

Valley Voice

Thoughts on Travelling

The plane was taxiing to the runway for takeoff when the pilot told us that the only runway our aircraft could use had *just* been closed by an accident. After a while, we were taken back to the gate to sit and await news of our future. A couple of hours of conflicting information later, it became clear there was no way I could get where I was going that day.

As the refugee/migrant crises unfolds in Europe, with endless scenes of people stacked up against barriers and climbing into overcrowded trains, overloaded boats sinking and being sabotaged, infants and people using walkers trudging along unpaved, muddy paths, all chasing a vision of less danger ahead than behind, I thought about our comfortable inconvenience.

A few weeks ago, I was told "Get out of my way!" as I reached for a box of Cheerios at the grocery store. My son was kicked at a community pool for inadvertently straying into a lap lane. That whole planeload of people was somewhere between bewildered and apoplectic at the airline (which had nothing to do with the problem). We react viscerally when our tidy order is disturbed.

Yet we blithely watch the human river try to find some measure of safety, and criticize the frustration that sometimes leads to anger and violence among them. As God asked a peeved Jonah, "Do you [we] do well to be angry?"

Our Christian heritage begins with the history of a nomadic people given a home, then forced from it, oppressed time and again. The New Testament reminds us that we are not at home in this world, only passing through. One of the most gripping scenes for me was a Serbian woman, spreading her arms toward the mass of desperate Syrians, who said, "This is terrible. We were refugees, too, just a few years ago."

We are all "migrants," as followers of our Master, who leads us everywhere there is suffering.

If your heart aches for those people trying to find some semblance of safety, it should. If you got frustrated the last time a traffic snarl or delayed flight messed up your schedule, you know a tiny, tiny glimmer of what they're living, and they certainly aren't expecting their airline to put them up in a hotel during their delay – they're just looking for a safe place.

The very least we can do in response is pray for their safety. We all can do that. We can reflect on what we would do if we found ourselves in their plight.

And, if we truly wish to show Christ to others through how we act, we can show love, grace, and forbearance to everyone we meet.

We will be exploring ways we can help during this crisis in partnership with others: Tucson may well receive some of these "migrants." More to follow.





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+ The Source

Unique Experience of Worship

Come together at 5:00 p.m. for a 30-45 minute service. Each week offers a special way to end your Wednesday.

Oct. 7
Taizé

A quiet worship service with candles, music, Scripture, silence, and prayers.

Oct. 14
Vespers

A reflective worship service with responsive readings, familiar hymns, and a short message. A grace-filled way to welcome the evening.

Oct. 21
Healing & Hope

A supporting worship service, with hymns of hope and encouragement, Scripture, a short message, healing prayers, and anointing of oil for those who choose it.

Oct. 28
Old Time Hymn Sing

A fun service of singing old hymns, reading Scripture, listening to a short message, and sharing in a few prayers.

Exploring Membership Class

Thursday Afternoons: November 5 & 12, 1:00 - 4:00 p.m.

Wednesday Evening: November 18, 6:00 – 7:30 p.m.

Do you want to learn more about Valley Presbyterian Church? Are you wondering how you can be more involved? Perhaps you are thinking about becoming a member. The Exploring Membership Class is designed to answer your questions and take you through the steps toward membership.

In this class, you will explore the wonderful reasons to join a church, and what it means to be Presbyterian. You will discover all the different service opportunities this church has to offer. You will meet the pastors and leaders, and many others who give their time and talents to serve Christ through Valley Pres.

To register or ask questions, please contact Diane Christopher at the church (625-5023). (Note: Our next Exploring Membership class will begin February 4, 2016.)

Conflict Personalities

Are you a fox? How about an owl? A turtle? A shark? A teddy bear?

Each month, the pastors of our Presbytery get together for one day of teaching, prayer and fellowship. At our September meeting, Brad Monroe, our Presbytery Pastor taught us how to recognize our conflict resolution style and how to use it in ministry. As I present the five styles, keep in mind that all of them are useful in the right situation, but all can be taken to extremes... in other words, they have their dark side. I will give these in the order they were presented:

The Shark: the competitor

The shark is the person you want when a quick, decisive action is needed (such as in an emergency). This person can lead the way when an unpopular course of action is needed. However, sharks find it difficult to compromise. They will try to win their position until everyone follows their course of action.



The Fox: the collaborator

The fox loves the process. You want the fox around when a different perspective and a creative solution to a problem is needed. This person will work toward commitment of the parties involved. Foxes, however, can love the process so much that they over-discuss issues and find it difficult to implement the solution.



The Owl: the compromiser

You want this person around when a temporary settlement of a complex issue is needed. The owl will work toward a solution that will involve a fair combination of gain and losses for both sides. However, this person can lose focus on the big picture, and bargaining has the potential to create a cynical atmosphere.



The Turtle: the avoider

You want the turtle around when a cooling off period is needed, or when confronting the issue has too high a cost. The turtle knows when to avoid useless tensions. However, when issues need to be handled right away, don't call on the turtle! The turtle will want to think about it for a while.



The Teddy Bear: the accommodator

This is the person who cares about the feelings on both sides, and will want to build trust and goodwill all around. The teddy bear stresses what both parties agree on rather than on what they disagree. However, the teddy bear finds it hard to exert discipline, and you do not want a teddy bear in an emergency!



What animal are you?

From your Teddy Bear, sometimes Turtle (sigh),

Rev. Diane Christopher, Pastor of Discipleship

Valley Writing Group

Wed., October 7, 10 a.m.

The following verse, written for the subject SHAPE, was written in imitation of desert mothers... ordinary Christian women that lived in the deserts of Africa and Asia who renounced worldly values and embraced stoic self-discipline that led to Divine unity.

CLAY CLUMP
by cmmolski

Heavenly Potter

Shape me in Your image
Mold me, make me like You
In Your word's crevice score me
You the Potter
I the clay

In Your hands
I your servant
Form me as You choose
Toss me on the wheel of life
Spin me round and round
Fashioned as
Your perfect vision
Fit for use each day

A vessel crafted in mud
Merely a straggled pot of clay
Tended by Desire's flame
Transformed by Your unknown ways
Sealed in mystery's love

Yielded, stilled
Am I
Quieted as me You choose
To use
Be it for a noble cause
Or a common gain
Design me, create me, use me
In Your Divinity
Spare not me in the making
Till complete in You I'll be

Valley Writing Group meets again on Wednesday, October 7, at 10:00 a.m. in the Sweet Family Room. The subject for October is "MIRACLES."

