 11:30am for lunch and fellowship. Esther's number is: 520-648-7965.

Miriam Circle led by Martha Ashton meets the 2nd Wednesday at 1pm in classroom 1 at VPC. Martha's number is 520-203-7392.

Ruth Circle is co-led by Ann Ball and Lesley Bruce and they meet in Classroom 5 at the church the 3rd Monday of the month at 4pm. Leslie's number is 610-468-5072.

The members of the three circles and ladies of the congregation have an opportunity to come together the third Tuesday of each month for a time of fellowship, a lovely luncheon and hear a representative from one of the organizations supported by Women's Ministries.



The October 18th Gathering luncheon will feature Grace Stockdale, director of "*More Than a Bed,*" a 501 (c)(3) non-profit organization that provides essential items to foster, kinship and adoptive families for the children in their homes including those in a congregate care setting. In speaking with Grace, she indicated that they are very low on hygiene items for both genders: bar soap, shower gel, shampoo & conditioner, toothpaste, toothbrushes (singles please), deodorant, baby wash. The other thing is men's size gym shorts for our teen boys: sizes S, M, L, XL, 2XL, 3XL. Please bring an item or two from Grace's list to the October luncheon.

PRESBYTERIAN WOMEN

Reminder of ongoing activities through the month:

Mission Quilts meets on the first and third Mondays of the month under the leadership of Patti Bright (520-305-3275. Quilts are created by dedicated and talented women. The finished quilts are given to various mission projects. Holy Cross, Banner Diamond Children's Medical Center, More Than Beds and many, many more.

Creative Hands Gee-Gee Smith (610-212-1172) has assumed the leadership of **Creative Hands**, Meet the fourth Tuesday of each month to sew items which are donated to social service agencies.

Calling all sewers, Fabric Cutters, Knitters and Crocheters!



We need your help!

Join Creative Hands in Classroom 1 on October 27, from 10:00am - 2:00pm.

We make items for donation to local charities. Walker bags, baby layettes, prayer shawls, and aprons for fund raising. We put kits together for people to pick up on Sundays to work at home and bring back to donate.



I encourage you to stop by the Women's Ministries table following worship and learn more about all the opportunities open to the women of our congregation and pick up your study book, register for a gathering luncheon or learn more about Mission Quilts or Creative Hands. We'd love to have you join us!

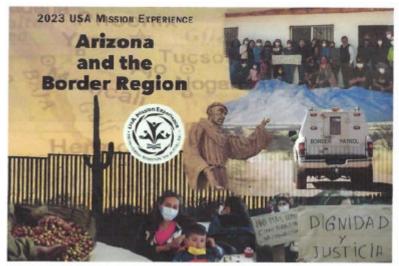


2023 USA Mission Experience application

The Presbyterian Women USA Mission Experience will take place October 13–23, 2023. During this faith deepening and relationship-building trip, the group will visit partners in Phoenix, Tucson, and the Arizona–Mexico border, focusing on immigration and refugee issues, violence against women and children throughout the immigration process, and challenges facing indigenous people living in Arizona. Participants will experience learning, accompanying, and serving, with significant time set aside for reflection, conversation, and prayer as they encounter deep hurt as well as hope.

Completed applications are due to your PW in the Synod Moderator no later than **November 1, 2022.**

Download the 2023 USAME application.



I am with you and will keep you wherever you go. -Gen. 28:15

October Birthdays

** Turning 90 * over 90

		Birthdate
First Name	Last Name	Month/Day
Barbara	Bentley	October 02
Phyllis	Camp	October 03 *
Barbara	Eidson	October 03
Bonnie	Wollin	October 03
Timothy J	Wollin	October 03
Vera	Anderson	October 04
Esther	Grimsley	October 04 *
Darwin	Guinn	October 05 *
Martha	Long	October 05
Mike	Peake	October 05
Jean	Hein	October 06 **
Carmen	Nylund	October 08
Tommy	Thompson	October 08
Dee	Mechem	October 09
Meghan	Erickson	October 11
Chris	Schorr	October 11
Mary	Snider	October 11
Joan	Little	October 12 **
Suzanne	Mandeville	October 12
Don	Bont	October 13
Jim	Callahan	October 13
LaRue	Haff	October 15
Judy	McKinley	October 17
Edward	Duthaler	October 18
Diane	Larson	October 18
Sue	Luhring	October 18
Judith	Pember	October 18
Pat	Bruner	October 19
10 15 16 16 16 16 16 16 16 16 16 16 16 16 16		

October Birthdays

** Turning 90 * over 90

First	77	Birthdate
Name	Last Name	Month/Day
Carl	Charette	October 22
Pam	Peake	October 23
Lesley H.	Bruce	October 24
Joshua	Jorgensen	October 24
Ray	Sayre	October 24
Sheron	Vollstedt	October 24
Jan	Woerner	October 24
Del	Harsh	October 25
Jean	Longnecker	October 25
Nancy	Lammers	October 26
David	Appleton	October 27 *
Tom	Allen	October 28 *
*Donna	Denton	October 28
Sherry	Harsh	October 28
Erlene	Johnson	October 28
Ed	Storey	October 28
Virginia	Crook	October 29
Jennet	Parker	October 29
Toni	Pastor	October 29
Jenny	Van Treese	October 29
Herb	Andrews	October 30
Gail	Barker	October 30
Herman	Klap	October 30 *
Gail	Seibert	October 30
Nancy	Tompkins	October 30
Dick	Chvala	October 31
Doug	Clark	October 31

