

Valley Voice

A Fun Church

Recently I was describing our Alleluias transforming into a symbol of the resurrection and someone said, "So, we are becoming a fun Church?" God, I hope so. The good news of the Gospel of Jesus Christ is not supposed to be an, "O yes, of course I know that" but an, "Ah ha" or even better, "Oho!" of surprise, joy and laughter! Life can be hard, and life can be isolating and lonely; there is no reason our worship be dour. In one church we celebrated lots and lots of weddings and infant baptisms, which meant we had regular celebrations of joy. In a region of +55 HOAs we probably will not have as many of those, but we can still celebrate life and joy and faith in God. Instead of burials we have interments for ashes, instead of funerals may we have memorials lifting up the loves and faith of this person's life! In the Book of Acts, Paul visited the home of Tabitha as everyone was weeping, and Paul prayed that she be raised up, where Paul helped them to celebrate all the crafts and wares she had made. That is one of our goals. Will there be struggles, of course, anything worth having is worth fighting for, but let us be known far and wide as a church who loves coming together for communion, singing, and ministering to the world in Jesus Christ.

See you in Church!

Craig Lindsey

10 Questions to Ask Yourself During Lent

Back in November, one of our church members gave me a book by a young author, Rachel Held Evans. I loved the book (*Searching for Sunday*), and became intrigued by this author. I was distressed to learn that she had passed away last May at the young age of 37, a mother of two small children.

Recently I went to Rachel's webpage and began to read her blogs and articles. I found one on Lent. Rachel wrote, "I've come to realize that Lent is about so much more than just 'giving up something.' It's about repentance, preparation, reflection, discipline, self-denial, and reevaluation."

I share with you her **10 Questions to Ask Yourself During Lent**. This Lenten season, will you, along with me, spend time with these questions as we prepare to walk with Jesus to the cross?

1. When I wake up on Resurrection Sunday morning, how will I be different?
2. Is there a habit or sin in my life that repeatedly gets in the way of loving God with my whole heart or loving my neighbor as myself? How do I address that habit over the next 40 days?
3. Is there anyone in my life from whom I need to ask forgiveness or pursue reconciliation?
4. What practical steps can I take to carve out time for daily contemplation?
5. What spiritual discipline do I need to improve upon or want to try?
6. What are some things in my life that I tell myself I need but I don't?
7. Why am I giving this particular thing up? How does giving it up draw me closer to God and prepare me for Easter?
8. What am I going to tell myself when self-denial gets hard?
9. Is it necessary/helpful for me to share the nature of my fast with others or should I keep it private?
10. What do the ashes mean to me this year?

Diane

In this Issue

<u>Activities:</u>	Page
Casa Vida Nueva	5
Faith & Health	19
Friendship Kettle Dinner	4
Mission Breakfast	14
Patio Sale	3
Valley Readers	4
Volunteers Needed	8
Women's Ministries	4
<u>Faith Formation Classes:</u>	
The Inquisitors	13
Men's Bible Studies	12
Opportunities for Lent	13
<u>Pastor Messages:</u>	
Craig Lindsey	1
Diane Christopher	1
<u>Other Articles and Info:</u>	
The 40 Days of Lent	20
Bob and Kristi Rice Blog	17
Calendar and Birthdays	10
Church Information	20
Crossroads Mission	14-15
Email Communications	15
Financial Update	7
March Noisy Offering	7
Medical Minute	19
Milestones	20
New Church Directory	12
News of Note	19
One Great Hour of Sharing	2
Pam and Dave L	17
Promoted to Glory	20
Sanctuary Sound	18
Sermons this Month	20
Snack Bags for the Homeless	5
Stephen Ministry	17
Teaching an Old Dog	19
Welcome New Members	9
Wendy's Web	8
Who, Me a Caregiver?	18
YOTO Visit and Card-Making	6

One Great Hour of Sharing: A Special Presbyterian Offering

One Great Hour of Sharing is a special offering collected during the church season of Lent (February 26 - April 12).

Around the world, millions of people lack access to sustainable food sources, clean water, sanitation, education, and opportunity. One Great Hour of Sharing helps to improve the lives of people in these challenging situations. It is a way for us to share God's love with our neighbors in need.

There are three programs supported by One Great Hour of Sharing:

Presbyterian Disaster Assistance (PDA)

PDA works alongside communities as they recover and find hope after the devastation of natural or human-caused disasters, and support for refugees. Our church received support from PDA the weeks following the sudden death of our pastor, Larry DeLong. They were here walking by our side within days of his death, and several weeks later brought in counselors for the staff and congregation.

Presbyterian Hunger Program (PHP)

PHP takes action to alleviate hunger, care for creation, and the systemic causes of poverty so all may be fed.

Self-Development of People (SDOP)

SDOP invests in communities, responding to their experiences of oppression, poverty, and injustice and educates Presbyterians about the impact of these issues.

If you would like to give to One Great Hour of Sharing this Lenten season, there are special blue envelopes at the Welcome Centers. You can also use the white "Offering & Gifts" envelopes in the pew racks. Check the box that says, "Special Gift" and write, "One Great Hour of Sharing."

If you cannot locate these envelopes, write a check to Valley Presbyterian Church, and in the memo line write, "One Great Hour of Sharing."

Checks and offering envelopes can be placed in the offering plates during worship.

Thank you for opening your heart to share in ministries of justice, compassion, and joy through your support of One Great Hour of Sharing.