Sunday Morning Adult Bible Study

Every Sunday at 8:45 in
Classroom 5

It Is All About the Spirit!

There's a television series which challenges make-up artists to transform the look of models. These artists change people into dragons, aliens, queens, and insects. The before and after "looks" are dramatic and intriguing. After preparing and applying prosthetics, then painting and costuming the models, looks are judged and the winner chosen. But then, the makeup comes off.

The transforming power of the Holy Spirit is internal and all-encompassing. People may not look different, but their actions, focus, and purpose are changed forever.

In October the Sunday morning adult Bible class will study Chapters 8 through 11 of the Book of Acts. These Scriptures relate the transforming power of the Holy Spirit, particularly experienced through Peter and Paul. This study reveals that the power of the Spirit cannot be purchased, that it requires study and attention, and can be harnessed through prayer.

You are welcome to visit once, occasionally, or become a faithful weekly member. A study guide is provided.



Men's Weekday Bible Studies

Two church-sponsored men's groups meeting during the week would be glad to have you to join them!

The first one meets on Tuesday mornings at 8 a.m. They are discussing the fictional account **Christ the Lord: the Road to Cana** by Anne Rice. A group of six to twelve men meet at the Old Chicago Deli in the Green Valley Mall for one hour. The group meets for fellowship, food, and study and an all-around lively discussion. Dave Tompkins is the leader (399-3500).

The second group, with about seven to twelve men attending each week, meets Wednesday mornings at 9 a.m. This group meets at the church for one hour in Classroom 1. The group is facilitated by Larry Phillips (777-8027) but focuses on group discussion. They are studying the **Gospel of John** using the NavPress study guide. Join the group any time to participate in the discussion or just to listen. In either case, your presence will be welcomed. Lessons are self-contained.

Feel free to join one or both of these group whenever you are able.

Mission Committee Needs You!

We all know that Valley Presbyterian Church has a generous, caring congregation, committed to helping those who are less fortunate, and those who are eager to spread the word of God through Arizona, Mexico, Africa, and Pakistan. While each Mission Committee member is responsible for "their" mission, several of our members go above and beyond, and cover much more than their share.

VPC's Mission Committee meets at the church on the second Tuesday of each month at 9:00 a.m. from September through May, and could use a few more good men and women to assist. Help is always needed and much appreciated! If you have a warm spot in your heart for a particular mission, and have some time and energy to spare, please give us a call, or stop by the Mission TV table after Sunday Worship.

For more information or to volunteer, please call Reed Olson at 269-7829. Thank you.

SoulCollage® Workshops *Praying with SoulCollage® Cards*

Wednesday Mornings

Nov. 18 & Dec. 16

9:30 – 11:30 a.m.,

Classroom 1

Last year we met several times to make Soul Collage® cards. These cards present images that speak to our souls. These workshops suggest ways to use our cards in prayer. All who are interested are invited. While our focus will not be on making cards, you can "borrow" cards, and also learn how to make your own.



If you have questions, please contact facilitator Julie Miller by phone at 232-3558 or email her at julietmiller@cox.net.

Creating Advent Devotionals

We have discovered that our Advent Devotional is a greatly appreciated and valued part of the Advent season. It is an important way our members' thoughts, memories, and stories can be shared throughout our community.

This is your invitation to contribute.

Once again, our Advent Devotional will consist of articles written by members of our congregation. Please consider participating in this special way of sharing the message of our Christian faith.

Our theme for Advent 2015 is centered around the advent wreath candle themes for each week in advent. Here are the particulars:

- 1) Choose one or more themes from the following list: Hope, Love, Joy, Peace, Prophecy, Bethlehem, Shepherds, or Angels
- 2) Begin with a short – one or two sentence – scripture passage.
- 3) Follow with a devotional that is no longer than 300 words. An example would be to share a personal reaction you've experienced centered around one of these Advent themes.
- 4) Close your article with a one or two sentence prayer.
- 5) Submit your article to Pastor Diane by **November 6**—preferably by email to

dianechristopher@valleypres.net

For more information please contact Diane Christopher at 625-5023.

Men's Retreat

Friday, October 30, 9:00 a.m., Spiritual Life Center

What makes a man a man? Have you ever wondered why, as a man, you acted one way and not another?

Come and explore a man's motivations at the Men's Retreat on Friday, October 30 in our Spiritual Life Center beginning at 9:00 a.m. and ending at 3:00 p.m. The Retreat is free, and morning refreshments will be provided as well as a box lunch.

This Retreat will be led by Pastor Paul Phillips and is designed to provide interesting and amusing insights into how men are wired for the many and varied actions we take in life. This is an opportunity for men to talk directly to other men about the biblical roots of a man's behavior. We will explore four areas of a man's life; King, Warrior, Mentor, and Friend... all shared from various biblical perspectives that can enhance and strengthen our lives, no matter our age.

Do we act like a man of vision and character...much like a King?

Do we act like a man of strength and power...much like a
Warrior?

Do we act like a man of faith and wisdom...much like a Mentor?

Do we act like a man of heart and love...much like a Friend?

When one or more of these areas gets out of balance, misaligned, leaning heavily one way or another, then that which we hold most dear, home and family, is in danger of collapse. These behavioral areas are called, as is the title of the book we will use, ***The Four Pillars of a Man's Heart***. It takes all four pillars to make a man. (Books are available in Pastor Paul's office – suggested donation is \$10.)

All men are invited to join us -- add your wisdom and expertise to our discussion -- and let us "men" open ourselves to some new learning and helping one another.

Invite someone new: a friend, son, grandson, or nephew. There is no charge for the Retreat, but please sign up at the "Men's Retreat" table on Sundays in Fellowship Hall or call our office to let us know you plan to attend.

TASTE OF CHIAPAS

Sunday, October 16, 6:00 p.m.

Come to TASTE OF CHIAPAS for an evening of good food, entertainment, and conversation! This is an ecumenical fund raiser for the construction of a coffee house near the Just Coffee facility in Agua Prieta, Sonora.

The event will be held on October 16 from 6:00 to 8:00 p.m. at St. Mark's Presbyterian Church, 3809 East 3rd Street, Tucson. Tickets are \$20 per person. Please contact Charlie Ashton 520-203-7392.

