

# THE VALLEY VOICE

VALLEY PRESBYTERIAN CHURCH February 2023



## The Season of Lent

Submitted by: Pastor Diane Christopher

We are entering into my favorite season of the church: Lent. Lent is the 40 days before Easter (Sundays are not counted). It is a time to walk with Jesus to the cross through reflection, prayer, repentance, devotions. This year, Lent begins on Wednesday, February 22.

As a church, we help and guide you through this time. Here are ways that you can enter the season of Lent:

**Ash Wednesday** Begins the season of Lent. On Wednesday, February 22, we will offer the following:

Drive by Ashes, 10:00 a.m. - 3:00 p.m. (by the fountain.)

Ash Wednesday Worship Service, 4:00 p.m. in the Spiritual Life Center.

**Lenten Devotionals** will be available at the Welcome Centers and in the office beginning Sunday February 19.

**Email Blast** If you are not receiving the daily email blast, you can sign up in several ways. You can sign yourself up by going to our church website (valleypres.net). On the menu bar at the top, "VPC Eblast" underneath the red "Sign Up Today" button and fill out the form. If you prefer, call the church office and the office staff to sign you up.

**Wednesdays in Lent** begins March 1 with a Station of the Cross Taizé - style worship at 5:00 p.m. in our Spiritual Life Center. The service is followed by a Lenten soup and bread meal. See page 5 for more detail.

We pray you will take part in any way you can to prepare your heart, mind and soul as we walk to the Cross and ultimate joy of the Resurrection.

## *In This Issue*

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Ash Wednesday

Women's Ministries  
Updates

Journey Through  
Grief

Mission Committee  
Updates

Bible Study  
Opportunities

2800 S Camino del Sol  
Green Valley, AZ 85622  
Telephone: (520) 625-5023  
vpc-office@valleypres.net

# OUR MISSION

To make Christ known through reconciliation while communicating respect and love to all people.

The principles we will follow to accomplish this are:

- Worship that glorifies God.
- Growing our faith in love, hope and the peace of Christ.
- Caring for the children of God.
- Reaching out to the community and the world.
- Seeking an attitude of servanthood.

## Valley Presbyterian Church

2800 S Camino Del Sol  
Green Valley, AZ 85622  
(520) 625-5023

vpc-office@valleypres.net  
www.valleypresbyterian.net

Member of Presbytery de Cristo in The Synod of the Southwest,  
Presbyterian Church (U.S.A.)

### Pastors

**Rev. Dr. Craig Lindsey,**  
Pastor/Head of Staff

**Rev. Diane Christopher,**  
Pastor of Discipleship

**Rev. Joe Hawkins,**  
Pastor Emeritus



**Sunday Worship**  
**Traditional Service of Worship**  
**9:30 a.m.**  
**Online and in Person**  
**[www.valleypresbyterian.net](http://www.valleypresbyterian.net)**

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## **OUR VALLEY PRESBYTERIAN STAFF**

Pastor Craig Lindsey-Pastor/Head of Staff.....[pastorcraig@valleypres.net](mailto:pastorcraig@valleypres.net)

Pastor Diane Christopher-Pastor of Discipleship..... [dianechristopher@valleypres.net](mailto:dianechristopher@valleypres.net)

Jamie Reed-Director of Music.....[jamie@valleypres.net](mailto:jamie@valleypres.net)

Wes Moulton-Organist/Accompanist.....[wmoulton@valleypres.net](mailto:wmoulton@valleypres.net)

Chris Erickson-Parish Nurse.....[parishnurse@valleypres.net](mailto:parishnurse@valleypres.net)

Suzanne Mandeville-Bookkeeper.....[suzanne@valleypres.net](mailto:suzanne@valleypres.net)

Cindy Johnson-Administrative Specialist.....[cjohnson@valleypres.net](mailto:cjohnson@valleypres.net)

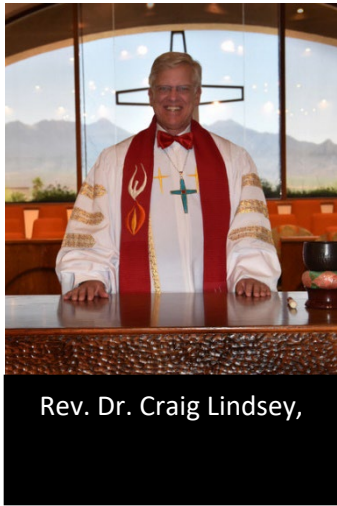
Linda Hester-Administrative Specialist.....[lhester@valleypres.net](mailto:lhester@valleypres.net)

Steve Hart.....Custodian.....[steve@valleypres.net](mailto:steve@valleypres.net)

Randy VanHyfte.....Custodian.....[randy@valleypres.net](mailto:randy@valleypres.net)