The Valley Voice is published each month. Please submit articles for consideration to notices@valleypres.net by the 15th of the prior month. Articles may be edited for style, length and content.

GIGANTIC PATIO SALE

Thursday, March 12 from 8:00 a.m. to 3:00p.m.

(\$5.00 Admission Thursday only)

Friday, March 13 from 8:00 to 3:00p.m.

Saturday, March 14 from 8:00a.m. to noon

(Bargain Day)

17,000 sq. ft. Of "Gently Used "Items



Furniture, Paintings, Housewares
Appliances, Dishes, Glassware,
Clothing, Tools, Electronics, Books,
Linens, Jewelry, Games,
Collectibles and so much more.



Cash or US checks only

Local delivery for small fee

[Valley Galley Food Truck](#) will be serving breakfast and lunch

All net proceeds go to support VPC'S area missions

Patio Sale Dates for 2020

Sorting takes place on Thursdays at 8:00 a.m.

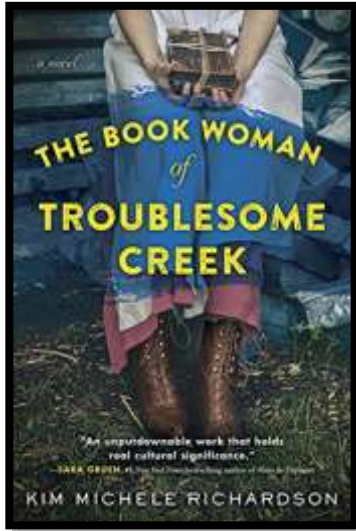
Sorting: March 5, April 9, May 14, June 11, July 9, August 13,
September 10, October 8, November 12, December 10

Patio Sale: March 12, 13 and 14 (set-up March 9-11)

Holiday Sale: November 20 & 21 (set-up November 18-19)

Valley Readers

Monday, March 23
2:00 p.m. in Classroom 1



One of the New Deal programs during the 1930s was the Pack Horse Library Project in rural Kentucky. A heartfelt homage to the program and the power of books, *The Book Woman of Troublesome Creek* by Kim Michele Richardson is the story of fictional character Cussy Mary Carter, who is also one of the “blue people” of Kentucky. As she attempts to reach the people of backcountry Appalachia with the transformative power of books, Cussy Mary has to confront disapproval and prejudice both for the color of her skin and the job she’s trying to perform. Join us for a discussion of this highly anticipated novel, led by Gee Gee Smith. Contact Anne Morrison for additional information at 520-399-0762.

Friendship Kettle Dinner

Sunday, March 15 at 5:00 p.m. in Fellowship Hall

John O’Loughlin, Guitar and Hootenanny style songs

Dinner: Corned beef and cabbage, potatoes, soda bread, and dessert.

Program: At 6:00 p.m., join us in the sanctuary to enjoy John playing the guitar and singing Hootenanny style revival songs. John is famous for his songs of parody including the hilarious; “Green Valley Golf Cart Man.”

Tickets: (\$13) will be on sale in Fellowship Hall prior to, and following, the services on Sundays, March 1 and 8.

Volunteers: The Kettle Dinner is always in need of volunteers to help with serving. If you are interested and can help, please sign up when you purchase your tickets.

Women’s Ministries March Luncheon Gathering

Tuesday, March 17 at 11:30 a.m.

Submitted by Anne Morrison, Women’s Ministries Moderator



Jeanne Osgood, educator, poetry enthusiast, and puppeteer, will be the presenter at the Women’s Ministries Gathering on March 17. She has created one-woman shows from the experiences and interests throughout her life. She and her alter-ego, Granny Goodheart, will share wisdom, goodness, truths, and happiness through stories and poetry. \$11 luncheon tickets will be on sale at the Women’s Ministries table on March 8 and 15. Come meet Jeanne and Granny and join in the fun!



Casa Vida Nueva para Niños, A.C. Home for Children (Orphanage)

To the world you may be one person, but to a child, you are the world.

Submitted by Reed Olson - Mission Committee



The next trip to the Home for Children in Nogales, Sonora, MX will be **March 14**. **PLEASE NOTE THIS DATE WAS STATED INCORRECTLY LAST MONTH.**

See Reed Olson after church in Fellowship Hall on March 1 or 8 to sign up and received the trip's details.

You may also contact Reed to sign up early: call 520-269-7829 or email: olsonr1@cox.net.

Snack Bags for the Homeless

Submitted by Mary Horn, Mission Committee Representative (520-282-1390)



On Tuesday, February 11, our Mission Committee, along with several welcomed volunteers, met to fill Snack Bags for the Homeless. Our congregation generously provided the supplies and monetary donations to purchase extra needed items. We made up 125 bags: 32 were taken by our congregation on Sunday, February 16 to distribute to the needy; 93 were delivered on Monday, February 17 to the Hospitality House of the Salvation Army.

Thank you for your help in making our Snack Bags project a success!





Submitted by Mary Horn - Mission Committee Liaison to Youth on Their Own

An Opportunity to visit Youth On Their Own

1660 N. Alvernon Way, Tucson

Monday, March 23 at 9:00 a.m.

On March 23, we will have our own tour of YOUTH ON THEIR OWN for Valley Presbyterian Church and friends! We will plan to meet in the church parking lot at 9:00 a.m. and carpool. Our tour of YOTO will begin at 10:00 a.m. and last until 11:30. We'll plan to stop for lunch on the way home.