Session Highlights 9.16.15

Session met on September 16. The Moderator of the Deacons, Cyndy Hargreaves, and Deacon Jim Rusk were guests, and presented helpful proposals for our Sunday celebrations of the Lord's Supper, most of which will be implemented immediately. They also noted continued need for servers (Ruling Elders and Deacons, whether ordained by or members of Valley or not) and ushers.

Session received the Financial

Report prepared by the Church Accountant, Annie Stitt, and presented by Treasurer Mike Yoder. We continue to be in the black, and all efforts to stay there are appreciated.

Personnel sought and received approval for three items: a Celebration of Service event honoring our staff for faithful service; the hiring plan for our Sextons (custodial staff); and compensation package for our organist.

Generosity (formerly Stewardship) received approval to proceed with our annual campaign, this year's theme: Rain in the Desert.

Jim Nelson, a current member

of Session, is seeking election as the Ruling Elder Commissioner for Presbytery de Cristo to the 2016 General Assembly. The election will be at the Presbytery meeting in Silver City, New Mexico, on October 17, and we will send three commissioners to that meeting: George Curtis, Jim Nelson, and Mike Yoder.

The idea of remaining at one Sunday service year-round was discussed, and the question will be put to our members by email and in worship in the next few weeks.

The Session Retreat (taking the place of our Stated Meeting for October) will be held on October 21, from 9 a.m. – 3 p.m.

MITZVAH DAYS Are Coming November 6 & 8!

Many folks at Valley Presbyterian Church volunteered last November for one of the numerous community projects that brought people together for one day of performing "Good Deeds" in our area. This was such a successful event that plans are underway to provide TWO days of project opportunities this Fall!

The Mitzvah Day concept is an internationally-recognized model for social action that is sponsored by interfaith-based organizations and non-profits. The objective is to encourage people to give three hours of their time, rather than money, to worthwhile causes in the community.

In 2014 nearly 30,000 people worldwide participated in Mitzvah Day projects!

Locally Beth Shalom Temple and a number of churches in Green Valley/Sahuarita have been actively planning the events that will take place on Friday, November 6 (9:00 AM – Noon), and on Sunday,

November 8 (1:00-4:00 PM). On Sunday evening, November 8, volunteers will meet here at VPC for a Gratitude Gathering to celebrate jobs well done.

Project requests from non-profits, schools, and churches are currently being processed.

Watch for details of specific project opportunities in the October Valley Voice.

In the meantime if you are interested in spending three hours making new friends and completing a worthwhile task, choose one of the methods below to register:

VISIT MITZVAH DAY WEBSITE:
www.gvsmitzvahday.org

EMAIL – gvsmitzvahday@gmail.com and include your name, phone number, and email address. We'll get back to you.

CALL – Martha Ashton at 520-203-7392 and leave your name, phone number and message.

Concert at VPC- October 2, 7:00 p.m.

True Concord Voices & Orchestra (formerly Tucson Chamber Artists) presents *Fanfare!*, music for choir and brass, Friday, October 2, 7:00pm at Valley Presbyterian Church.

Works by Gabrieli, Schütz, Bruckner, and John Rutter's *Gloria* will be performed.



Stephen Ministry

Our **Stephen Ministers** are active and busy, and there is a need for more trained caregivers. In January we will begin another training series and ask that you prayerfully consider if you are being called to this ministry.

Here are some questions and answers that may help you in your decision-making process:

How much of my time will it really involve? There are 50 hours of training. Then, as a Stephen Minister you will visit about once a week for about an hour with the person you are caring for. You will also attend two meetings per month for supervision and continuing education.

Will our pastors still help and counsel people? Most definitely! Stephen Ministers complement the pastors' ministry and provide more care to those who need it.

What if I get in over my head with people who need more care than I can provide? First of all, you will never be knowingly assigned to people who might be in those situations. The Stephen Ministry training also helps you to know exactly when and how to help your care receiver get professional help when necessary. The Supervision Group, the Stephen Leader, and the pastor are also there to help you to make such decisions.

Who will be the care receivers? Members of this congregation who are experiencing times of special need and other people within our community who may turn to us for help. Stephen Ministry is also a way to reach out to others as well as to our own members.

Are other people as scared as I seem to be about this undertaking? Probably so! But the training will eliminate much of this fear because you will not only learn what to say but also, and more importantly, how to listen.

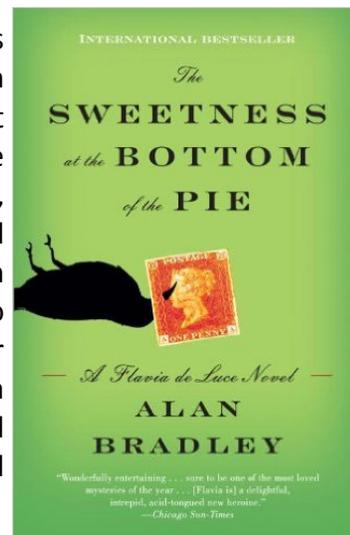
How do I apply? Pick up an application at the Stephen Ministry table in Fellowship Hall October 25, November 1 or 8, or call Patti Bright, our recruiting coordinator, 305-3275, for more information.

Valley Readers

Monday, October 26, 1:30 p.m.

Author Alan Bradley has written a critically-acclaimed debut mystery, *THE SWEETNESS AT THE BOTTOM OF THE PIE*, that is our book selection for discussion on Monday, October 26, at 1:30 p.m. in Classroom 5. This book is in the Valley Presbyterian Church Library.

The place: Bishops Lacey, a small village in England. The great house: Buckshaw. The heroine: Flavia de Luce, an eleven-year-old science prodigy and an aspiring chemist who has a passion for poisons. She has a laboratory inherited from her mother and great-uncle.



Her transportation: a trusty bicycle named Gladys.

Her widowed father and two older sisters are far too preoccupied with their own pursuits and passions to care about Flavia.

One early morning she discovers a murdered stranger in the cucumber patch outside her bedroom window and decides to solve the crime herself, much to the chagrin of the local authorities.

Our discussion leader will be Elizabeth Haynes, a long-time friend and coworker of our Church Librarian, Anne Morrison. Liz has recently moved to Green Valley and attends Valley Presbyterian Church. She is the author of *CRIME WRITERS: A RESEARCH GUIDE*. This guide is an easy-to-use compilation of the best and most popular crime fiction authors. It has been acclaimed as a comprehensive, ideal source of information.

As part of the discussion, we will share our own favorite mystery writers.

If you have questions, please call Anne Morrison at 399-0762.