## **SUNDAY WORSHIP SERVICE SCHEDULE**

<b>Feb 5</b>	<b>Matthew 5 Communion Sunday, Food Bank Sunday Offering</b>	<b>Pastor Craig</b>
<b>Feb 12</b>	<b>Deuteronomy 30:15-20 "Heaven &amp; Earth Witnesses" Nogales Crossroads Sunday Offering</b>	<b>Pastor Craig</b>
<b>Feb 19</b>	<b>Matthew 17: 1-9 "Out of the Clouds" YOTO Sunday Offering</b>	<b>Pastor Diane</b>
<b>Feb 22</b>	<b>Ash Wednesday Drive Thru Ashes 2-3:00 p.m. Abbreviated Worship in Spiritual Life Center 4:00pm</b>	<b>Pastor Craig &amp; Pastor Diane</b>
<b>Feb 26</b>	<b>Matthew 4: 1-11 "The Temptations"</b>	<b>Pastor Craig</b>



Rev. Dr. Craig Lindsey,

### *From Pastor Craig*

One of my favorite biblical passages is 2<sup>nd</sup> Chronicles 34. This is a cumbersome passage because of the Hebrew names, but the heart of this is that Josiah inherited responsibility for being King at 8 years of age. Different from all the kings before him (and many after) Josiah really tried to be faithful to the LORD, he went across the country tearing down all the idol worship and burning articles that were profane, then rebuilding the Temple. As the workmen were laboring,

a wall was opened, and inside they found the Law given to Moses! Josiah used this as a resource for reformation. As a church we have been and continue to be involved in significant reformation. We are not perfect and do not pretend to be, but we do try our best and give our heart.

January-February is a favorite time of year in Green Valley! Christmas has come, Easter will not be for a few months, there is no snow to shovel or ice to fear. In this time everyone is home here, the Choir is approaching 60 members, visitors have surpassed 45 on a Sunday, and Lenten programs are soon to begin. This time after Christmas and beginning Lent (February 22<sup>nd</sup>) are a time for reflection, possible repentance, and reformation for what is important to us.

This is also an important time to say Thank you to all who make this Church, our Church. Several began volunteering during the dark days in our past and have recommitted themselves over and over. Here I am not only describing the Deacons and Elders, but all those who have served on committees, volunteered at Pack n Sorts, and Patio Sale, sung in Choirs, and devoted themselves to serving the LORD. Thank you! It is exciting to welcome visitors and new members, and to welcome home some who nested elsewhere for a time. What a fabulous Church we have.

Pastor Craig

## *From Pastor Diane*

### **Network of Caring Begins its Work.**

After a year of redesigning Network of Caring (NOC), recruiting people to make contacts, and conducting a training session, NOC has begun its work.

What does this mean for you?

Green Valley and the surrounding area have been divided up into eleven areas with names that describe where that area is located. For example, if you live in the southernmost part of Green Valley, your NOC area is called Camino Del Sol South. If you live up by Duval Mine Road on the west side of the Freeway, your area is called La Canada North. La Posada and Quail Creek contain so many of our people that their NOC areas are called....wait for it....La Posada and Quail Creek.

Anyway, what this means is, if you are a member or regular attender at Valley, from time to time you will receive a contact from a NOC person. In the “good ol’ days,” contacts in NOC were made by only by phone. In today’s world, contacts can be made in many ways.

A story is told by one of our NOC contactors: “Many years ago, I (Lorna Corso) introduced email to my Mother-In-Law. I explained she could reach me no matter where in the world I was at any time.



Pastor Diane Christopher-Pastor of Discipleship

She asked, "You mean I can send you a message and it will find you? And so, it is with Network of Caring, it doesn't matter where you are, you can reach someone regardless of where they are by phone, by text, by email or by postal service.”

Most of you will receive a contact by one of our NOC contactors... by phone or email or text or card, or a greeting at church. Why are we doing this? We are a Family of God, and families check in with one another. Already, we have seen fruit as the NOC Contactors begin their work.

Not all of you will receive a contact as we still need more contactors. If you are interested in being a part of this ministry or what to hear more about it, let me know ([pastordiane@valleypres.net](mailto:pastordiane@valleypres.net);

(520)-625-5023).



**Exploring Membership Class**  
**Thursdays, February 2, 9, 16**  
**9:30 a.m. – 11:00 a.m.**  
**and**  
**Thursday, February 23, 8:00 – 9:00 a.m.**

- Do you want to learn more about Valley Presbyterian?
- Are you wondering how you can be more involved?
- Perhaps, you are thinking about becoming a member.

The Exploring Membership Class is designed to answer your questions and take you through the steps toward membership.

In this class, you will explore the wonderful reasons to join a church, and what it means to be Presbyterian. You will discover all the different service opportunities this church has to offer. You will meet the pastors and leaders, and many others who give their time and talents to serve Christ through Valley Presbyterian.