There will be a sign-up table in Charter Hall after the service on Sunday, March 15. Stop by to join the tour or ask questions! Or, if you are interested, please call or email Mary Horn at 520-282-1390 or mmhorn@me.com.



Inspirational Card-Making for YOTO Students

Wednesday, March 25 from 1:00 - 3:45 p.m. in Classroom 1.

Come join us on Wednesday, March 25 at church in Classroom 1. We will create cards of encouragement to accompany monthly stipend checks for the YOTO kids. In February, we made 140 cards! Feel free to come when you can and stay as long as you can. Hope to see you there!



Financial Update

Submitted by Annie Stitt

(Based on financial data through January 2020)

The Finance Committee met on February 19 to receive the final adjusted December 31, 2019 financial statements and to review financial activity through January. The adjusted December 31, 2019 still maintains a positive surplus of \$43,065, which has been transferred to the operating reserve as approved in January. Changes occurred from our reporting in February because there were some revenue items recorded in the general operating fund that actually belong to other funds. Minor adjustments were expected last month.

The first month of this fiscal year keeps us in a positive position. In the following report, we have defined "Giving Support" as contributions for current operations and "Other Support" as Patio Sale Fund or other Funds support for operations, investment income, fees for services (memorials, events, concerts etc.).

	<u>Year-to-Date</u>	<u>Budget</u>	<u>Variance</u>
Giving support	\$ 73,838	\$ 76,064	(\$ 2,226)
Per Capita support	5,795	6,000	(205)
Other support	<u>821</u>	<u>358</u>	<u>463</u>
Total support	80,454	82,422	(1,968)
Expenses	<u>78,513</u>	<u>74,978</u>	<u>(3,535)</u>
Net	<u>\$ 1,941</u>	<u>\$ 7,444</u>	<u>(\$ 5,503)</u>

This report shows that we are slightly behind the 2020 Budget, but this is very early in the year to make any projections on the forward status of the finances. As we make the monthly budgets from the approved annual budget, there may be fluctuations in monthly amounts that were based on monthly spending in 2019.

At our meeting, we received a request from the Patio Sale Committee to release the additional patio sale income from 2019 of \$7,500 to the Mission Committee for allocation to the missions we support at their discretion. This was approved and forwarded on to the Session for their information.

We reviewed various proposals for the ultimate purchase of the Solar System in 2023. After review, we have forwarded the information to Session and have submitted a motion to approve a capital campaign to raise money for that purchase.

March Noisy Offering



Save your loose change and loose bills for our next Noisy Offering for Posada Community Service on March 29 before our church service. Programs include Los Niños del Valle, a specialized pre-kindergarten program, intergenerational programs, adult day services, social opportunities and Senior Lunch, behavioral health services, and much more. The more noise the better for this Valley Presbyterian Church mission field.



This month, I would like to share a new thing that is being put into place here at VPC. As you will read in the article about Email Communications on page 15, we are taking steps to update our church database with accurate information for all of you. The "new thing" will help us keep your records as accurate as possible by providing you with a way to log into our church database so you can update your own information. Furthermore, at some point in the very near future we plan to add the option for all of members and regular attendees to be able to view contact information for each other using that login. This will serve as an online directory for our church. Sometime later this year we hope to add the ability to look at your pledging and giving as well. You can also view your attendance with this login.

For those of you who have provided an email address in our database, we will be sending an invitation with the subject line, "Create Your Valley Presbyterian Church Account." The email will contain a link in a green box which will take you to a page that asks you to add a username and password, and then it will log you into our database. If you encounter any messages or warnings, it is safe to proceed.

Once you are logged in, you will see your profile information. You can't edit everything in your profile, but if you place your mouse on the gray header for each section you will either see a padlock on the right side of that gray bar (which means you can't edit the information), or you will see the words "click to edit section" and you can click on that gray bar to make changes. Be sure to save your changes after entering them!

NOTE: in the CONTACT section you will see "Show More Options" under your address, phone, and email. Clicking on those words will open two options, one of which is "Make Private." If you click on the box next to "Make Private," that information will not show up in the online directory. You will still be listed in the online directory and the rest of your information will appear, but not those specific items you make private.

Also, there is a section called "Contact Preferences," (at the bottom of the left column) and if you edit that section you can completely prevent yourself from showing up in both the online directory and any printed directories at the church. If you choose not to be listed, you won't show up at all (unlike the Make Private option in the previous paragraph which only blocks specific pieces of information).

The invitations to create an account will go to the primary email address listed in your profile. If you do not wish to create a login you don't have to. If we don't have an email address for you and you want to have this login, please call the office, 625-5023, and provide an email address.

If you see information that you aren't allowed to edit but would like to have changed, please contact the church office and we will make those changes for you. You are always welcome to email me, wendyk@valleypres.net, if you run into problems or if you have questions about how this all works.

Volunteers Needed

VPC has need of someone to help with publicity and advertising what we are doing as the church in Green Valley. Are you this evangelist? We need a volunteer to contact the newspaper with announcements and regular ideas for articles. We need to make certain that an opportunity does not pass for us to tell God's story and share our good news. If you are interested, please contact the church office. Even if you are only in Arizona a week each year, much of publicity can now be done by telephone or internet. This is a fun position to share with our church and community the good stuff we are experiencing.

Welcome, New Members!



