# THE VALLEY VOICE

# VALLEY PRESBYTERIAN CHURCH May 2024



# See You In September

Submitted by: Pastor Craig

Decades ago, the Beach Boys or was it Jan and Dean had Chart Topping Song "See You In September" which I hear playing in the background every Sunday as people greet on Sunday morning. We have had a wonderful several months! For most of us, our Church is where we are involved and doing things every day. Not only doing stuff, each of the activities of our Church have been spiritually meaningful and rewarding. Thank you for your involvement and support!

There has also been something exciting bubbling up through the Church. In the past, each group did their own thing irrespective of anyone else.

We are coming to recognize that while this Church is a very big tent, with Christians of every stripe (and a few polka dots), the hands and feet often work together and can trust one another. This makes our Church a whole lot more exciting and fun.

So, for those going away for the summer, we will SEE YOU IN SEPTEMBER, or October, or December, etc. In the meantime, just remember, that we will be missing you, praying for concerns you share with us, and that every week we broadcast worship at the regular Mountain Standard Time, as well as archive for you to worship at your convenience. For those curious, our Church does not stop just because some play peek-a-boo for part of the year, Worship of GOD, Bible Study, Committee Meetings, Patio Sale Sorts go on year-round.

In This Issue

Sunday Worship Schedule

Women's Ministries
Updates

Mission Committee
Updates

Bible Study Opportunities

Clerks Corner

Opportunities for Summer Fun

2800 S Camino del Sol Green Valley, AZ 85622 Telephone: (520) 625-5023 vpc-offfice@valleypres.net

# **OUR MISSION**

To make Christ known through reconciliation while communicating respect and love to all people.

The principles we will follow to accomplish this are:

- Worship that glorifies God.
- Growing our faith in love, hope and the peace of Christ.
  - Caring for the children of God.
  - Reaching out to the community and the world.
    - Seeking an attitude of servanthood.

#### Valley Presbyterian Church

2800 S Camino Del Sol Green Valley, AZ 85622 (520) 625-5023 vpc-office@valleypres.net www.valleypresbyterian.net Member of Presbytery de Cristo in The Synod of the Southwest, Presbyterian Church (U.S.A.)

#### **Pastors**

Rev. Dr. Craig Lindsey, Pastor/Head of Staff Rev. Joe Hawkins, Pastor Emeritus



Sunday Worship Traditional Service of Worship 9:30 a.m. Online and in Person

www.valleypresbyterian.net

# In This Issue

## **Table of Contents**

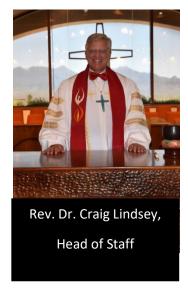
See You in September	Front Cover
Our Valley Presbyterian Staff	1
Worship Schedule	1
Message From Pastor Craig	2
Bible Reflections - Bible Study with Pastor Craig	3
Men's Bible Study	4
Valley Readers	4
Broadness of Beliefs	5
Welcome New Members	6
Save The Dates-Adult Bible Camp	6
Movie Ministry	7-8
Stephen Ministry	9-10
Patio Sale News	11
From the Children's Contingent	12
Women's Ministries	13
Mission Quilters	14
Parish Nurse	15-16
Clerk's Corner	17
Mission Committee Updates	18-25
May Birthdays	26-28
May Calandar	Pack Cover

# **OUR VALLEY PRESBYTERIAN STAFF**

Pastor Craig Lindsey-Pastor/Head of Staff	pastorcraig@valleypres.net
Jamie Reed-Director of Music	jamie@valleypres.net
Janet Brachel-Organist/Accompanist	organist@valleypres.net
Chris Erickson-Parish Nurse	parishnurse@valleypres.net
Suzanne Mandeville-Bookkeeper	suzanne@valleypres.net
Cindy Brown-Administrative Specialist	c <u>brown@valleypres.net</u>
Linda Hester-Administrative Specialist	<u>lhester@valleypres.net</u>
Gilbert Guerra-Custodian	Gilbert@valleypres.net
Martin LaMarche – Custodian	Martin@valleypres.net
Chuck Dunlap – Audio Technician	<u>vpc-office@valleypres.net</u>
Rev. Joe Hawkins Pastor Emeritus	
Dick Horn-Web Designer	<u>rrhorn@mac.com</u>
Alice Sanchez- Nursery Attendant	vpc-office@valleypres.net

# **SUNDAY Worship Schedule and Other Happenings**

May 2	National Day of Prayer	
	A Multi Church Service of Scripture, prayers and music	
May 5	Communion Sunday / Ascension Day	Pastor Craig
9:30 a.m.	Daniel 7: 9-14 – Acts 1: 1-11	
	Welcome New Members Food Bank Sunday	
May 12	Mother's Day ( A Gift for all the Women Who Come To	Pastor John Ross
9:30 a.m.	Worship) Crossroads Mission Sunday	
May 19	Day of Pentecost Acts 2: 21	Pastor Craig
9:30 a.m.	Youth On Their Own Sunday	
May 26	Trinity Sunday Romans 8: 12-17	Pastor Craig
9:30 a.m.		
June 2	Communion Sunday I Samual 3: 1-20 Mark 2: 23-36	Pastor Craig
	Food Bank Sunday	



#### From Pastor Craig

#### A Changing of the Guard

Steve Hart has been an incredible asset of this Church for the last 2 ½ years. Steve retired April 27<sup>th</sup> with Coffee Hour on the 28<sup>th</sup>, and he will be dearly missed! Before being allowed to Retire, Steve worked to train to Full-Time Custodians to take his place, they are Martin LaMarche and Gilbert Guerra. Both come with experience having been Upper-level Custodians from the University of Arizona. Please greet them and let them know how thrilled we are to have them helping us set everything up and keeping this facility functioning.