You can become an affiliate member (whereby you keep your main membership with your church back “home”) or an active member (full membership here at Valley).

Contact Pastor Diane Christopher to register (520) 625-5023; [pastordiane@valleypres.net](mailto:pastordiane@valleypres.net)).



Whatever you call it – Mardi Gras, Fat Tuesday, Pancake Tuesday, Shrove Tuesday it is the day before Ash Wednesday, which begins the season of Lent, a season of simplicity, fasting, and repentance. The day before Lent is set aside as a day of eating fatty foods.

So, why not do it together? We are being creative this year. Instead of offering pancakes as we have in the past, this year's Fat Tuesday at Valley is a day of chocolate! Bring your favorite chocolate food for a chocolate potluck, and we will feast together. And get ready for some Fat Tuesday jokes and trivia.

(And yes, we know not everyone likes chocolate. If you fall into that category, bring a non-chocolate dessert to share with others.)

**Wednesdays in Lent**  
**Stations of the Cross Taizé-Style Worship**  
**March 1 – April 5**  
**5 p.m. in the Spiritual Life Center followed by a**  
**Lenten soup and bread meal.**



Every Wednesday in Lent beginning on March 1, we will have a Taizé-style service based on the Stations of the Cross. During the pandemic, we presented the Taizé Stations of the Cross online. This Lent, we bring it to you live.

The Stations of the Cross follow the path of Jesus on his way to the crucifixion. The Stations have been celebrated by our Catholic brothers and sisters for centuries. We Protestant Christians can partake in this rich pilgrimage as they remind us how far Jesus went to save us, and what a miracle it truly is that He rose from the grave.

Each Taizé service will contain two stations of the cross (there are a total of twelve), and will give you opportunities to think, pray, sing, and meditate at each station. It is an intentional way to spend time with Christ, giving thanks and praise.

Each Lenten Taizé will be followed by a simple Lenten soup and bread meal. We hope you will join us in this special time of worship of candlelight, music, and prayers.

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**Seven Words: Listening to Christ from the Cross**  
**Thursdays in Lent, beginning February 23**  
**10:00 a.m. (First class in Sweet Family Room)**  
**Your teacher: Marie Valade**

From the cross, as Jesus breathes his last breath, he speaks his last words revealing deep trust in God. These are words that Jesus wants the world to hear. It is these words that reveal his divine glory. It is these words that display Jesus' deepest love for us.

In *Seven Words*, Susan Robb looks at the seven last words of Christ on the cross through a lens that finds life and hope in his final sayings, while exploring each from a biblical and historical perspective. The book brings a hopeful and contemplative take on the cross during the weeks of Lent.

We invite you to this Lenten offering.



# **Bible Study Opportunities VPC**

**Bible Reflections Continues with you teacher: Pastor Craig**  
**Mondays from 1:00 p.m. – 2:00 p.m. in classroom 5 and available by zoom.**

This is a different kind of Bible study, that spends as much time as we need with each chapter and book. We will try to give background that is helpful and offers ideas about interpretations (even pronunciation of names), but what is most important is what you hear in the text.

To join by zoom go to <https://zoom.us/join>

Meeting ID: 294 281 2414

Password: Heaven

Past classes can be viewed on the church's website: [valleypres.net](http://valleypres.net).

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## **The Book: The Grand Story of God** **Continues Thursdays, 1 p.m. in Classroom 5** **Your teachers: Pastor Diane and Chuck Ramsay**

The Bible is one big grand story of God. This class tells you that story by studying each book of the Bible and how they are all connected. Even though this class started in the Fall, you can join in anytime and not feel behind for each book of the Bible has its own story for us today. Here is our schedule for February:

February 2	Job
February 9	Psalms
February 16	Proverbs
February 23	Ecclesiastes

This class is recorded and can be viewed on the church's website: [valleypres.net](http://valleypres.net).

# Journey Through Grief



February 2nd - 27th  
Mondays and Thursdays  
2:30 P.M. - 4:30 P.M.

Valley Presbyterian Church will be offering a Journey Through Grief program held to provide those who are grieving a loss an opportunity for discussion to understand grief, support on the grief journey, and suggestions for a healthy way to grieve.

This unique program is eight 1 ½ to 2-hour sessions, meeting twice a week. Although based in faith, the program is open to anyone in the community. The program is free of charge and all materials are provided at no cost to participants.

It is being facilitated by Carolyn Eubank Hill, member of Valley Presbyterian Church. Carolyn is a member of Valley Presbyterian Church and a Stephen Minister.

The next session will start on February 2 and will be held on Mondays and Thursdays through February 27. Contact Pastor Diane Christopher at the church to register 520-625-5023 or [pastordiane@valleypres.net](mailto:pastordiane@valleypres.net)



## Beginners Line Dancing! Every Thursday at 3:00 P.M. in Fellowship Hall Through the end of March

Come kick up your boots with Steve Hart as we learn some basic line dance steps.