David Brubaker



Barb Brubaker



Will Campbell



Rob Pearson



Patricia Pearson



Elsie Ophorst



Pat Rice



Walt Stevenson



Judy Stevenson



Jim Van Valen



Su Van Valen



Carol Willie












Tim Wollin



Bonnie Wollin

Sun	Mon	Tue	Wed
1 Communion Food Bank Collection 8:30 Adult Sunday School 9:00 Worship & Communion at LaJoya 9:15 Kids Room 9:30 Service of Worship  Pam Coggins, Linda Kucera, Bob Lopes, Pat Sellars	2 9:00 Parkinson's Exercise 9:00 Peace & Justice Resource 9:00 Patio Sale All Volunteer Meeting 9:00 Mission Quilts 10:00 Chair Exercise Class 10:00 Patio Sale Volunteer Meeting 10:00 The Way 10:00 AAUW Board Meeting 2:00 Foundation - Annual Meeting  Nicole Raymond	3 8:00 Men's Bible Study (Silver Springs) 8:15 STAFF MEETING 8:30 WM Coordinating Team 9:30 Prayer Ministry 10:00 Bible Study Leadership Class 11:00 Network of Caring Team Meeting 1:00 The Way 1:30 Buildings & Grounds 4:00 Kettle Dinner Committee  Lillian Deyerberg	4 8:00 Ministry of Presence 9:00 Parkinson's Exercise 10:00 Chair Exercise Class 5:00 Taizé Service 6:00 The Way  Punky Griggs, Stu Howerter, Marcia Koshollek
8 Just Coffee 8:30 Adult Sunday School 9:15 Kids Room 9:30 Service of Worship	9 8:00 Patio Sale Set-up	10 8:00 Men's Bible Study (Silver Springs) 8:00 Patio Sale Set-up 8:15 STAFF MEETING  Dale Pryor	11 8:00 Patio Sale Set-up 8:15 Crossroads Mission 5:00 Taizé Service  George Boysen, Marilyn Kidd
15 8:30 Adult Sunday School 9:00 Worship at La Joya 9:15 Kids Room 9:30 Service of Worship 5:00 Friendship Kettle Dinner  Sue Neuman, Marla Warfield, John Wood	16 9:00 Parkinson's Exercise 10:00 Chair Exercise Class 10:00 The Way 10:00 Fellowship Committee 4:00 Ruth Circle 7:00 Green Valley Community Chorus  Shirley Pascal	17 8:00 Men's Bible Study (Silver Springs) 8:15 STAFF MEETING 8:30 Mission Committee 9:30 Prayer Ministry 11:00 Church Directory Photo Shoot 11:30 Women's Gathering Luncheon 1:00 The Way 2:30 Green Valley Community Chorus  Sandy Green, Steve Kepler	18 8:15 Crossroads Mission 9:00 Parkinson's Exercise 10:00 Chair Exercise Class 10:00 Church Directory 1:00 Miriam Circle 5:00 Taizé Service 6:00 The Way  Larry Briggs, Mary Lee Haas, John Hofman
22 Just Coffee 8:30 Adult Sunday School 9:15 Kids Room 9:30 Service of Worship 10:45 Blood Pressure Screening  Suzanne Bowers, Sheila Frahm, Don Moses, Katie Sayre	23 9:00 Parkinson's Exercise 9:00 VPC Trip to YOTO 10:00 Chair Exercise Class 10:00 The Way 2:00 Valley Readers  Caryl Thomas	24 8:00 Men's Bible Study (Silver Springs) 8:15 STAFF MEETING 9:00 Creative Hands 9:30 Prayer Ministry 11:00 Church Directory Photo Shoot 1:00 The Way 2:00 Valley Readers Group 2:00 Membership Committee 5:00 Patio Sale Appreciation Dinner	25 9:00 Parkinson's Exercise 10:00 Chair Exercise Class 10:00 Church Directory 1:00 Circle Meeting 1:00 Marion Circle 1:00 YOTO Card Making 5:00 Taizé Service 6:00 The Way  Margaret Hammel, Bonny Rudy
29 8:30 Adult Sunday School 9:15 Kids Room 9:30 Service of Worship  Lance Barker, Ed Farver	30 9:00 Parkinson's Exercise 9:00 Mission Quilts 10:00 Chair Exercise Class 10:00 The Way  Karen Bahnick, Jack Claton, Lynne Szabo	31 8:00 Men's Bible Study (Silver Springs) 8:15 STAFF MEETING 9:30 Prayer Ministry 11:00 Church Directory Photo Shoot 1:00 The Way  Chris Fleischmann, Sherry Thompson	