## Please Help Us With a Simple Thing

In the last month, our Church has paid over \$20,000 for Plumbing Repairs!!!

The primary problem is persons flushing items other than they should. <u>Please flush only Human Waste and toilet paper</u>. Things like Hand Towels and Wet Wipes, Depends are not bio-degradable, and these accumulate blocking the lines. We have worked to install new Clean-out lines (which seem to have been buried under past building projects and landscaping), however, your behavior will keep these sewer lines clean.

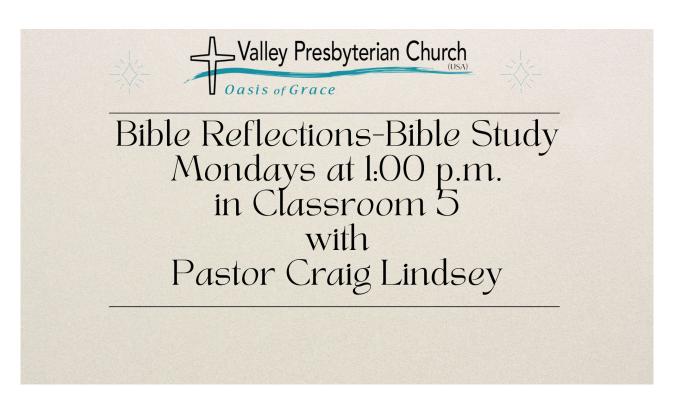


WE DON'T WANT THINGS TO GET MESSY...



FLUSH ONLY TOILET PAPER
AND DISPOSE OF EVERTHING
ELSE HERE





This is a different kind of Bible study, one that spends as much time as we need with each chapter and book. We will try to give background that is helpful and offer ideas about interpretations (even pronunciation of names), but what is most important is what you hear in the text.

You don't have to attend every class and you may join at any time.

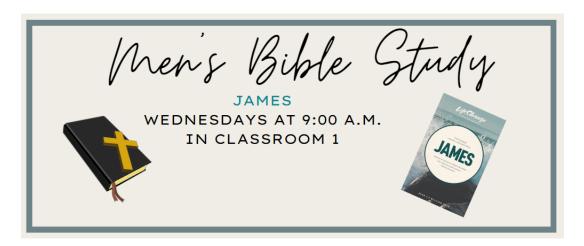
To join by zoom, go to <a href="https://zoom.us/join">https://zoom.us/join</a>

Meeting ID: 294 281 2414

Password: Heaven

There will be no class Monday, May 13.

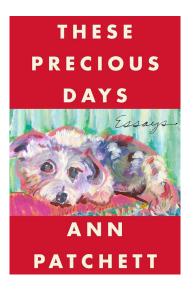
Previous classes are recorded and can be viewed on the church's website: valleypres.net



Please Note: Men's Bible Study will meet Wednesday's May 1<sup>st</sup> and 8<sup>th</sup> at 9:30 a.m. (We will take a break for the summer and resume in September.)

The group meets at the church for one hour in classroom 1. The group is facilitated by Larry Phillips (520) 777-8027 but focuses on group discussion. They use the NavPress Life Change Series study guide. They are studying the Book of *James*. Join the group any time to participate in the discussion or come to just listen. In either case, your presence will be welcomed. Lessons are self-contained so feel free to join the group when able. The Navigators Life Change study guide is also available from Amazon or Christianbook.com.

# Valley Readers 2:00 PM – Monday, May 20, 2024 Classroom 1



The Valley Readers selection for May is *These Precious Days: Essays*, by Ann Patchett. This deeply personal and very readable collection of writings includes (among others) such topics as a consideration of the importance of Snoopy, the life gifts the author received from the three men that she could call Father, and a lengthy meditation on a life-changing friendship that gives the book its title. Please join us for a discussion of this wise and witty book led by Anne Morrison. Contact Anne Morrison for additional information at 520-399-0762. Please note change to third Monday due to Memorial Day holiday.