We have a great time, making new friends and working on your balance and your memory.

If you had a chance to attend the January Kettle dinner you got to see how much fun, we have.

So far, we have been learning.

- Electric Slide
- Mambo
- Solo Waltz
- Cupid shuffle

Here is a list of dances to come.

- Canadian Stomp
- Boot Scootin' Boogie
- Watermelon Crawl
- Cha' Cha,
- Wagon Wheel
- Copperhead Road

## VPC Charitable Giving Forum

The 2<sup>nd</sup> annual VPC Charitable Giving Forum will be held in Fellowship Hall following church at 11:00, Sunday, February 19<sup>th</sup>. Free tickets will be available in Fellowship Hall on 2/5 and 2/12, or by calling the office at 520-625-5023. You may also email: [vpc-office@valleypres.net](mailto:vpc-office@valleypres.net).

Charitable income keeps our church alive and vibrant. Donations provide for:

- \* Upkeep and maintenance expenses for our extensive and superb buildings and facilities.
- \* Program expenses for the various faith and education functions of our church.
- \* Salary and expenses for our staff.
- \* Mission work at home and around the world selected by our church.
- \* Reserves for future growth and expenses.

There are many ways to contribute to VPC. To learn more, we invite you to our 2<sup>nd</sup> Annual Giving Forum. Topics will include current giving and deferred giving via your Estate Plan. Bill Herf, Senior Vice President of RBC Wealth Management will be our primary presenter. You will also be updated on the current financial position of the VPC Foundation. Topics will include:

- \* Gifting Life Insurance.
- \* Gifting appreciated assets (stock, real estate, etc.)
- \* Tax Free IRA distributions.
- \* Qualified Charitable Distribution.
- \* Transferring wealth via Estate Planning.

The presentation will focus on charitable giving techniques and why they might prove valuable to you. Once you become comfortable with the concepts that interest you, you may want to consult your financial adviser for the "how to" details.

**We look forward to seeing you February 19<sup>th</sup>, A light meal will be included.**

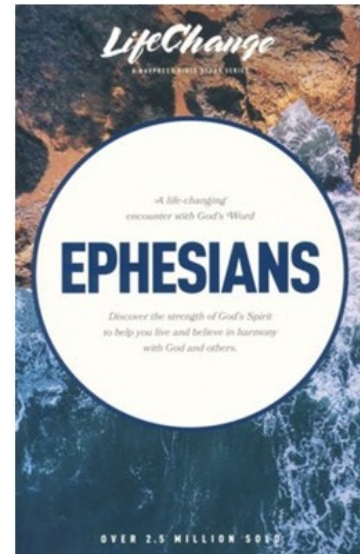
**Don't forget to pick up your free tickets in Fellowship Hall the two Sundays prior or ask for tickets by emailing: [vpc-office@valleypres.net](mailto:vpc-office@valleypres.net), or calling the office at 520-626 5023. This will give us an idea of how many to prepare meals for, etc. However, tickets will also be available on February 19<sup>th</sup>.**

Jim Rusk, Chair, VPC Foundation

# Men's Weekday Bible Study Ephesians Study Begins in February

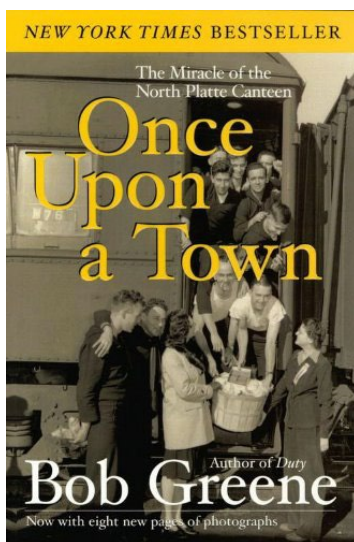
Wednesdays at 9:00 a.m.

With about six to thirteen men attending each week, the group meets every Wednesday morning at 9 a.m. They meet at the church for one hour in classroom 1. The group is facilitated by Larry Phillips (520-777-8027) but focuses on group discussion. They use the NavPress Life Change Series study guide. They are finishing Paul's Second letter to the Corinthians and will soon begin Ephesians. Join the group any time to participate in the discussion or come to just listen. In either case, your presence will be welcomed. Lessons are self-contained so feel free to join the group when able. The Navigators Life Change study guide is available from Amazon or Christianbook.com.



## Valley Readers 2:00 PM – Monday, February 27, 2023 Classroom 1

*Submitted by: Anne Morrison*



During World War II the small town of North Platte, Nebraska furnished food and treat baskets, greetings, and friendship to over six million GIs who passed through on troop trains. *Once Upon a Town* by Bob Greene is the heartwarming story of how a community of just 12,000 people was able to do this using only their own resources. Please join us for our February discussion led by Mary Macloskey.