	Thu	Fri	Sat
	5 8:00 Patio Sale Sorting 9:30 Congregational Care Leaders 10:00 By My Side Chorus 1:00 Alzheimer's Assn Support Group 3:30 Choir Practice  Don Groendyk, Jim Mills	6 CHURCH OFFICE CLOSED 9:00 Parkinson's Exercise 10:00 Chair Exercise Class 11:30 Valley Ringers 1:00 Bring in Sewing Stuff for Patio Sale 1:30 The Inquisitors - Early Christianity 2:00 The Way (at La Posada)  Bill Streng	7 8:00 Patio Sale Set-up
Lunch Prep	12 8:00 Patio Sale 3:30 Choir Practice  John McPherson, Sue Wilson	13 CHURCH OFFICE CLOSED 8:00 Patio Sale 2:00 The Way (at La Posada)  Cheryl Cooper, Sandy Vold	14 8:00 Patio Sale
Lunch Prep Photo Shoot	19 10:00 By My Side Chorus 1:00 Worship Committee 1:00 Alzheimer's Assn Support Group 1:00 Genealogical Society 3:30 Choir Practice  Dot Hofman, Joann Meigs, Lillian Reber, Joan Richards, Dianne Steinacker	20 CHURCH OFFICE CLOSED 9:00 Parkinson's Exercise 10:00 Chair Exercise Class 10:00 Parkinson's Board Meeting 10:00 Church Directory Photo Shoot 11:30 Valley Ringers 1:30 The Inquisitors - Early Christianity 2:00 The Way (at La Posada) 7:00 Music in the Valley	21  Richard Bushong, Dick Davison, Jean Stewart, Robert M. Williams
Photo Shoot	26 8:30 Session Meeting 10:00 By My Side Chorus 10:00 Church Directory Photo Shoot 3:30 Choir Practice  Ken Frahm, Jamie Reed	27 CHURCH OFFICE CLOSED 9:00 Parkinson's Exercise 9:00 Stephen Ministry Retreat 10:00 Chair Exercise Class 10:00 New Church Directory Photo Shoot 11:30 Valley Ringers 1:30 The Inquisitors - Early Christianity 2:00 The Way (at La Posada) 7:00 True Concord Voices & Orchestra  Anne Moore	28 8:30 Mission Fellowship Breakfast  Karen Brooks, Katy Danhof

March 2020

Community Connection Directory Photo Session This Month



Our Directory Table will be open following worship services throughout the month where you can book an appointment, ask a question, and get further information.

Our appointments are filling up quickly, don't be left out!

Option 1: Make your appointment on-line.

Go to the church's website: www.valleypresbyterian.net. On the home page, click on the special link and follow the directions. You should receive a confirmation via email. This is our preferred method because you can look at all the available, open days and times when making a choice. The site will be available any time, day or night, except when we close it on Sunday mornings while we are getting requests through paper.

Option 2: Make your appointment following worship. We will have a table open following each worship service. We'll have sheets for each day and a spot for each appointment time. Be sure to bring your calendars to church!

The Directory is for everyone - feel welcome to participate.



Faith Formation

Men's Weekday Bible Studies

Tuesdays at 8:00 a.m. and Wednesdays at 9:00 a.m.

***Two church-sponsored men's groups meet during the week,
and they would be glad to have you join them!***

The first group meets on Tuesday mornings at 8:00 a.m. They are now reviewing *Traveling Light* by Max Lucado. A group of six men meet in the Media Room of the Silver Springs Retirement Community for fellowship, study, and an all-around lively discussion. Anyone interested may join. Dave Tompkins is the leader (399-3500).

The second group, with about six to thirteen men attending each week, meets every Wednesday at 9:00 a.m. They meet at the church for one hour in classroom 1. The group is facilitated by Larry Phillips (777-8027), but focuses on group discussion. They use the NavPress Life Change Series study guide. They are studying Paul's letter to the Colossians. Join the group any time to participate in the discussion or just to listen. In either case, your presence will be welcomed. Lessons are self-contained so feel free to join the group when able.



Faith Formation

The Inquisitors

New Topic: Lives of Great Christians

Beginning March 20, Fridays at 1:30 p.m. in Classroom 1

Beginning Friday, March 20, the Inquisitors will begin a twelve week study of the **Lives of Great Christians**. The **Lives of Great Christians** will introduce you to some of Christianity's luminaries. You will know once you meet them why they are great, and you will be interested and inspired by the many ways they found to live lives of faith.



You will stand spellbound in the crowd, listening to Bernardino and Augustine preach and teach. You will visit the solitary cells and see the visions of Bernard, Clare, and Catherine. You will witness the negotiations as Gregory VII and Leo IX reform the Church. You will hear the verdict of heresy against John Hus and Martin Luther. You will cross the Egyptian desert to seek the wisdom of Antony, and you will keep company with saints, missionaries, and martyrs. And as you do, you will learn what Christians believe, how that belief has shaped world history, and what these stewards of faith can tell us today. Be ready to join us on this inspiring journey.

Opportunities for Lent

“The Way” by Adam Hamilton - A Lenten Class

Travel with Adam Hamilton as he retraces the life and ministry of Jesus Christ. Fascinating video from his personal travels to the Holy Land give you a “first-person” experience while his biblical wisdom and historical knowledge provide thoughtful and insightful commentary.

Choose your day of the week: (No classes the week of the Patio Sale except at LaPosada)

Mondays at 10:00 a.m.: March 2, 16, 23, 30, April 6

Facilitated by April Boysen in the Spiritual Life Center.

Tuesdays at 1:00 p.m.: March 3, 17, 24, 31, April 7

Facilitated by Barb Streng in Classroom 5.

Wednesdays at 6:00 p.m.: March 4, 18, 25, April 1, 8

Facilitated by Marcia McDonald in Classroom 5.

Fridays at 2:00 p.m.: March 6, 13, 20, 27, April 3

Facilitated by various teachers in the Zuni Room in the LaPerla Building at LaPosada.

Books are \$10 and are available in the classroom.

“Hope-Full Living” - A Lenten Devotional

FREE

Available at the Welcome Centers.

Children’s version also available in The Kid’s Room.

Taizé Worship

5 p.m. in the Spiritual Life Center

Wednesdays in Lent: March 4, 11, 18, 25, April 1, 8

Taizé worship is followed by a simple Lenten meal of soup and bread.

Crossroads Nogales Mission Breakfast News

Submitted by Joan Bolin

The February 22 Crossroads Mission breakfast was a huge success with about 80 in attendance.