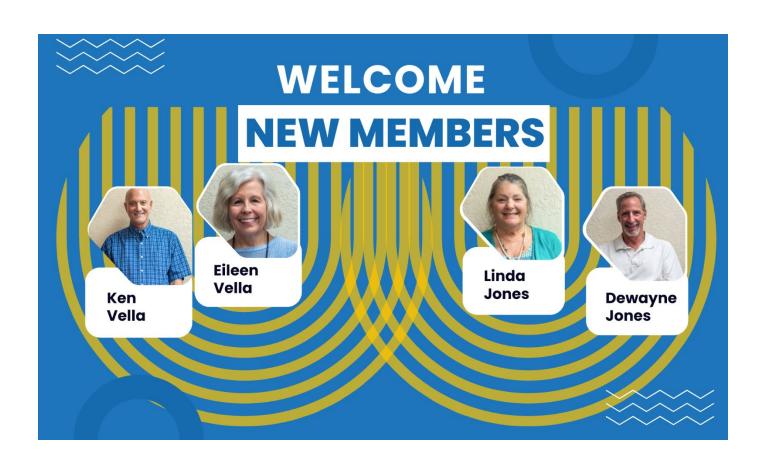
## **Broadness of Beliefs**

In the 1980s, as the PC(USA) was being re-formed out of the predecessor Presbyterian denominations, the Church surveyed all Presbyterian congregations across the Nation and came to learn that the way people read and interpret the Bible is a wide continuum, representing those who read the Bible as:

- Divine revelation
- Without error
- The Church's teaching based on what was accepted as The Canon
- Historic fact
- Inspired by God
- Representative of serious scholarly faith and reflection
- Read or listen to the Bible as part of our worship of God
- For a Lectio Divina, prayer and meditation
- Literature
- A library, containing comedy, tragedy, music, history, teaching, exhortation, mystery, revelation, satire, puzzles and word play, etc.
- Similar to philosophy and poetry
- Human history
- Myth

All of these perspectives are represented within the PC(USA) and across Valley Presbyterian Church. We cannot be all things to all people, but everyone can find a home in Church and be fed with their part of the body of Christ.

Rev. Dr. Craig Lindsey, Pastor





# MOVIE

Ministry is Back

First Thursday of the month, June - October at 1:30 p.m. in the Spiritual Life Center





THIS IS A FREE EVENT BRING YOUR NEIGHBORS

FOR MORE INFORMATION

call 520-625-5023





# **Movie Ministry**

First Thursday afternoon of each month at 1:30 pm

Spiritual Life Center ~ Free

Linda Freeman is the host

Playing June 6 1:30 pm





Submitted by: Jana Honermann, Stephen Leader Team Coordinator

# The Caregiver's Compass "Trustworthy"



Stephen Minister trainees learn about the Caregiver's Compass in their very first lesson. The Caregiver's Compass provides direction for the journey on becoming a Stephen Minister and at the end of every lesson the trainees are asked to relate what they had learned in the lesson that relates to each "direction" of the Caregiver's Compass. This month I will give my viewpoint on what it means for Stephen Ministers to be trustworthy, to the left of the Caregiver's Compass.

"A gossip betrays a confidence, but a trustworthy person keeps a secret." Proverbs 11:13.

"A wicked messenger falls into trouble, but a trustworthy envoy brings healing." Proverbs 13:17.

"Like a snow-cooled drink at harvest time is a trustworthy messenger to the one who sends him; he refreshes the spirit of his master." Proverbs 25:13.

"'Well done, my good servant!' his master replied. 'Because you have been trustworthy in a very small matter, take charge of ten cities.'" Luke 19:17.

Have you ever heard somebody say, "You can trust me." Perhaps I am slightly cynical but in response I think "prove you're trustworthy first and **then** I will trust you."

I ran across the passages above which refer to trustworthy persons, trustworthy envoys, trustworthy messengers, and trustworthy servants. I am here to tell you that You can trust your a Stephen Minister because they have proved it over and over again to their fellow Stephen Ministers, as well as to their care receivers that they are highly trustworthy.

You can rest assured that your Stephen Minister is not going to gossip about you, either directly or indirectly. Your Stephen Minister is well-trained and continuously coached when the Stephen Ministers gather for support, to keep your secrets as well as to keep your identity confidential. Your heart and soul can begin the healing process while absorbing the Stephen Minister's message that God still loves you despite your deepest and darkest secrets.

Your Stephen Minister is like a "drink of cold water" on a hot day. They are messengers of God's compassionate love and refresh their care receiver's spirit with the good news of God. But not only is the care receiver blessed, but the Stephen Minister is blessed over and over again in being God's humble servant chosen to walk with **You** in your difficult time.

I am a humble witness to the joy Stephen Ministers receive in providing care to those who are hurting. In the past 13 years that I have been a Stephen Minister, almost without fail, each Stephen Minister I have known has given testimony that they have received more from their care receiver than what they gave to their care receiver.

A Stephen Minister is waiting to be blessed in relationship with **You.** Are you ready to give them that gift today?



## **PATIO SALE NEWS**

Submitted by Carmen Nylund

I expect that by now, everyone has recovered from a very successful March Patio Sale. It was a lot of work, but well worth the effort, and now let's relax for a few months. However, don't forget the Pack & Sorts each month, as the donations continue to come in. We really appreciate all of our volunteers, not only at sale time, but all year round. Our Patio Sale and Holiday-Plus Sale would not be possible without you. Thank you!

The Patio Sale Coordinating Team would like to share with you the quarterly financial report for January through March 2024. Income not only includes the March Patio Sale, but also income from Estate Sales, the Style Show and incidental sales. Expenses include advertising, food during the sale, the all-volunteer lunch, trash collection, storage rental, supplies, tent and table rental and moving of items from storage.