Contact Anne Morrison for additional information at 520-399-0762.

# **The Life and Times of Jesus the Messiah: His Final Week**

**Returns Tuesdays, February 14, at 11:00 a.m. in Classroom 5**

**Teacher Bud Landry**



## **Part Two: Sacrifices: Their Order and Their Meaning**

- A Religion of Blood Sacrifice (Tuesday, February 14, 2023 @ 11 AM, Room 5)
- The Passover and The Feast of Unleavened Bread (Tuesday, February 21, 2023 @ 11AM, Room 5)
- The Week of Nisan 8<sup>th</sup> to 16<sup>th</sup>, AD 33 (Tuesday, February 28, 2023 @ 11 AM, Room 5)

**Patio Sale Intermission (no class on March 7<sup>th</sup>)**

**Part Three of this series resumes on Tuesday, March 14<sup>th</sup> @ 11:00 AM in Room 5**

The exact time and date of Jesus' death is known. It occurred at 3:00 PM on April 3, 33 AD.

Old Testament Judaism and Christianity are blood religions. To modern ears, this is obscene and primitive; certainly, it is offensive. Yet the theme of blood expiation is so central to our faith that we cannot ignore it because the punishment for sin is death, either for the sinner or a substitute. "The wages of sin are death." A life is required. "For the life of a creature is in the blood, and I have given it to you to make atonement for yourselves at the altar; it is the blood that makes atonement for one's life" (Lev 17:11).

The temple was an animal sacrificing institution where guilt offerings, sin offerings, trespass offerings, burnt offerings, as well as Passover and the Day of Atonement occurred throughout the calendar year. Thousands of gallons of blood flowed at Passover where, as Josephus reports for the Passover in AD 66, that over 256,000 lambs were killed and drained of blood within two hours.

In Part Two of *The Life and Times of Jesus the Messiah: His Final Days* the institution of the New Covenant and the amazing series of events that fulfilled Old Testament prophecies and foreshadowed our Redemption will be closely examined.

## Music in The Valley

Submitted by: Jamie Reed

2023 has already been quite exciting for our music program! Every week we never know who will walk through the door for a practice or a service. It's such a pleasant surprise when folks return home or new folks join! This year has brought more new faces than ever before. We are close to 65 active members and still growing. To say I'm excited is an understatement. Music is amazing! Then we add changes to our sanctuary to the mix. One Sunday we come, and the modesty rail is gone. Who would have thought that would open our sound even more! Then the next Sunday we come, and the tile is in. That sound was even greater and more joyous! For music makers acoustics are always an added plus. I see it on the choir members' faces. These adjustments are exciting and such a blessing. Thank you for everything!



On February 5<sup>th</sup>, we welcome Dr. Kristin Dauphinais. What a voice! Her program is filled with beautiful classical, musical theatre, and everything in between.

Please join us at 3:00 pm.  
“A Valentine in Song”

Tickets are \$25.00 available at VPC office or at the door the day of the concert.



**Bread and soup were served during Advent season and other church activities.**

**Below are the four recipes requested.**

### **MUSHROOM SOUP**

Submitted by Craig and Judy Lindsey

1 Cup mushrooms	2 cups broth
2 tablespoons onion	½ cup light cream
2 tablespoons margarine	½ teaspoon salt
2 tablespoons flour	1/8 teaspoon pepper
	1/8 teaspoon nutmeg

Sauté mushrooms with onions in margarine. Add flour and blend; add stock. Cook and stir until slightly thickened. Cool slightly then add cream and seasonings. Heat through and serve. Serves four.

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### **VEGETABLE JELL-O-SALAD**

Submitted by Mary Lillie

Dice:	Dissolve:	Add:
1 cup celery	1 small package lemon Jell-O	1 8-ounce carton Cool Whip
½ cup tomatoes	1 cup hot water	1 cup Miracle Whip salad dressing
2 tablespoons onion		

Whisk to combine and add diced vegetables. Pour into an 8" square dish. Chill until firm and cut into squares.

## **BROCCOLI ONION (CHEESE PASTA) SOUP**

Submitted by Pam Karbowsky

2 tablespoons margarine	Pepper to taste
¾ cup chopped onion	2 packages chopped broccoli.
6 cups chicken broth	6 cups milk
8 ounces angel hair pasta	1 pound processed American cheese.
1/8 teaspoon garlic powder	

Sauté onions in margarine. Add broth. Bring to a boil and add noodles and salt. Boil 3 minutes stirring occasionally. Add broccoli and garlic powder. Cook 4 minutes. Add milk, cheese, and pepper. Stir constantly until cheese melts.

Makes 4 quarts.