Grief Recovery Workshop

Tuesdays: October 6, 13, 20, 27 & November 3

“A person isn’t who they are during the last conversation you had with them – they’re who they’ve been throughout your whole relationship.”

Rainer Maria Rilke

Are you heartbroken from grief? Are you devastated by the loss of a loved one? Are you confused by strong emotions? Are you wondering how you are going to survive, build a new life and find some happiness?

When we lose a loved one, we grieve. The grieving process is normal and restorative, yet we often struggle in our grief. To help facilitate the grief process VPC offers the Grief Recovery Workshop.

Learn to heal and find hope in the *Grief Recovery Workshop* offered here at Valley Presbyterian Church in Classroom 5. Our next class will run five Tuesdays, October 6 through November 3. The time will be from 10:00 a.m. till noon. Workshop facilitators will be Pastor Paul Phillips and Jeannie North, BSN, MS, a bereavement counselor for twenty years.

The purpose of this workshop is to help participants

- ◆ Understand the grief process involved after a significant loss,
- ◆ Recognize the unique pain and feelings triggered by their loss, and begin to
- ◆ Reintegrate their lives as they heal and learn to cope.

If you or a friend have recently lost a loved one, are struggling with lingering grief issues, or have found difficulty in moving forward, come and join us.

There is no charge but participants need to pre-register with the church office (625-5023).

Faith & Health

By Chris Erickson, Parish Nurse

Blood pressure screenings: The Sunday blood pressure screenings resume October 25 after worship service in the Sweet Family Room. You may also have your blood pressure taken during the week on Tuesdays and Thursdays, from 9 to 11 a.m. with the Parish Nurse.

Alzheimer’s Support & Education at VPC:

Alzheimer’s support continues on the 1st and 3rd Thursday of each month, 1:00 – 2:30 p.m. in the Sweet Family Room. For more information or to register, contact the Alzheimer’s Association at 520-322-6601.

Movement & Exercise: If you want to prevent falls, try these exercises:

Chair exercise classes are on Mondays, Wednesdays, and Fridays 10 -11 a.m. Fee: To sign up contact instructor Mia Cooper at 204- 5264.

Tai Chi for arthritis and fall prevention classes are on Mondays at 2:30 p.m. Fee: To sign up contact instructor Roger Ederle at 399-0166.

Parkinson’s exercise group meets Mondays, Wednesdays, and Fridays, 9 – 9:45 a.m.

Healing Soup Meal:

Please contact the church office or Chris Erickson, Parish Nurse, if you know of someone who may need this meal.

New Health Related Activities:

Watch for more information on *Joy in the Desert* and *Wellness Wednesdays* starting this winter. If you have any comments or suggestions on health activities you would like at VPC, please contact the Parish Nurse at parishnurse@valleypres.net.

What are you doing to relieve STRESS?

Let’s talk about some alternatives!

Unstress the Stress

begins Thursday, October 15 at 10 a.m. in the Spiritual Life Center and continues once a month for four months. Instructors are Pastor Paul and Parish Nurse Chris Erickson.

VPC Art Gallery

We are pleased to announce a display of oil paintings by VPC member Linda Landon in our Art Gallery during the month of October. Be sure to take a few minutes to walk through our hallway Art Gallery starting Sunday, October 4th.

Linda's remarks below tell the story of her art.

LINDA L. LANDON

Inspired by nature, my art expresses my passion for color and texture. Since moving to Green Valley in 2014 I paint in oils using the palette knife instead of brushes. My work has become bolder and brighter. I don't feel constrained to paint a scene exactly as I see it. I use that artistic license to express my impression of the scene, creating a "poetic landscape." My work is a joy to create, and I hope it brings pleasure to those who see it.

After moving to Sonoma County, California, in 2003, I loved painting in the beautiful California wine country. There I showed my work in several local festivals and gallery juried shows. At one time I worked at Disneyland doing quick pastel portraits. That was really fun! I put together a portrait class about how to get a likeness and taught that for several years through the community education department of Fullerton College.

Artistic talent is a gift. And I learned a long time ago that our gifts are given to us not for our own benefit, but to be shared and used for the benefit of others. So if my paintings bring you a moment of joy, this is the purpose of my art and my gift to you.

lindalandon@yahoo.com

llandonfineart.com

Read the Bible For Life

**Mondays, beginning Oct. 5
10:00 – 11:30 a.m. in
Classroom 5**

Many of us know the individual stories of the Bible, but together they tell a larger story: the story of God. In this 9-week class taught by Pastor Diane Christopher, we will learn God's story. We will explore the dynamics of listening, understanding, and responding to God's story. We will consider how the various books of the Bible fit into the ongoing story of God and God's people. And, we will examine the different types of literature found in the Bible so we can interpret the story.

Class will consist of a teaching by Diane, small group discussion, and a workbook for home study. The workbook is \$15 and can be purchased the first day of class.

Eugene Peterson has said of the Bible: "We open this book and find that page after page it takes us off guard, surprises us, and draws us into its reality, pulls us into participation with God."

As we meet the living God in the pages of the Bible, we will be changed by the encounter. So, join us as we learn to read the Bible for life.

Calling VPC Artists: *If you are able to share your art with us during the winter season, please call Georgia at the church office (625-5023) to let us know you have art to display in our gallery. We look forward to hearing from you.*

New Discussion Opportunity

-Or-

CONTINUING THE CONVERSATION

**Wednesdays, starting Oct. 14,
3:00 p.m., Classroom 1**

About 100 members of VPC have participated in the discussion of Anthony Robinson's book, *Changing the Conversation*. The book has stimulated lively dialog about the changes that have taken place in the church over the last several years and helped us see how we can accept the changes gracefully and faithfully.

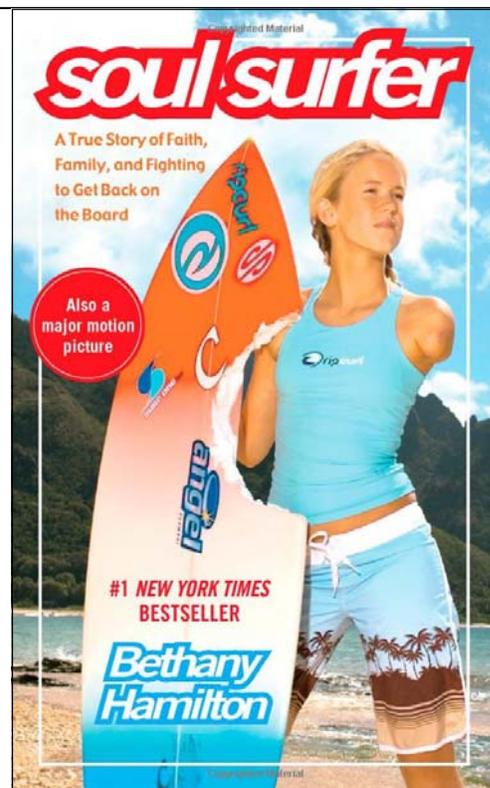
Whether you have participated in a *Changing the Conversation* discussion or not, you are invited to join this new discussion opportunity.