January thru March Total Income \$103,325.41 January thru March Total Expenses \$33,785.36

January thru March Net Income \$ 69,540.05

Our largest income to date, of course, is from the Patio Sale at \$90,184.66. Our biggest expenses are incurred from renting storage units, the rental of the two tents and tables, and the cost of hiring Abrigo Movers to transport display items and donations from storage to the church. We want to thank them for doing a great job. It was a pleasure to work with them.

If you have any specific questions about Patio Sale finances or anything else, please contact one of the members of the Coordinating Team – Carmen Nylund, Chris Schorr, Nelda Lobb or Jim McDougall. We will be focusing on ways to reduce expenses over the next few months, but the cost of doing business continues to go up. Any suggestions you may have would be greatly appreciated.





# From the Children's Contingent Sunday School Lessons in May "Colobrating Methons"



# "Celebrating Mothers" Submitted by Pam Karbowsky

**The Big Idea-** Mothers are a blessing from God.

Proverbs 31:30-31

Charm is deceptive and beauty fleeting, but a woman who fears the Lord is to be praised. Let her share in the results of her work; let her deeds praise her in the city gates.

This month we will help the children honor and express gratitude for mothers, grandmothers, and other nurturing women.

- Honoring our mothers- like Jesus did! This lesson provides practical ways to show love and respect towards mom in everyday life.
   How does Jesus honor His mother at the wedding in Cana?
- Ruth and Naomi
   Our actions can reflect the character of God. When we show love and loyalty to others, we are showing God's love to them.
- Godly Grandmas
   The Faith of Lois and Eunice
   2 Timothy 1:1-7
   Who are the godly women in your life that have influenced your faith journey?
- Mary, the mother of Jesus

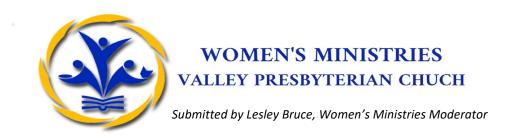
This lesson focuses on Mary, mother of Jesus, and how her obedience to God's plan played a significant role in bringing salvation to the world.

Luke 1:38

After hearing that she would be having God's son, Mary said to the angels;

I am the Lord's servant. Let it be with me just as you have said. Then the angels left her.

Bible quotations are from the <u>Deep Blue Kids' Bible</u>.



For me, May is a sad month. Those of our Winter Families who didn't leave us in April, will be leaving during the month of May. It is sad to see them go back to their Northern homes, but I wish them safe travels and happiness to see their families and friends again.

For those of us staying here – just a reminder – it will soon be warm and then HOT!!!! But we get through it and feel all the stronger for surviving another summer in the desert. Stay STRONG!

# Women's Ministry May Gathering Luncheon Salad Potluck May $21^{\rm st}$ , 2023, 11:30 a.m. In the Fellowship Hall

Our program will be presented by Holly Faris from the Salvation Army. The Hostesses will be the Coordinating Team and Ruth Circle. The Menu will be a Salad Potluck and there will be no charge. Presby Gift will be a monetary gift to the Salvation Army.

May is also the installation of the newly elected and re-elected Officers of the Coordinating Team. The Coordinating Team is comprised mainly of the 4 Officers, 3 Circle Leaders, our PW Historian Committee Chairs, and at times the PW Presbytery de Cristo Moderator, Judy Lindsey. We will meet in early June to plan the programs for the upcoming study year. If you have any suggestions for a program, you'd like us to add to our list, please contact any of the officers or your circle leader.

If you do not already subscribe to the Horizons magazine, I'd like to encourage you to do so. You can subscribe on-line at <u>Presbyterian Women.org</u> and it contains many meaningful articles for all of us as well as news of other Presbyterian Women groups and what they are doing within their groups. It is \$24.95 for the year.

I also encourage you to register to attend the 2024 Churchwide Gathering of Presbyterian Women in St. Louis, MO. in August. There is information on the Bulletin Board in Fellowship Hall. So far there are four of us going and it promises to be interesting and uplifting. The theme is "Do Everything in Love", August 8 through 11.

Blessings,



Submitted by: Patti Bright

# Mission Quilters Southern Quilt Delivery

When delivering quilts some years ago, we discovered that Holy Cross in Nogales doesn't have large toting carts like the Tucson hospitals. We have learned to ask for a wheelchair to wheel the quilts to the nursery. Going to the birthing section of the hospital takes you through a maze of hallways. Like many hospitals, it looks like the hospital has been added onto through the years.

For the past several years, I have been told that they normally have 60 deliveries a month. You can imagine the surprise we received when we reached the nursery, and it was dark and locked. After a nurse was located and we went into nursery, the nurse told us that they have dropped to about 30 babies a month. Thinking out loud I responded, "Did Nogales women just discover birth control?" The nurse thought my response was hilarious. I was serious. After making a recent phone call to the hospital, I learned that they had only dropped to around 50 babies a month, so our deliveries were still very much appreciated.