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## **CRANBERRY SPICE BUNDT CAKE**

Submitted by Eloise Fredrickson (from New York Times Cooking)

### **For the cake**

¾ cup unsalted butter, at room temperature and cut into chunks, plus more for the pan if not using nonstick baker's spray	Finely grated zest of 1 orange or 2 tangerines
2 ½ cups all-purpose flour, plus more for the pan if not using nonstick baker's spray.	1/3 cup neutral oil, such as canola oil
2 teaspoons baking powder	3 large eggs, at room temperature
¾ teaspoon fine sea salt	2 teaspoons vanilla extract
½ teaspoon soda	1 cup plain or vanilla Greek yogurt
1 ¼ teaspoons ground cardamom	2 cups fresh or frozen cranberries coarsely chopped.
¾ teaspoon ground coriander	
¾ teaspoon ground ginger	
1 ½ cups granulated sugar.	

### **For the icing**

2 1/4 cups confectioners' sugar  
2 tablespoons cranberry juice, a little more if needed.

### **Preparation**

Center a rack in the oven and heat it to 350 degrees. Butter a large (12- to 13-cup) Bundt pan, dust with flour, and tap out the excess, or coat the pan with nonstick baker's spray.

Whisk together the flour, baking powder, salt, and baking soda and then whisk in the cardamom, coriander, and ginger; set aside.

Put the granulated sugar in the bowl of a stand mixer fitted with the paddle attachment or in a large mixing bowl that will work with an electric mixer. Add the zest and, using your fingertips, rub it into the sugar until you catch a whiff of orange. Drop in the butter. Beat the sugar and butter together on medium-high speed for 3 to 4 minutes, until pale, creamy, and fluffy. Pour in the oil and beat for a couple of minutes more to blend it in well, turn off the mixer and scrape the bowl and beaters.

Continued on page 14.

Continued from page 13.

## CRANBERRY SPICE BUNDT CAKE **continued:**

One by one, beat in the eggs, beating for a minute after each egg. Add the vanilla and then blend in the yogurt on low speed. Turn off the mixer, scrape the bowl and beaters well and add half the flour mixture. Working on low, mix until the dry ingredients are almost incorporated. Turn the mixer off, add the remaining flour mixture and, again beat until almost blended. By hand with a flexible spatula, fold in the cranberries and any remaining flour. Scrape the batter into the pan and push it gently into the pan's curves, leveling the top as best you can.

Bake the cake for 55 to 60 minutes, until a tester inserted comes out clean. The cake will be deeply golden brown and pull away from the sides of the pan when prodded. Transfer the pan to a rack, let it rest for 5 minutes, and then unmold the cake onto the rack. Allow it to come to room temperature before icing.

Make the icing: Put the confectioners' sugar in a medium bowl and stir in the juice. If you need more juice to get the right consistency, add it by drops, but it should not be runny. Spoon the icing over the cake, allowing it to flow down the sides.

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## WOMEN'S MINISTRIES

Submitted by: Gee-Gee Smith

**Women's Luncheon February 21, at 11:30 A.M.** Several racks of clothing and accessories will be available for sale after the style show. You **MUST** have a ticket in order to attend both the luncheon and the fashion show. It is our best attended Gathering every year, and we really need to make sure we are prepared for everyone who attends. Tickets will be available after worship on Sundays Feb 12<sup>th</sup> and Feb 19<sup>th</sup> at the Women's Ministries table in Fellowship Hall for \$11.



If you want to help Women's Ministries, join any of our Creative Hand's group (knitting, sewing walker bags, creating quilts, etc.), pick up a knitting kit at the Women's Ministries table to work on at home, sign up to help the quilting group with cutting, sewing or knitting, or, bring soda can tabs to the Women's Ministries table.

Mission Quilters meets twice a month, the second and fourth Monday of the month, from 9:30 AM-1:30 P.M. In the Fellowship Hall. Creative Hands meets the last Thursday of every month, from 10:00 AM-2:00 P.M.

Two of our Circles (Bible study groups) meet at the church, and one Circle meets at La Posada every month. Ruth Circle meets the 3<sup>rd</sup> Monday at 4:00 PM. Miriam Circle meets the 2<sup>nd</sup> Wednesday of each month at 1:00 PM. The La Posada Circle meets the 2<sup>nd</sup> Tuesday of each month at 11:20 AM for Lunch and Fellowship, and, at 12:30 PM for Bible Study.

## **PATIO SALE NEWS**

*Submitted by Carmen Nylund*

Yes, our **Annual Patio Sale** is just a little over a month away and planning is well underway. Our dedicated volunteers are ready to put their helpful hands and strong backs into Patio Sale. More than 200 volunteers are needed to put on a successful sale, and we appreciate each and every one of them. If you would like to know more about Patio Sale or would like to volunteer, please stop by the Patio Sale table in Fellowship Hall during coffee hour on Sunday.