After a delicious breakfast prepared and served by our church volunteers, Doug Clark introduced Crossroads founders, Ben and Bert Wenke. Bert sang a beautiful song and Ben gave their goodbye speech. Ben and Bert retire at the end of February, which has been moved up from the May 1st date because Ben needs shoulder surgery.

Ben introduced the new Crossroads Mission directors, Pastor David and Liz Lopez, and their three children. Pastor David talked about the plans they have for Crossroads. Liz will be primarily working at the women and children's transitional house.

Pastor David stated they hope to start serving breakfast and lunch at Crossroads during the summer months while the children are out of school.

Pastor David reported Crossroads Mission is the only shelter left in Nogales, Arizona. With the support of many churches and individuals giving of their time and money, Crossroads has managed, and continues, to grow. They ask for your prayers.

Help is needed for Crossroads Easter Luncheon, April 4, 2020, 9:00 a.m. - 2:00 p.m. They need volunteers to assist with set-up, clean-up, serve meals, and prepare for the Easter egg hunt. Call their office (520-287-5828) if you want more information or to volunteer.

Pictured below are Ben and Bert Wenke (retired), and Pastor David and Liz Lopez (new directors).



Mission Breakfast - Food Bank of Green Valley

March 28 at 8:30 a.m. in Fellowship Hall

Is food insecurity in Green Valley a growing problem? What percentages of our population are dependent on our Green Valley Food Bank for food? What additional services does our food bank provide? Are seniors a focus? What service area does the Food Bank of Green Valley include? What is Valley Presbyterian Church's role in this mission field?

Come March 28 at 8:30 a.m. in Fellowship Hall to be informed, inspired, and see how God is working through this mission program. Listen to Debby Acuna, Resource Manager Community Food Bank For Food, as she answers these questions and more. Tickets are available for \$5 on March 15 and 22 in Fellowship Hall after worship.

Crossroads Mission, Nogales, Arizona

Submitted by Joan Bolin

Crossroads is still feeding the needy a hot lunch every day. Our church is responsible for having four volunteers travel down to Crossroads to prepare and serve a lunch on the second and third Wednesdays of each month. The group leaves the church at 8:30 a.m. and usually returns by 1:30 p.m. If you would like to volunteer for the lunch preparation please contact Joan Bolin, 206-465-3944. We especially need summer help.

See pictures below for the volunteers who went to Crossroads the month of February, 2020.



2-12-2020: Jan Sullivan, Sharon Park, Joan Bolin and Laurie Brown in Crossroads' kitchen after making spaghetti, fruit cups, green beans, rolls, and cookies, and serving it to 50 people who came to Crossroads that day.



2-19-2020: Sandy Gourley, Nickie Goss, Jan Sullivan and Mary Macloskey in Crossroads' kitchen after making meat loaf, mac and cheese, beans, rolls, and cake, and serving it to 70 people who came to Crossroads that day.

Email Communications

Judy Christensen and Wendy Kopera

Everybody agrees good communications are very important in any modern organization, especially for a growing and vibrant congregation like Valley. As Pastor Craig reminds us each Sunday morning, we have a lot going on. In 2020, nearly everyone has an email address and checks for new mail frequently. At Valley, we hope to keep you up to date through our weekly e-blast and monthly Valley Voice newsletter.

We are also doing a major update to our church database, in part due to the new photo directory, but also to ensure we have correct information for everyone. As part of this update we will make sure everyone receives our weekly e-blast and monthly newsletter. Those who have unsubscribed from those emailed publications in the past will remain unsubscribed, and anyone who wishes to unsubscribe going forward can easily do so by scrolling to the bottom of one of these emails and clicking on the link to "unsubscribe from this list." The e-blast and newsletter are two separate lists so you can unsubscribe from one without unsubscribing from the other.

If you are not receiving our e-publications, you can also subscribe by going to the church website: valleypresbyterian.net; click on News and Events; then choose Valley Voice Newsletter and/or Weekly E-Blast and fill in your name and email address.

More Blog Readers Wanted (15 and Counting - Note #15!)

Submitted by Doug Clark

A blog reader is anyone with access to a computer who can type in “bobandkristi.blogspot.com.” Have you ever wanted to read a missionary’s diary? Consider reading the real-life story of Bob and Kristi Rice, who share, on a weekly basis, the story of God working in their lives.

“Praying in Hope”



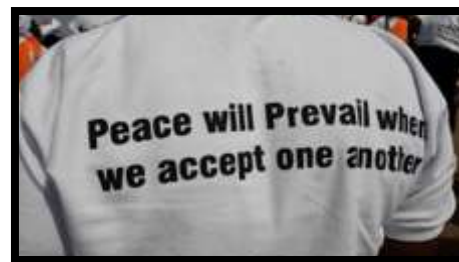
Women kneeling in prayer on the road

We knelt on the pavement, three long lines of women. One woman at a time led in prayer, acknowledging our need and crying out for God’s intervention in South Sudan. The rest of us joined in, praying silently or quietly, and I could feel the collective passion as we publicly prayed together. Women from different denominations took turns leading specific prayers – for soldiers who are hungry and underpaid, for youth who are sucked into the gang and drug culture, for leaders implementing the peace agreement, for the economy and jobs, and for our churches and families. It was about ten o’clock in the morning, but

the sun was already hot. Lively worship interspersed the times of prayer, and several women who had been passing by got in line to join the prayers.