We delivered 99 baby quilts/receiving blankets this year and last year to Holy Cross. The quilting girls agreed a couple of years ago to concentrate more on giving all our baby quilts to Holy Cross Hospital instead of dividing them between Banner and Children's Hospital like we have done in the past.

The reason for this change was that there are many large and small churches in Tucson to make and deliver quilts to Tucson hospitals. There has to be far fewer churches in Nogales with as much funding as Tucson churches have to allow for quilt making. Another factor for the driver was not having to stop but for one stop light going to Holy Cross and not having to try to find a distant parking place in a crowded parking garage. The fun part of the delivery for all deliveries is stopping in Tubac for lunch and shopping after the delivery.

Holy Cross Hospital, a part of the Carondelet Health Network, is a 25-bed critical access hospital providing general medical/surgical service, 24-hour emergency care, rehabilitation, mammography and ultrasound and offer advanced technology such as teleradiology and lithotripsy programs. They provide crucial medical services and wellness education for residents throughout Santa Cruz County.



Patti Bright and one of the nurses at Holy Cross Hospital

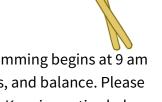


Patti Bright, Terry Luck and Martha Rice, delivering quilts to Holy Cross Hospital.



# Caring for those in our Congregation Faith & Health/Parish Nurse May 2024

Submitted by Parish Nurse, Chris Erickson



Join us at Cardio-drumming; this class has just a few more openings. Cardio drumming begins at 9 am on Tuesdays and is once a week; a 30-minute exercise program for health, stress, and balance. Please email <u>parishnurse@valleypres.net</u> for more information and/or for registration. Keeping active helps to stay positive and healthy and strengthens ankles and quads which can prevent falls.

Drink plenty of water when you are exercising or are outside doing activities. Be careful of dehydration especially in these hot summer months.





Blood pressure screening will be by individual appointment.

#### Save the Dates for blood drive at VPC:



American Red Cross blood drive is here at VPC in 2024.

Thursdays from 9am - 2pm on:

May 16<sup>th</sup>,

July 25th,

and November 21st.

Watch for more information on future eblasts, bulletins, and flyers throughout the church. Registration is through the American Red Cross website. If you would like to volunteer at this event to welcome those arriving, please contact the Parish Nurse.

**Medical Minute:** According to the American Red Cross, there is a critical blood shortage, and the entire nation is in urgent need. The blood drive here at VPC on Thursday, May 16<sup>th</sup> will have 44 openings.

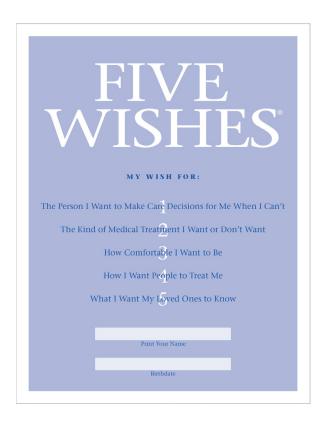
#### **Advanced Care Directives**

Submitted by: Chris Erickson, VPC Nurse

Only 30% of older adults have advanced care directives. Planning allows for wishes to be carried out. Planning is never too early. Advanced care directives or sometimes known as a living will, which includes Power of Attorney (POA) for healthcare, mental health and financial. These three are needed in the state of Arizona. POAs can represent your wishes when you are unable to do so.

Azhdr.org website, under toolkit, and getting started with advanced directives will provide you with education and support as you walk through the process of selecting a POA and creating your own wishes. Arizona provides support in this process, please visit the website azhdr.org for more information.

Another guide is that of the Five Wishes. Talking with your loved ones, family, and physician can be overwhelming. The Five Wishes booklet guides you through a user-friendly system of multiple choice. This resource is located by the Parish Nurse' office. Please take this resource and information to assist you with the Advanced Care Directive process.





# CLERK'S CORNER

MAUREEN RAMSAY, CLERK OF SESSION

# **Prayer Square Ministry**

This is a ministry that is near and dear to my heart since I brought the idea of prayer squares to the prayer ministry group in early 2023. I had been making prayer shawls and wanted to find a way to allow people to take a little prayer shawl with them. I found the idea of a pocket prayer shawl or prayer square online. There were websites from other churches that were sending pocket prayer squares to our military personnel overseas since they could be put in a helmet or pocket. My husband Chuck and I developed the prayer poem and prayer guide from other examples.

The prayer group felt that a little knitted or crocheted square could be something that people would be able to keep with them to remember that there are people who care about them and are praying for them. They have been made with different designs and patterns, including crosses, hearts, stars, peace symbols, the words LOVE, HOPE, PRAY, KIND, animals such as owls, frogs, butterflies, ladybugs, dragonflies, elephants, geckos, flamingos, holiday symbols, and many more. To date, there have been over 2,500 pocket prayer squares made. They have been sent all over the country and the world and have touched countless hearts and eased the pain of many. Our prayer square ministry has inspired other churches to start their own prayer square ministry.