The Coordinating Team is busy planning space logistics both inside and outside the church; advertising is being designed to encourage shoppers to come and buy; Department Head and All-Volunteer meetings have been set; and our talented VPC staff is on deck to help us every step of the way.

The Annual Patio Sale is a huge undertaking and a lot of work, but the reason for the sale is so important – supporting the designated mission and outreach programs of Valley Presbyterian Church. Volunteers and Shoppers – mark your calendars now for this annual event.

**Sale dates March 9, 10 & 11, 2023 with set-up March 5 to 8**

**Department Head Meeting - February 16, 2023**

**All Volunteer Meeting - February 22, 2023**

### **CALLING ALL COOKS\***

### **\*AND KITCHEN HELPERS**

The Valley Galley and the kitchen committee have a number of commitments for the spring season. Cooks and kitchen helpers are needed to prepare and serve the various events. If you like to cook and enjoy good fellowship, please contact Lois or Anne.

See you in the kitchen!

Lois Macfarlane 520-490-0179 [tmacf@aol.com](mailto:tmacf@aol.com)

Anne Morrison 520-399-0762 [gvaz1058@cox.net](mailto:gvaz1058@cox.net)



*Caring for those in our congregation*  
***Faith & Health/Parish Nurse January 2023***

*Submitted by Parish Nurse, Chris Erickson*

Join us at Cardio-drumming; this class has just a few more openings. Cardio drumming begins at 9 am on Tuesdays and is once a week; a 30-minute exercise program for health, stress, and balance. Please email [parishnurse@valleypres.net](mailto:parishnurse@valleypres.net) for more information and/or for registration. There are few more openings available.

Keeping active helps to stay positive and healthy.

Drink plenty of water when you are exercising or are outside doing activities.



Blood pressure screening will be by individual appointment.

**Medical Minute** Blood pressure part II:

February is National Heart Health Month. Hypertension, or sometimes called high blood pressure, can be a risk factor to heart/heart disease and stroke. Do you know what your blood pressure is?



# A Caregivers List

Submitted by: Chris Erickson

During the month of February, we always think of wine and roses with Valentine's Day. However, is it always wine and roses for caregivers? Caregiving is more than the 24-hour-day. In fact, one book about caregiving is called the "36-hour-day". There are some major things to think about when we talk about caregiving:



Are you taking care of yourself? Some say there is no time to take care of oneself. Getting help or support is one way of taking care of self. During this time of help, take a nap, take a walk, read a book on the patio, find something to relax.

Keep your appointments. There might be times when you as the caregiver are driving your loved one to appointments. Do not forget to make those critical medical appointments for yourself. Taking care of self allows you to take care of others.

Know your wishes and your loved one's wishes. Decisions can be difficult, especially during acute events. Remember to know that person's wishes. Are you deciding based on your decisions or are you deciding based on your loved one's wishes?

Do you have the right equipment that may be needed? Walkers can be ordered through your healthcare providers office or through a Physical Therapy referral. These are usually covered with appropriate coding, through Medicare every five years.

It is not always easy to answer these questions when tired, exhausted, and overwhelmed. Having support or attending a support group will allow a caregiver time and someone to talk about things, which helps to make decision a little easier. Books such as the "36-hour day" or caregiver support groups in our community might allow families to understand more about caregiving and the challenges, but also the ways to work through them.





## Valley Assistance Services' Empty Bowls Walk-Thru

**Tickets: \$25.00**

Raffle, Silent Auction and Specialty Bowls!

Admission for one, 16oz soup and artisan-made bowl included.

Delicious soups will be served to go

**Saturday, February 18, 2023, 10AM-1:30PM**

**Valley Presbyterian Church**

**2800 S Camino del Sol**



*As our bowls are filled, let us remember those that remain empty*

Come see the

Valley Assistance Services

3950 S. Camino del Heroe, Green Valley

[www.valleyassistanceservices.org](http://www.valleyassistanceservices.org)

520-625-5966

Tickets will be available at:

Valley Assistance Services

Nancy Pantz

Chamber of Commerce

Posada Java

Tickets also available at Valley  
presbyterian Church!

**Ticket Times:**

10:00 am

10:30 am

11:00 am

11:30 am

12:00 pm

12:30 pm

1:00 pm

1:30 pm





## **FRIENDSHIP KETTLE DINNER**

**Sunday, February 19<sup>th</sup>, 2023**

**at 5:00 P.M.**

We will start the evening at 5:00 P.M. with a dinner of chicken parmesan, penne pasta, steamed broccoli and carrot cake.

Entertainment start at 6:00 P.M. with Gerald Carrell and possibly some dancers with "A Bit of Hawaii". Tickets are \$15 and will be available in Fellowship Hall on Sundays after worship, February 5 and 12.