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•		Valley Pres	Valley Presbyterian Church OCTOBER 2022	OBER 2022		•
Sun	Mon	Te	Wed	Thu	连	Sat
25 9:30am Worship Service 9:45am Children's Sunday School	26 8:00am Counters Meeting 8:00am Parkinson Chair Exercises 8:30am Farkinson Chair Exercises 8:30am Mission Quillers 1:300pm Bible Reflections 2:00pm Valley Readers	2.7 8.30am Prayer Ministry	28 9.00am Men's Bible Study 9.00am Parkinson's Chair Exercises 10:00am Chair Exercise 2:00pm Organ Committee 3:15pm Choir Rehearsal	29 10:00am WM Creative Hands 1:00pm SCVSL 4:00pm Line Dancing review	30 9.00am Parkinson's Chair Exercises 9.00am Fall Prevention Fair 7.00pm True Concord Concert	
2 9:30am Worship Service 9:45am Children's Sunday Communion Sunday Food Bank Sunday	3 9:00am Parkinson Chair Exercises 9:30am Mission Quitlers 10:00am Fallowship Committee 1:00pm Bible Reflections	4 900am Cardio Drunming 900am Wonen's Ministres Meeting 8:30am Prayer Ministry 11:00am Network of Caring Meeting 3:00pm Blessing of the Animals	5 9:00am Men's Bible Study 9:00am Parkinson's Chair Exercises 10:00am Chair Exercise 12:30pm Worship Committee 2:00pm Bell Rehearsal 3:15pm Choir Rehearsal	6 1:00pm The Book S;00pm Wayne Brumm Memorial	7 9.00am Parkinson's Chair Exercises 9.00am PEO Chapter DA	
9 9:30am Worship Service 9:45am Children's Sunday School Nogales Crossroad's Sunday 10:45am Chil Cook-off	10 Columbus Day 8:0am Faith Formation Meeting 8:00am Parkinson Chair Exercises 8:00am Parkinson Chair Exercises 10:00am Parkin Sale Team Meeting 1:00pm Bible Reflections	11 845am Mission Committee 830am Cardio Drumming 830am Prayer Ministry 130pm Membership Outreach Committee 230pm Joyful Sprit Ensemble Rehearsal	112 900am Deacon Meeting 900am Men's Bible Study 900am Men's Bible Study 900am Parkinson's Chair Exercises 10:00am Chair Exercises 10:00am Personnel Committee 13:0pm Buildings & Grounds 2:00pm Bell Rehearsal 3:15pm Choir Rehearsal	13 8:00am Patio Sale Sort 8:00am Faith & Health Committee 1:00pm The Book	14 9.00am Parkinson's Chair Exercises 00am Stephen Minstry CE, Peer Group, Stephen Leaders	15
16 8:30am Worship Service 8:45am Children's Sunday School YOTO Sunday	17 B:00am Parkinson Chair Exercises B:30am Kasion Quillers 1:00pm Bible Reflections 4:00pm Run Circle	18 6:00am Cardio Drumming 6:00am Prayer Ministry 11:00am Women's Cathering Lunch 2:00pm Joyful Spirit Ensemble Rehearsal	19 8:00am Men's Bible Study 9:00am Men's Bible Study 9:00am Chair Exercises 10:00am Chair Exercise 10:00am Movie Ministry 2:00pm Bell Rehearsal 3:15pm Choir Rehearsal	20 10:00am Holiday Plus Volunteer Meeting 1:00pm South Arizona Genealogical	21 8:00am Parkinson's Chair Exercises	22 11:OJan Comaneros en Mission Memoriai Dinner
23 9:30am Worship Service 9:45am Children's Sunday School	24 6:00am Parkinson's Chair Exercises 6:30am Fall Writing Series 1:30pm Bible Reflections 2:00pm Foundation Committee 2:00pm Valley Readers	25 9:00am Cardio Drunming 9:03am Prayer Mnistry 10:00pm PEO Music Demonstration 2:00pm Joyful Spirit Ensemble Rehearsal	26 9:00am Men's Bible Study 9:00am Parkinson's Chair Exercise 10:00am Chair Exercise 2:00pm Bell Rehearsal 3:15pm Choir Rehearsal	27 8:00am Holiday Plus Sale Set-Up 8:30am Session Meeting 10:00am WM Creative Hands 1:00pm The Book	28 8:00am Holiday Plus Sale Set-Up 8:00am Parkinson's Chart Exercises 9:00am Stephen Ministry-Mod 22- Presentation Open to Congregation	29 8:00am Holiday Plus Sale SetUp
30 9:30am Worship Service Noisy Offering 9:45am Children's Sunday School 4:00pm Filth Sunday Gospel Sing	31 Halloween 8:00am Holday Plus Sale Set-Up 1:00pm Bible Reflections					