In our church alone, prayer squares made with Kay's yarn donated by Dick Davison, were given to her family at her memorial; owl prayer squares were handed out at VBS; animal and soccer ball squares were sent with the Samaritan's Purse Christmas boxes and given to the children at St. Andrew's clinic at their Christmas party; prayer squares with peace symbols, Star of David, and menorah shapes were distributed at the December ecumenical prayer service. They were given to participants at the Presbytery De Cristo and Women's Presbytery meetings here in April. People have taken a pocket prayer square with them to surgery; had it with them at a loved one's bedside; and given them to perfect strangers who need comfort.

We are awed and strengthened by seeing the power of God's healing brought to so many all over the world with a small pocket prayer square and we cannot wait to see where this ministry will take us in the future. The prayer squares are available at the welcome centers and in the church office or you can contact me. Please take some to give or send to loved ones who you think could need some encouragement and prayer.

To continue this ministry, we need people to help us make prayer squares. The more people we have making squares, the more people we can reach. It is a simple way to spread the word of God's healing power. Please contact the church office or Maureen Ramsay at <a href="mailto:msramsay96@gmail.com">msramsay96@gmail.com</a> if you can help in any way or if you would like the patterns to share with others. Together, we can make a difference!



There has certainly been a change from the past, from what we know to an uncertainty of costs, housing, food and other basic needs. We currently face housing issues, transportation issues social isolation, and food insecurity/nutrition, as well as education, access to healthcare and sanitation. These are basic needs, a few more have been added. Valley Assistance Services is collaborating with other organizations to assist those in our communities with basic needs, Our Back Two Basic awareness program is being developed to ensure that all residents have assistance, know the resources, and have the support.

These calls have increased at our agency and in our community. Stabilation of basic needs is critical at this time. Unfortunately, these needs surface across all ages, races, genders, and all socioeconomic levels. The ripple effect of not meeting basic needs grows each day someone is struggling.

Our dedicated staff and volunteers work tirelessly to assist with basic needs, but we can't do it alone. We urgently need your support to bridge the gap between dwindling resources and the growing need for assistance, especially with basic needs. Your donation and support will make a difference in the lives of many, families and older adults, in our communities in several ways:

Your contribution can help provide safe and stable housing, preventing homelessness and ensuring they have a secure place to call home, through our MAP program.

Many older adults are struggling to afford basic necessities like groceries and transportation. Your donation will help us keep food on their table and their health in check, with our RN advocacy programs, and SNAP and benefit full-service assistance. Your support will enable us to continue to offer transportation to those disabled, to their medical appointments, grocery shopping, and other necessary and critical appointments that assist with basic needs.

By donating to Valley Assistance Services today, you're providing hope, security, and dignity to those in our communities who need it most. In consideration of your support, please note that Valley Assistance Services (VAS) is a Qualifying Charitable organization for the AZ Charitable Tax Credits. When you donate to VAS, you can claim a dollar-for-dollar tax credit on your Arizona made to Qualifying Charitable Organization is \$421 for single, individuals, married filled separately, or head of household taxpayers, and \$841 for married filling jointly taxpayers.

## May 2024

Kay's visit to the Clinic on April 4 found it busy with about 82 children and accompanying families. Many were happily playing, awaiting scheduled appointments. A few others were sad or angry with the wait. Parents help to comfort their children.

Laura Romero, the Executive Director, has submitted a grant to VPC to use with recently acquired funds.



Kay Brower presenting Laura Romero the check for \$11,300.



Volunteers passed around cookies to make the wait more comfortable.

Laura Romero, her staff and volunteers are now providing tours of the Clinic to interested individuals. Kay will be going to the Clinic on May 2, leaving the church at 9:00. Call Kay, 573-552-2313, to join a tour May 2 or June 6 (there is no July tour) and get a chance to see the actual services the Clinic provides for children in need.



Above picture are children enjoying playing with bubbles.



Mothers helping and comforting their children.





# Senior Lunch Program

Submitted by Regina Ford, Development specialist.

The La Posada Community Center and its ongoing Senior Lunch program is one of the many ways La Posada Community Services continues to help the Greater Green Valley community.

Carla and Diana, the Community Center staff members handling the Senior Lunch, admit that one of their greatest joys is the ability to have a positive impact on people's lives each and every day. Diana greets the Senior Lunch participants by name and enjoys chatting and learning about their grandchildren or other family members.

Carla frequently calls to check on participants after medical issues have prevented them from attending lunch at the Community Center. Carla and Diana play special surprises like games and word puzzles, as well as providing birthday and holiday cards with the meals.

The Community Center hosts a variety of groups for meetings, entertainment and educational activities. Groups like La Frontera Western History Group, TOPS (Take Pounds Off), the Desert Ukes (a local ukulele group), and the La Posada Readers Theater meet regularly and the number of groups utilizing this spacious facility is growing. The Community Center is offering socialization, education, volunteer opportunities, health and wellness support and a chance to make friends, thus enhancing the well-being of those we serve.

Exciting day trips are available too.

The Senior Lunch program and day trips require advance registration. Call Carla or Diana at 520-393-6814 or email: ccastenda@casagv.org. For Community Center questions and rental Information, contact Vicki at 520-393-6800.