Beginning at 3:00 p.m. on October 14 and continuing six weeks through November 18, Eloise Fredrickson will facilitate another opportunity for discussion, carrying on what was begun in the *Changing the Conversation* classes and, therefore, titled *Continuing the Conversation*. Those who attend will be assigned readings from various sources – excerpts from books, several different blogs, articles from magazines – that will form the basis for the discussion each time.

We hope you can join us on Wednesday, October 14, but feel free to attend any or all of these study groups.

**The Fourth Tuesday Movie Ministry
at VPC continues with our year's
theme of Christian Movies on
Tuesday, October 27, 1:30 p.m.,
Spiritual Life Center
*showing: SOUL SURFER***

Called "An Authentic and Heartfelt Movie" by Entertainment Weekly, *Soul Surfer* is the incredible true story of Bethany Hamilton, a teen surfer who lost her arm in a shark attack. Bethany courageously overcame all odds to become a champion again through her sheer determination and unwavering faith. The film features an all-star cast. In the wake of this life-changing event that took her arm and nearly her life, Bethany's feisty determination and steadfast beliefs spur her toward an adventurous comeback that gives her the grit to turn her loss into a gift for others.



Come ... bring a friend...and enjoy free popcorn and cold drinks!

MAKE DISCIPLES AROUND THE WORLD



Yes, it's that time of year again – the time when we begin to think about Christmas.

Many of you are already thinking about the Operation Christmas Child shoebox to fill with little presents for a needy child in some part of the world. People in Arizona filled 106,036 shoeboxes last Christmas. WOW!!

For the past thirteen years, VPC has generously participated in Operation Christmas Child. The shoeboxes contain not only gifts for children throughout the world, but they also contain a booklet entitled *The Greatest Journey*. That booklet introduces children to Jesus Christ and invites them to return for a 12-week Bible Study.

Samaritan's Purse has already trained over 144,000 teachers around the world to lead these classes. These lessons are provided in more than 70 languages. The following story was told by nine-year-old Ralph. He lives with his parents and six siblings

BY A CITY DUMP in the Philippines.

"Most days, I help my parents pick through the garbage, looking for things we could sell. But today is a special day. There are gifts waiting for us at the school. I can't wait to open mine. I hope I get some school supplies. [then, after receiving his shoebox] Not only did I receive a gift, but I prayed to receive Christ as my Lord. Knowing God will always love me means everything to me."

You can participate in this wonderful project by picking up a shoebox and brochure in Fellowship Hall on Sunday, November 1 or November 8. Shop and fill your shoebox, pray for the child who will receive your gift, and then return it to Fellowship Hall on November 8 or November 15.

ALL SHOEBOXES MUST BE RETURNED BY SUNDAY, NOVEMBER 15.

For further information, contact Pam Campbell at 625-2911.

***“They will teach us to quarrel about God,
as Catholics and Protestants do.
We do not want to do that. We may quarrel with men
sometimes about things on earth,
but we never quarrel about the Great Spirit.
We do not want to learn that.”***

Chief Joseph, 1881

I have returned from a wonderful vacation. I hadn't thought much about my own spiritual renewal before I left for this trip, except for rest, but God was evident everywhere we visited, especially the Native American sites.

At the Crazy Horse Memorial in South Dakota I came across this quotation from Chief Joseph of the Nez Perce. It struck me deeply, jarring in its prophetic message to the world.

We can read about Chief Joseph and his campaign against the U.S. Government who forcibly removed his tribe of Nez Perce from Oregon to Idaho. We can each come to our own conclusions about right and wrong from both sides, but I am moved to reflect upon something bigger and much more important in our lives which Chief Joseph speaks to: quarreling about God.

We must admit we quarrel with God! Our lives aren't easy and when things go badly we ask God, "Why?" I believe that witnessing our faith with God through prayer and within the worshipping community is wholesome and good, if it is an outgrowth of our spiritual journeys. However, when we use our beliefs about God to divide people, conquer them, set them apart as non-equals, then I believe we are quarreling with God's plan for this world.

Even in Chief Joseph's day, there was quarreling with God about Jesus' authenticity and eternal message. And people were divided, split apart from the ruling powers and called aliens. We continued dividing people through the Reformation period. Today, denominations split over many issues and the people, God's people, are left quarreling and wondering "What's happening to my church and how does it affect my own spiritual life?" I think this is what Chief Joseph was articulating. Jesus came into the world to save us, all of us.

Chief Joseph warned us, "We do not want to learn that." The sad truth is we have learned to quarrel about and with God, and it hasn't abated. Every one of us has to make an effort to stop it.

I believe there is an answer for this quarreling – faith in God's providential care, the salvation of our lives through belief in Jesus Christ and the ever-present Holy Spirit guiding our walk and our talk. This is a call to both individuals and the community to stop quarreling – to start rejoicing in the gifts that others bring – to begin loving one another as Christ has loved us – to let go of resentments and past hurts – to find new ground for equality, justice, and peace.

The love of Christ be with you,



Rev. Paul Phillips, Pastor of Care



www.valleypresbyterian.net

By Wendy Kopera, Webmaster

(All web articles are published on our website under News & Events tab-"Blog Articles.")



I moved into a new house last month, and there is not one single window facing the driveway or street. While I like the idea of no one looking in, I'm not so crazy about not being able to look out to see when people are arriving, invited or not. I sought help from technology and added an item to my birthday wish list which my daughter graciously bought for me. It's a Foscam security camera, which I've since installed and take great pleasure in having.

If I lived in a more populated and/or less remote area, I would want them all around the inside and outside of my house. As it is, I enjoy having the one camera pointing at the driveway. I'm sharing this with you because it was a very inexpensive (under \$100) and a reasonably simple solution to my problem and it has many potential uses that you might find interesting as well.