After praying and singing at the starting point for nearly an hour, we marched about 2 miles on a narrow dirt road to a village called Kwarijic, singing along the way and stopping three times to pray. A woman washing clothes in the stream waved in encouragement as we passed, and barefoot women carrying bundles of long sticks on their heads smiled in greeting.

We gathered in the village’s Catholic Church, encouraged by a word from the local priest about prayer connecting us to God’s infinite power. The women’s theme this year is Romans 12:12 “Be joyful in hope, patient in affliction, faithful in prayer.” These women reflect that verse well – I was encouraged by the hope expressed, rooted in faith and God’s faithfulness. One woman exhorted everyone to get up at 1 A.M. to pray – because that was an hour when they could find quiet and focus. When I was invited to give a word of greeting, I told them that they are an example for us in America of commitment to prayer.



Agnes Wasuk, Director of Women’s programs at the South Sudan Council of Churches, has been organizing these ecumenical prayer gatherings for 6 years – a beautiful expression of unity and faith. For real change and healing in South Sudan, it will take not just the decisions of political leaders, but also the unity and commitment by people at the grassroots. After being away for six months, I was excited to join them again, especially because the increased atmosphere of peace around Juba meant that they could hold the prayers at a church outside of the city. When I reached home in the afternoon, my whole body felt tired, but I was energized and inspired by the sense of hope and grateful for the gift of joining these women in prayer.”

The past blogs read like a real-life novel, chronicling God in action through the writings of Bob and Kristi Rice. Please join me in following our missionaries, and let me know if you have joined the blog brigade by telling me in person, or emailing douglasclark68@me.com.

Operation Mobilisation - Pam & Dave L.

Dear Friends

Thanks so much for your continued prayer and standing with us. We have so many challenges and yet even greater opportunities in the nations where we are serving.

I just finished seven days of meetings for prayer, strategic planning and thinking for expanding our vision and faith to reach the least reached Muslim peoples in Iran, Tajikistan and Afghanistan where I (and Pam) have been serving and focusing for about 40 years since I joined in 1979.

On the one hand we can praise God because Iran has one of the fastest growing churches in the world, especially with people from Muslim background. We are guessing there could be about 1 million believers inside Iran now. Afghanistan has also begun to see breakthroughs as we never have seen before.

Pam and I had the privilege of pioneering the ministry of OM for God's kingdom in Tajikistan from 1991 to 2006. When we started, we only knew of five Tajik Christians and we were blessed to see this grow to about 3000, of course in cooperation with other ministries and with our teams. Yet, Afghanistan and Tajikistan are still so unreached.

Thank you again and many blessings,

Dave and Pam



Congregational Care

New Stephen Ministers/Leaders

Submitted by Helen Phillips



On March 8, 2020, we welcome and commission two new Stephen Ministers and two new Leaders. We didn't have a training class this year because God sent us three already trained Stephen Ministers as new members!

Lorna Corso spends winters in Green Valley and summers in Michigan. She was trained as a Stephen Minister three years ago in Elk Rapids, MI. She has done hospice volunteering and sings in the choir both here and in MI.

Linda Norman trained as a Stephen Minister seven years ago in Arkansas. She is full time in Green Valley after visiting here for eight years. She has served as a court advocate volunteer for young people. She enjoys quilting and tennis.

Jana Honerman moved from Denver last August. She trained as a counselor in her second career. She became a Stephen Minister in 2011 and a Stephen Leader in 2015. She enjoys reading, genealogy, camping, hiking, and was recently elected as a Deacon.

Pastor Craig Lindsey trained as a Stephen Leader in 1984 as an assistant pastor in Michigan. His other pastorates have not had the privilege of having Stephen Ministry, so he was excited to come to Valley with a well established program. He went to Stephen Leader training last month and is excited to help us grow Stephen Ministry here.

Sanctuary Sound

For years, there have been difficulties with our sound system in the Sanctuary. Therefore, we have brought in professional sound engineers, tested and experimented, consulted with past leaders and blueprints, and we have discovered some things. One of the two speakers was not putting out any sound at all! Plans that started at different times have not been followed through upon. Also, our sanctuary itself needs “tuning.” Our Session, Buildings and Grounds and Worship Committees, and pastors are working to address these complex problems. Please do not give up on us if the sound has been muddled, we are working to make everything more clear.



Congregational Care

Who, Me a Caregiver?

By Parish Nurse, Chris Erickson, RN, BA, CFCN

You may not think of yourself as a caregiver. You may feel you are doing something natural. You are just caring for someone you love. Some caregivers are family members. Others are friends.

Giving care can mean helping with daily needs. These include going to doctor visits, getting ready in the morning or evening, making meals, and picking up groceries or medications. It can also mean helping your loved one cope with feelings, when he or she feels sad or angry. Sometimes having someone to talk to is what your loved one needs most.

While giving care, it is normal to put your own needs and feelings aside, but putting your needs aside for a long time is not good for your health. Remember to take some time to take care of yourself.

It is common to feel stressed and overwhelmed at this time. Like your loved one, you may feel angry, sad, or worried. Try to share your feelings with others who can help you. It can help to talk about how you feel.

At Valley Presbyterian Church, you could talk to a pastor, the parish nurse, a Stephen Minister, or a counselor. You could also join the By My Side Chorus, where there is support, or another support group.* Caregiving can be a “36 hour a day activity” when caring for someone with Alzheimer’s, dementia/memory loss, or other chronic illnesses.