# THURSDAYS DURING THE SUMMER

# Hs Just FELLOWSHIP Lunch

Sign-up Sunday, to be one of the lucky 12 to participate in the "It's Just Fellowship Lunch"



780 S PARK CENTRE AVE

# PRESBYTERIAN MISSION

#### **More Readers Needed!**

Anyone with access to the internet on their phone or computer can type in bobandkristi.blogspot.com and have access to read a missionary's diary. Consider following the real-life story of Bob and Kristi Rice who share on a weekly basis the story of God working in their life in the blog. Below is a small portion of one of their stories.

Submitted by: Doug Clark

#### **Pouring Water on New Plants**

This time of year, Uror county is dry and brown, with small scattered trees. Cows have been taken some distance away from the towns to find grass and water. The dry season is nearly over, so people are preparing their fields for when the rains come. But there is pervasive fear and struggle for hope, because of the fear of being attacked in rural areas. The people of Uror have suffered numerous attacks in recent years by some from a neighboring tribe who steal cattle, kidnap women and children, and sometimes kill people. Many have been displaced in the attacks, even after they were recovering from the war and devastation of 2013.



A bore-hole for getting water requires hours of waiting in line

One of the highlights for me was the experience gained for 2 of our new facilitators. Rev. Michael Char was trained in 2022 as a facilitator, but because he lived in a remote area he did not have a team to work with to conduct workshops. This was a good opportunity for him to return to the area where he was born and to get some practice in teaching. Rev. Yagub was just trained last year and has helped to facilitate one workshop in Juba. They both worked hard to master the content and the dramas and they were encouraged as they saw people grasping these important truths about God's love and power to heal our hearts.

Knowing the deep loss and pain that participants had experienced, it was moving to see them nailing their papers to the cross, representing giving over that pain to God. We stood together in a circle and watched the papers burn, singing and praying our thanks to God for shouldering those burdens from us. The following morning, a few people shared that they had been able to sleep peacefully for the first time in years, or that their heart finally felt at peace. "My soul finds rest in God alone, my salvation comes from Him." I love seeing Psalm 62 come to life!

As our team debriefed after the workshop, one person said that this workshop was like "pouring water on new plants". It was important for growth but would require more water and time to truly see the change and the growth. Please pray for the people of Yuai, that God's Spirit continues to bring healing and peace.

The past blogs read like a real life novel, chronicling God in action through the writings of Bob and Kristi Rice. Please join me in following and praying for our missionaries and let me know if you have joined the blog brigade by emailing me <a href="mailto:douglasclark68@me.com">douglasclark68@me.com</a>.



# Nogales Crossroads Mission

Submitted by: Linda Walter, Crossroads Liaison

Crossroads Nogales Mission strives to offer a transformative quality of life through their full range of opportunities and programs, including:

- Food for over 35,000 men/women/families annually
- Daily Church service and meal
- Celebrate recovery program
- A domestic violence shelter for women/children
- Free lunches six days a week for the needy
- Free dinners for families of the community on Thanksgiving, Christmas, Easter, Mother's Day, and Father's Day
- Bible clubs for children

Crossroads Nogales Mission on-going needs:

- Non-perishable food items:
  - o canned soups
  - canned vegetables
  - o tuna
  - o chili
  - o pasta
  - o rice
  - beans
- Homeless shelters and residents:
  - Clothing/shoes (adult, youth, baby)
  - Bed linens twin size (sheets, blankets, comforters)
  - Toiletries (shampoo, conditioner, body wash, toothpaste, toothbrushes, mouth wash)
  - Baby wipes, diapers
  - Books (Spanish)

Items can be turned in at the Crossroads table on the second Sunday of the month or dropped off at the Missions collection table in the corner by the Custodian Office.

visit Crossroads website at crossroadmissionnogales.org





#### Submitted by: Kylene Joplin, Mission Committee Liaison



Please, no pre-opened items – All food must be in original package • Food bank regulations do not allow us to accept prescriptions.

For distribution we can accept canned food up to 1 year past date on can and up to 6 months past date on packaged food.





Artwork by Serenity, age 10





#### **NEW HOME: 2525 N Country Club Road**

Submitted by Mary Horn, Mission Committee Liaison to YOTO

#### Do You Hear The Bells?

# Listen and Look as you Walk into Church

Four Ben's Bells have been hung (THANK YOU, JIM LURING!!) in the trees near both front entrances. These Ben's Bells are a "special edition" to celebrate YOUTH ON THEIR OWN's new HOME on Country Club Road in Tucson!!

Ben's Bells is an organization in Tucson that uses crafted pottery to spread the message: BE KIND! Our bells have that slogan on them, and they are in the shape of STARS which is part of YOTO's logo! The bells are also in PURPLE and YELLOW which are YOTO's colors!!