For a fairly small price, you can have a camera that you can view and control from a computer, smartphone, or tablet. You can turn the camera, take snapshots or video, have it automatically take snapshots or videos and email them when it detects sound or motion, and much more. If I keep the viewer open on my computer it will beep loudly when it detects motion (or sound if I so choose). This has been especially useful to me when I'm waiting for someone but have to get other things done and can't sit and watch the computer screen. I hear the beeping all the way across the house and know the person has arrived.

I can go to a specific address on the browser for any computer and run the viewer with my login. It will sound an alarm on that computer, so if I'm at work, I know when things are happening at home. If I had a microphone attached to my work computer, I could even talk to the person in my driveway through the camera, and hear them as well. Think about how confused your dog would be if you could yell at him for getting into the trash when you aren't even home!

I've seen people with these types of cameras catch someone vandalizing their property or breaking into their cars at night. Some use them as baby monitors, and others to keep an eye on their pets when they are away from home. I recently had a mouse in my wall and wished I had a second camera so I could watch the mouse hole, get an alert when the mouse left, and seal the hole while it was away. I get emails with snapshots just moments after motion has been detected, so recently when my daughter arrived unexpectedly, had I not pulled in right behind her I would have received the email and called her to tell her to wait a few minutes for me to get home. I've used it to know when packages arrive, and when the trash has been picked up.

I've only had Foscam for a couple of weeks, but I'm sure I'll come up with even more uses for it over time. In the meantime, maybe you've thought of some things one of these cameras could do for you. The installation was easy (just plug it in and put it where you want it), and while the software setup was a bit more complex, they do offer tech support to get you going.

Friendship Kettle Dinners to Resume in November

We're waiting this year for more snowbirds to return. So, the dinners will resume in November. A superb meal will be prepared by the Women's Association, and there is a rumor Elvis will be in the house.

Look for details in next month's newsletter.

Women's Ministries

The Women's Ministries' October Gathering will be held on the 20th at 11:30 am. Ruth Circle will be hosting and our program is focused on Crossroads Women's Mission. Our guest speaker is Bert Wenke, co-director of CWM. Our Presby Gift is disposable picnic supplies for Nogales Crossroads Mission. Tickets (\$10) are required in advance and will be available at the Women's Ministries table after worship on Sundays, October 11 and 18. (We do not sell tickets at the door since our meal count is needed prior to the event.)

Just a reminder: We are still collecting Box Tops and Campbell product labels to benefit local services for children. Box tops and labels can be dropped off at the Women's Ministries table any Sunday after church.



We will no longer be collecting donations of aluminum flip-tops from cans that were collected for Ronald McDonald House. We discovered that they only receive \$166 for 5,000 pounds of those tabs, plus what little we collect have to be delivered to Tucson. The little wooden house will still be out if anyone wants to donate money to the Ronald McDonald House.

Thank you to those who donated food all summer at the WM Table for the local food banks. Please remember that this was a summer-only project, and we will not be collecting food at our WM Table now. Your donations of food can be donated here the first Sunday of each month and our Deacons will deliver to the Food Bank.

Our Presbytery is still recruiting volunteers who will be trained for PW Disaster Preparedness. If any of our women are interested, they should contact Coordinator Beth Snyder at beth.snyder@pcusa.org immediately for information, or go online at www.pcusa.org/pda to receive an application. Click on ACT, then VOLUNTEER.

The Fall Presbytery de Cristo PW Gathering will be held on Saturday, October 24, at Tortolita Presbyterian Church in Tucson. We can arrange car-pooling! Cost is \$5 plus a pot of chili, toppings, cornbread OR salad. Reservation forms and directions will be available at the WM Table.

Our Circles will be starting this month. If you have not yet joined a Circle for monthly Bible study and fellowship, check the days and groups available at the WM table in Fellowship Hall after Sunday service.

Mission Quilts

Fall Start-up

October 19, 9:00 a.m.

VPC's Mission Quilters begin their fall meetings in Fellowship Hall on Monday, October 19, 9:00 a.m. – 2:00 p.m. (We will not meet on October 5 due to church maintenance scheduled on that day.)

Starting Monday, November 1, we will resume our regular schedule of meeting the first and third Mondays through May 2016.

Feel free to bring a sack lunch if you are able to stay the whole time.

You need not be an expert quilter to join the group - there are jobs for everyone who enjoys quilts.



Raindrops in the Desert

How will Valley Presbyterian Church strive to "Know Christ, and make him know through word and deed" in 2016? Your pastors and leaders have been praying and thinking about that question, literally, for years. But now it's time to work out the details, which means our annual emphasis on the spiritual gift of generosity: how God *grows in* us through what God *gives us to grace the world in our giving*.

Our stewardship theme this year is "Raindrops in the Desert:" how each gift from God we pass on (each raindrop) contributes to the greening of the entire area – including ourselves. Watch for more to come!



News of Note

By Joel Pierce



Joel Pierce Scholastic Update:

Getting back into the swing of things as a student can be challenging! However, I am loving every minute of my coursework at the University, and I want to send a huge Thank You to the Sanctuary Choir and individuals who have generously helped me with my school tuition. Your generosity is much appreciated and will never be forgotten!

Here is a little information about my studies:

My degree is in organ performance and sacred music. In addition to organ lessons and group masterclasses, I will be taking courses in music theory, history, and choral conducting. This semester, for example, for my concentration in choral conducting I am taking "Choral Literature and Techniques." In this class we learn advanced rehearsal techniques and how to apply them to the choirs we direct. As an assignment for this course, I am required to video tape myself conducting a choir using the techniques I've learned in class. The Sanctuary choir here at VPC has graciously allowed me to "practice" on them!

For my history class this semester I am studying "Music in the Middle Ages." This course is a survey of sacred and secular music from 800 A.D. through about 1500. It was during this period of time that music of the church was first being notated. I have learned so much in the first few weeks of this class, including how to read and transcribe Gregorian chant, which I really enjoy. We are currently studying the music of the daily offices and the Roman mass.

Lastly, I have the opportunity to perform in a recital at the end of the school year. I will be playing a few pieces in the "Pamela Decker and Friends" concert on April 24. I will also be giving a piano/organ performance here in the VPC Sanctuary in late November or early December, so please watch the Valley Voice November issue for more details about that.

Bible Class Returns:

Digging for Treasure

Wednesdays, starting November 4, 10:00 a.m.

How many times have you tried to read through a portion of the Bible, but been confused? How often have you taken the time to read the introductions – not just to the books, but the translator's introduction to the whole Bible? And have you ever tried reading two different translations side-by-side?