Asking for help helps your loved one and helps you to stay healthier and have more energy. You may feel too busy to think about your own health, but taking care of your body gives you strength, then you can take care of someone else. Keep up with your own health needs: go to all your checkups, get enough rest, exercise, eat healthy meals, take your prescribed medications, and make time to relax.

Making time for yourself can help you be a better caregiver. As a caregiver, try to remember to focus on your needs too, care for yourself while caring for your loved one, and make time for resting and relaxing.

*At Valley Presbyterian Church, By My Side Chorus not only shares singing but it shares support. There are also other caregiving support groups in the area, as well as an Alzheimer’s support group for caregivers on the first and third Thursday of each month at 1 p.m. here at VPC.

Information obtained by the National Institute of Health, Department of Health and Human Services, and National Cancer Institute.



News of Note



We so much appreciate your vibrant support for the Music In the Valley Concert Series. We are blessed to be able to continue this tradition and bring in musicians of high caliber to Green Valley. Our next concert is **Friday, March 20, at 7:00 p.m.** and is "Music Through Time," a jazz concert brought to us by students of the University of Arizona.

Thank you, thank you, thank you, for the way this congregation appreciates and supports music.



Congregational Care

Faith & Health and Parish Nurse News



Blood Pressure Screenings: You may have your blood pressure taken during the week, by appointment, with the Parish Nurse. **The next Sunday blood pressure screening will be on Sunday, March 22** right after Sunday worship services in the Sweet Family Room.

Movement & Exercise Classes Here at VPC:



- **Parkinson's Support/Exercise** meets Mondays, Wednesdays, and Fridays, 9 - 10 a.m. For more information, contact instructor Mia Cooper at 204-5264.
- **Chair Exercise** classes are on Mondays, Wednesdays, and Fridays, 10 - 11 a.m. There is a fee. For more information, contact instructor Mia Cooper at 204-5264.

Alzheimer's Support & Education at VPC: The Alzheimer's support group continues to meet on the first and third Thursdays of each month, from 1:00 - 2:30 p.m. in the Sweet Family Room. Support groups help us share feelings and concerns, and receive information. For more information, or to register, contact the Alzheimer's Association at (520) 322-6601.



By My Side Chorus has begun at VPC. This is a Joyful Chorus for those with mild cognitive impairment/memory loss (who live at home) and their care partners. Come and join us! 10 a.m. Thursday mornings. A special movie showing in March will take place. Please watch the bulletin for more details.



Healing Soup Meal: Please contact the church office or Congregational Care leaders if you know of someone who may need this meal.

What to watch for coming up:

Cardio drumming starting once a week coming soon.

Teaching an Old Dog

In 1984, Pastor Lindsey, as a newly ordained pastor, went to Stephens' Ministry Leadership Training and returned home to the church to begin creating this program. 36 years later, many things in the world have changed, so this old dog has gone for a retraining on new tricks of Stephens Ministry. We pray that upon his return new ideas and faith and relationships can be shared as we walk together.



Medical Minute

Boost your mood and self-esteem, sit upright.



Valley Presbyterian Church

2800 S Camino Del Sol
Green Valley, AZ 85622
(520) 625-5023

vpc-office@valleypres.net

www.valleypresbyterian.net

Member of Presbytery de Cristo in
The Synod of the Southwest,
Presbyterian Church (U.S.A.)

Pastors

Rev. Dr. Craig Lindsey,
Pastor/Head of Staff
Rev. Diane Christopher,
Pastor of Discipleship
Rev. Joe Hawkins,
Pastor Emeritus

Mission Statement

*To make Christ known
through reconciliation
while communicating
respect and love to all
people.*

Sunday Worship

Traditional Service of Worship

9:30 a.m. in the VPC Sanctuary

Communion served on first Sunday of each month

March 1	The Covenant with Adam	Rev. Craig Lindsey
March 8	The Covenant with Abram	Rev. Craig Lindsey
March 15	Jesus and the Woman at the Well	Rev. Craig Lindsey
March 22	Recognizing the Work of God	Rev. Diane Christopher
March 29	Raising Lazarus	Rev. Craig Lindsey

La Joya at La Posada

9:00 a.m. at La Joya

Communion served on the first Sunday of each month

March 1	Rev. Barbara Streng
March 15	Carol Wilking
March 29	Gee Gee Smith

Special Events

March 4, 11, 18, and 25 5:00 p.m. Lenten Taizé SLC



Promoted to Glory



January 25
February 19

Ruth Bishop
Fred Logan

The Forty Days of Lent

40 is one of those great Biblical numbers, 40 days and nights of flood, 40 years in wilderness, Jesus's Temptation. In the early Christian church, you did not join by "Letter of Transfer," instead for 40 days and nights you fasted and prayed, and each night an apostle came to teach you and talk with you about Jesus Christ. On the last night you were led to water's edge where you stripped your clothes, were baptized in the water, given a new name, and broke your fasting with the bread and wine of communion. During LENT we revisit that period in our lives, beginning on Ash Wednesday at noon with Pastor Diane, or 5 p.m. with Pastor Craig. We work our way through to Maundy Thursday when Jesus created the first Last Supper before his death and resurrection. During Lent, we will no longer use the word "alleluia" because this is a celebratory word of joy at the resurrection, and having abstained for 40 days on Easter our "alleluias" will become something. What might be that symbol of resurrection for us? Come to worship, come bring your friends to be part of the church and see.



SPECIAL BIRTHDAY MILESTONES!

Special birthday greetings to Dot Hoffman (3/19) as she celebrates her 90th birthday this month.