#### THANK YOU FOR ALL THE SUPPORT YOU GIVE

#### TO THE STUDENTS AT

## YOUTH ON THEIR OWN!!!!









# May Birthdays

# First Name Last Name Birthday

Barbara	Dittmer	May 01
Martha	Jump	May 01 Over 90
Ruth	Morris	May 01 Over 90
Bill	McGrath	May 03
Cheryl	Conner	May 04
Peggi	Briggs	May 06
Gary	Heintz	May 06
Pam	Karbowsky	May 06
Rod	Lichtenberger	May 06
Catherine C.	Williams	May 06
Geri	Berry	May 08
Inky	Cadora	May 09
Bill	Wheeler	May 09
Paul	Stuempfig	May II
Ann	Stockdale	May 12

# May Birthdays

# First Name Last Name Birthday

Margot	Elsner	May 14
Jan	Farrington	May 14
Roger	Hicks	May 17
Sharyl	Mennenga	May 17
Su	Van Valen	May 17
Ted	Smith	May 18
Dick	Christensen	May 19
Kris	McGrath	May 19
Ginny	Donald	May 20
Janet	Harnish	May 20
Kim	Moss	May 20
Etta	Stratton	May 20 Turning 100
Kenneth	Taft	May 20
Patti	Bright	May 21
Judy	Stevenson	May 21
Jan	Agner	May 22
Barb	Case	May 23 Turning 90
Jo	Gibson	May 23
George	Higginson	May 23
Jay	Messerschmidt	May 23

# May Birthdays

# First Name Last Name Birthday

Janet	Wagner	May 24 Over 90
David	Luck	May 26
Linda	Walter	May 26
Kris	McFall	May 27
Jan	Panhuis	May 27
Lois	Blacker	May 28 Over 90
Sandy	Clark	May 28
Nickie	Goss	May 28
Wanita	Marshall	May 28 Over 90
Phyllis	Nutting	May 28 Over 90
Bill	Koshollek	May 29
Parkie	Copeland	May 30 Over 90
Ellie	Higginson	May 30

•		Valley Pr	Valley Presbyterian Church May	1y 2024		•
Sun	Mon	Tue	Wed	Thu	Ë	Sat
			1 9:00am Men's Bible Study 9:00am Parkinson's Chair Exercise 10:00am Chair Exercise 2:00pm Valley Ringers 3:00pm Choir Rehearsal	2 4:00pm National Day of Prayer	3 9:00am Parkinson's Chair Exercise 11:00am Piano Tuning 11:00am Parkinsons Support group Potluck 1:00pm Journey Through Grief	4 8:00am Communion Prep 12:00pm Civic Orchestra of Tucson Concert
5 Food Bank Sunday 9:30am Worship Service 9:45am Children's Sunday School	6 9:00am Parkinson's Chair Exercises 9:00am Patio Sale Coordinating Team Meeting 9:30am Mission Quilters 1:00pm Bible Reflections	7 9:00am Cardio Drumming 9:00am Women's Cord. Team 9:30am Prayer Ministry 1:00pm Journey Through Grief 1:30pm Buildings and Grounds	8 9:00am Deacon Meeting 9:00am Men's Bible Study 9:00am Parkinson's Chair Exercise 10:00am Chair Exercise 1:00pm Membership & Outreach 1:00pm Wiriam Circle 2:00pm Valley Ringers 3:00pm Choir Rehearsal	9 8:00am Patio Sale Sort 9:00am Valley Galley Lunch Prep. 10:00am Personnel Committee	10 9:00am Parkinson's Chair Exercise 9:00am Stephen Ministry 9:00am Valley Galley prep for Lunch at VAS 1:00pm Journey Through Grief	11
12 Mother's Day Nogales Crossroads Sunday 9:30am Worship Service 9:45am Children's Sunday School	13 9:00am Parkinson's Chair Exercises 9:30am Valley Fibers Arts Guild 2:00pm Gifts and Memorial	14 8:45am Mission Committee 9:00am Cardio Drumming 9:30am Faith Formation 9:30am Prayer Ministry 1:00pm Patio Sale Coordinating Team Meeting 1:00pm Journey Through Grief	9:00am Parkinson's Chair Exercise 10:00am Chair Exercise 1:15pm Presby Nom Meeting Zoom 2:00pm Valley Ringers 3:00pm Choir Rehearsal	9:00am Blood Drive	9:00am Parkinson's Chair Exercise 1:00pm Journey Through Grief	18
19 YOTO Sunday 9:30am Worship Service 9:45am Children's Sunday School	20 9:00am Parkinson's Chair Exercises 9:30am VPC Quilters 1:00pm Bible Reflections 1:00pm Women's Lunch Prep 2:00pm Valley Readers 3:00pm Ruth Circle	21 9:00am Cardio Drumming 9:30am Prayer Ministry 11:30am Women's Ministry Luncheon 1:00pm Journey Through Grief	9:00am Parkinson's Chair Exercise 10:00am Chair Exercise 2:00pm Valley Ringers 3:00pm Choir Rehearsal	23 8:30am Session Meeting	24 9:00am Parkinson's Chair Exercises 1:00pm Journey Through Grief	25
26 9:30am Worship Service 9:45am Children's Sunday School	27 Memorial Day" Office is Closed	28 9:00am Cardio Drumming 9:30am Prayer Ministry	29 9:00am Parkinson's Chair Exercises 10:00am Chair Exercise 2:00pm Valley Ringers 3:00pm Choir Rehearsal	30	31 9:00am Parkinson's Chair Exercises	