In this class, we jump into our Bibles as if they were gold mines waiting to offer up their riches. Starting November 4, on Wednesdays at 10:00 a.m., Pastor Larry is going to help us see Scripture in ways we may have never even considered!

While we'll be digging deep, there will be plenty for anyone – even those who've never cracked the cover of their confirmation gift Bible – to share. We use the New International Version as our common translation that we all use, and then each participant selects another to read alongside it, sharing the differences – and what the original writers, and God, have to say to us today.

Come join the fun, and prepare to be blessed by the Word!

Flu Season

Each year 5 – 20% of people in the US get the flu, and more than 200,000 are hospitalized for flu-related complications. Flu, the short name for influenza, is caused by viruses.

The flu is contagious. Most experts believe that you get the flu when a person with the flu coughs, sneezes or talks and droplets containing their germs land in your nose or mouth. It spreads from person to person, often through the air. Most healthy adults can infect others one day before symptoms start and 5 -7 days after symptoms appear. The flu virus can live on a surface, like a doorknob, for a number of hours. Remember to wash your hands often when you are around someone who is sick, before eating and touching your eyes, nose, or mouth.

Getting the flu vaccine every year can help you stay healthy. Medicare does cover the flu vaccine once every flu season, and so will many private health insurance plans.

Are there side effects? Most people have no problem with a flu shot. In fact, for most people, the flu is more dangerous than the flu shot. The flu shot cannot cause you to get the flu. If you are allergic to eggs, you should not get the flu shot. (Because eggs are used to make the flu vaccine, people who are allergic to eggs could have a serious reaction to the shot.)

It is important to check with your physician when you first get the flu. Also call your physician if your fever goes away and then comes back (you may have a more dangerous infection), you start having breathing or heart problems or other serious health problems, you feel sick and don't seem to be getting better, or you have a cough that begins to make thick mucus.

The seasonal flu usually starts in fall and peaks in January or February. It could, however, start in October and last until May. Illness from seasonal flu usually lasts one to two weeks. Older adults (65 years of age and older), children (especially those under the age of 2), and people with chronic health conditions are more likely to experience complications from the seasonal flu. You can pass on the infection before you feel sick and for several days after you get sick. Most people who get the flu feel much better within 1 -2 weeks.

Information obtained from the National Institute on Aging

If you missed our Flu Clinic here at VPC, be sure to get your 2015 flu shot soon.

3rd ANNUAL HOLIDAY PATIO SALE

Friday & Saturday, November 6 & 7

The second annual Patio Sale of Holiday items will be held in Fellowship Hall on

Friday, November 6, from 8:00 a.m. to 2:00 p.m.,
and on

Saturday, November 7, from 8:00 a.m. to 1:00 p.m.

Our Sorters have been setting aside items related to Thanksgiving and Christmas during the year for sale at this event... things that could serve as gifts or decorations for your home or yard. Our sale promises to be quite special as we have accumulated many more items than we had last year.

Also for sale at this event will be numerous pieces of art created by the late artist Charlotte Strauman. She excelled in *French papier toile* and produced hundreds of pieces of beautiful framed art, many of which her family donated to the church after her death.

Another addition to this year's sale will be homemade cookies, bars, and candy that can be eaten at the church for a little lunch with coffee or taken home and saved for your celebrations with family and friends.



Holiday Sale Volunteers Needed!

Of course, with any endeavor, we will need volunteers to help. We need people to help set up for the sale on Wednesday and Thursday (November 4 & 5) before the sale, people to staff the tables during the sale, cashiers during the sale, and people to make homemade candy, cookies, and bars to sell during the sale.

To volunteer, leave your name on the sign-up sheet in the office or call Eloise Fredrickson (648-7317) or Sam Eidson (393-7694). All of our work and the proceeds of our Patio Sales go to support the missions of our church.

Your participation and support for our Holiday Patio Sale is greatly appreciated!

October Birthdays

2
Charlene Brandt-Nielsen

3
Phyllis Camp
Barbara Eidson
Muriel Wagner

4
Vera Anderson
Carol Rude
Esther Grimsley

5
Stig Benson
Marti Long
Darwin Guinn
Mike Peake
Georgie Eberhardt

6
Jean Hein

8
Carmen Nylund
Tommy Thompson

9
Dee Mechem
Florence Johnson

10
MaryAnn Campbell

Jim Eckels
Jeanne Eddington

11
Lyle Hutchison
Sandra Glazener
Judd Briggs

12
Jeanne Carroll-Hoffman

13
Don Bont
Jim Callahan

14
Jim Dykgraaf

15
Ruth Dunham
Betty Weide
Van Williams
LaRue Haff

16
Roger Ermili
Kathy Gullen

17
Jim Egly

18
Diane Hartley
Ruth Hofferth

Ron Vacek
Judy Pember
Ed Duthaler

19
Sue Ersthaller
Pat Bruner

20
Barbara McDaniel
Char Anzalone

21
Kay Albrecht

22
Janice Potter

23
Gord Klouw
Lowell Tompkins
Pam Peake

24
Ray Sayre
Jan Woerner

25
Del Harsh
Jeannie Longnecker

26
Mack Cheslover
Kitty Gnau
Nancy Lammers

27
Dave Appleton

28
Tom Allen
Jane Rieger
Sherry Harsh
Donna Denton

29
Virginia Crook
Russ Hartley
Jennet Parker
Bill Coe
Jenny VanTreese

30
Gail Seibert
Kathy Woodard
Herb Andrews
Nancy Tompkins
Gail Barker
Herman Klap
Karen Williams-Jordan

31
Edith Saunders
Doug Clark
Dick Chvala



Community Food Banks

In 2014 our local Food Banks distributed 1,653,347 pounds of food to more than 6,000 people in need.

For food donations, highest in demand are canned meats, baby food and juices, peanut butter, and baking staples—flour, baking soda, baking powder, seasonings, vegetable oil, salad dressings, and other condiments. Also appreciated are personal items, fresh produce, and dog food.

Sunday, October 4, is Food Bank monthly donation day here at VPC, but if you wish to make an additional donation of milk or frozen items, you may drop off food items directly at the food bank in Green Valley on weekdays (7:30 a.m.-2:00 p.m.).

Next monthly collection at VPC: Oct. 4

SPECIAL OCTOBER MILESTONES!

Special birthday greetings to Muriel Wagner, Esther Grimsley, and Jim Dykgraaf as they celebrate their 90th birthdays this month!

Noisy Offering Report—August 30

The Mission Committee is pleased to report that you donated \$903.50 in change and with additional designated giving, \$3,603.50 has been sent to the VPC mission Casa Vida Nueva para Niños to help fund their solar power project in Nogales, Sonora, Mexico. Thanks to all for your help.



Trip Highlights to Casa Vida Nueva para Niños (Orphanage) Saturday, August 29

**This trip won the title of "Best Trip Ever!"
The next visit will be on Saturday, October 24 (see details below).**

Twenty-one people traveled to the orphanage in Nogales, Sonora, Mexico. We first listened to Directors Elias and Myrna give an overview of the orphanage - translated by Julio Durazo, Business Administrator of the New Life Church in Tucson. Afterwards, each child ran into the room and gave loving, welcoming hugs to everyone. Then they went on stage and introduced themselves, one by one. The girls put on a great entertaining musical/dancing show.

During the tour of the facility we were briefed on their use of

generators (cost to run is \$60 per day for gas) and their great need for solar power. We learned that in order to wash clothes, they must unplug their refrigerators because they do not have enough electricity to power both at the same time. Outside we saw the completed VPC Vacation Bible School playhouse.

After our tour we had lunch with the children, which Pastor Elias blessed. After lunch we played with the children for about an hour before we packed up and left for home. The children and adults all greatly appreciated our time and involvement and our support for their Solar Power Project.

At the end of the trip, everyone was tired, but we felt blessed to have witnessed how the Lord has shined his light on the children and the adults who are living and supporting the orphanage.

Next Trip to Mexican orphanage Saturday, October 24

Reed Olson is coordinating the next VPC group trip to visit the orphanage - departing from his home at 9:00 a.m. and returning by 3:00 p.m.

You will need to bring your passport plus \$5 to help with transportation costs.

The orphanage will provide an overview, tour, lunch and many hugs from the children.

Please bring several large cans of chicken, large jars of peanut butter or any other cans of food.

To sign up and find out more details, contact Reed Olson (269-7829 or email to olsonr1@cox.net) or see him in Fellowship Hall on October 18.





Valley Presbyterian Church

is a member of Presbytery de Cristo in
The Synod of the Southwest,
Presbyterian Church (U.S.A.)

Pastoral Staff

Rev. Lawrence R. DeLong, Pastor
Rev. Diane Christopher, Pastor of
Discipleship
Rev. Paul K. Phillips, Pastor of Care
Rev. Joe Hawkins, Pastor Emeritus

Mission Statement

*To know Christ and
make Him known
through word and deed.*

Join Us In Worship!

**Traditional
Worship Service
Sundays
9:30 a.m.**

Childcare Provided

Holy Communion Celebrated
1st Sunday each month

**The Source
Worship Service
Wednesdays
5:00 p.m.**

The Valley Voice newsletter is published the first day of each month for the members and friends of VPC, 2800 S Camino del Sol, Green Valley AZ 85622.

Articles may be submitted for consideration to Georgia Puttock in the church office in writing before the 15th of the month by US Mail, in print or by email to gputtock@valleypres.net.

It is helpful to have articles as email. Submitted articles may be edited for style length, and content.

Medical Minute

As we begin our Sunday emphasis on water, be aware of dehydration and our need for water. We lose two cups of water daily through our breathing and much more water is lost through the many functions of our bodies.

CHURCH OFFICE HOURS

We will be keeping our current Friday office hours until further notice. Our reception/office area will open at 8:00 a.m. and close at Noon on Fridays only.

Monday through Thursday hours will remain 8:00 a.m. to 4:00 p.m.

If you are scheduled to attend a class or meeting on Friday afternoons, our custodians will be here to close the church after your meeting ends.

This change for the summer has been a benefit to both the staff and the budget. We believe it will continue to help us all on a permanent basis. If you have any questions, please feel free to call the office.

Steve Rodine,
VPC Church Administrator

“Transitions”

The following people who have been part of our congregation are moving away permanently from the Green Valley area. We would be happy to provide their new addresses if they are available when you call our office.

We wish them well in their new home:

Eugene & Beverly Milotz
Susan Nelson



PROMOTED TO GLORY



May 17	George Towle	
July 28	Vernon Mackie	
August 27	Paul Baird	survived by Gini Baird
August 30	Lois Stokes	
September 5	Wellington Myers	
September 6	Lois Kress	
September 7	Logan Johnson	
September 8	Mary Jo Hazlitt	
September 12	Connie Erickson	survived by Bart Erickson
September 21	Neil Fitch	survived by Janet Fitch

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Sundays

1 Service of Worship

9:30 a.m.

Childcare provided

Food Bank Donations - August 2015

Our "Cash" report includes all cash donations to Food Banks that are made through VPC, not just amounts collected on the first Sunday of each month.

August food donations were 58 pounds (1st Sunday of the month). In addition, Women's Ministries collected 69 pounds throughout the summer (June, July, and August), bringing the August total food collected at 127 pounds. Our August dollar donations totaled \$1,401. Year to date Totals: 817 pounds of groceries and \$11, 715.50 in cash.

Next Deacon's Food Bank Collection: October 4, 8:30—10:30 a.m.

The Source

Wednesdays, 5:00 p.m.

Spiritual Life Center

Oct. 7 *Taizé*
Oct. 14 *Vespers*
Oct. 21 *Healing & Hope*
Oct. 28 *Old-time Hymn Sing*

A Harvest Potluck: An all-church Fellowship Event Friday, October 9, 5:00 p.m., in Fellowship Hall

Our 4th of July party was such a popular event that we want to bring you all together again over a great meal. This time, you get to bring the food! Please bring a food item (along with a serving utensil) based on the first letter of your last name according to the list below:

A – C	Appetizer
D – K	Main dish
L – R	Salad/side dish
S – Z	Dessert



We will provide coffee and apple cider, and special activities (for children, too). Join the fun! You are encouraged to wear your "picnic" or "tailgating" garb. Come together for this Fellowship event.

It's a great way to say "welcome back" to our returning winter visitors.

October Sunday Worship Services—9:30 a.m.

Oct. 4	Larry DeLong	"Why Me?" (Job 13:13-27)
Oct. 11	Paul Phillips	"Born of Water and the Spirit" (John 3:1-9)
Oct. 18	Larry DeLong	"MINE!" (Job 1:21)
Oct. 25	Paul Phillips	"Poured Out for you" (Philippians 2:12-17)