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### **Stephen Ministry Three New Members**

Submitted by: Jana Honermann

Stephen Ministry is starting 2023 with a new training class of three individuals - two from Valley Presbyterian Church and one from St Francis-In-the Valley Episcopal Church. Training is a big commitment for the trainees. They not only have 50 hours of classroom attendance to complete before becoming commissioned Stephen Ministers but at least that amount of time required for classroom prep. The trainees will learn about topics like the art of listening, confidentiality, relating gently and firmly, maintaining healthy boundaries, and ministering to those experiencing grief, issues related to aging, and much more.

Each lesson ends with The Caregiver's Compass, in which the trainees along with their leaders evaluate what it means for a Stephen Minister to be compassionate, full of faith, skilled, trustworthy, while keeping Jesus at the center of his or her caring relationship.

One of Stephen Ministry's sayings is "We are the care givers; God is the cure giver." This reminds us of the difference between what we can do and what only God can do in a caring relationship.

Please pray for the trainees and their trainers as they undertake this big commitment to provide care for those who are hurting.



*Submitted by Mary Horn, Mission Committee Liaison to YOTO*

THANK YOU for your generous donations to YOTO in January!  
Our tub runneth over!! All these items were delivered to YOTO  
along with Cards of Inspiration in late January!

In February, on the 3<sup>rd</sup> Sunday of the Month February 19th, we will  
again ask for Shelf Stable Milk and Instant Potatoes for the Mini  
Mall at Youth on Their Own. Students can shop for free there.  
These items may be left in the plastic tub labeled YOTO, located  
in the front corner of Charter Hall near the entrance to The  
Spiritual Life Center. The Food Bank and Crossroads Nogales  
Mission are also receiving donations in this area. Thank you for  
helping!!



### INSPIRATIONAL CARD MAKING

Inspirational Card Makers will meet Wednesday, February 22 from 1-3:30 in Classroom  
5. All are welcome to join the fun!!



Laura Romero, the Executive Director of St. Andrews' Children's Clinic, reported that the first Clinic in 2023 was January 12. It was small because of limited space and restrictions to protect the families from COVID. The departments offering services were Orthopedics, Pediatrics, Speech and Audiology. There were about 30 children treated which is just a beginning for future growth.

The Volunteers and staff took time off during the Holidays to rest from the work involved during October, November and December 2022 to make the new building accessible for Clinic services.

The Clinic is now located at 2021 N. Grand in Nogales, Arizona. It will be open to provide services on February 2, 2023. Les Walter will visit to check on where a television can be installed. Kay will go also, taking a wonderful donation of knitted and crocheted blankets, scarves and caps made by VPC Crafters. These items are much needed during this time of cold weather.

Gearing up again after a period of no Clinics is going well. Laura is very grateful to the Valley Presbyterian Church for prayers and support through many years.



Hats and blankets made for the children of St. Andrews Clinic by our VPC Creative Hands.





*Submitted by: Reed Olson, Mission Committee*



### **Saturday, February 11, Mission Breakfast is SOLD OUT!**

The February 11 Mission Breakfast for Casa Vida Nueva para Niños is SOLD OUT. There are 130 tickets sold. It is recommended that ticket holders arrive no later than 8:15 am for the best seats. Breakfast starts at 8:30 am.

The Mission Breakfast on February 11, starting at 8:30 am featuring Casa Vida Nueva para Niños – Orphanage. The Directors of the orphanage and some children will be attending. Reed Olson will give a presentation (highlights) of past activities and current needs. There will also be a surprise announcement – you don't want to miss this one. The breakfast is prepared by the Valley Galley. If you are able, please bring a contribution of health aides (toothpaste, shampoo, conditioner, body soap, deodorant, etc.).

To learn more about this mission, go to: [www.risesa.org](http://www.risesa.org)



**Dave & Pam Lovett**  
**Operation Mobilization**  
*Submitted by: Doug Clark*

**THE CHURCH IN IRAN: TRAINING FUTURE LEADERS**

We are in route as I write this to a country in West Asia to meet with about 30 young Iranian leaders serving the Iranian church in exile and the underground church inside Iran. We have a team of four psychologists to do training for the persecuted leaders who are all refugees, in how to Cope with Trauma and help others in their churches also do so. Many Iranian followers of Christ have been persecuted including being put in prison and tortured for their faith.

Thanks so much for standing with us and we NEED YOUR PRAYER. We are in a spiritual battle and often feel tired and worn down. Pray for us for renewed strength, courage, wisdom, and blessing that we can continue to be full of the blessing of Christ to others.

**FUTURE PLANS:** We are supposed to head back to Asia at end of January for special strategic leadership planning meetings.

**OUR FAMILY:** Please pray for Dave's Mom who is 90 years old and now in a memory care facility, and also for his brothers and sisters to be able to work together.

Thanks again for standing with us and the Lord richly bless you in 2023!

God bless you.

Blessings, Pam, and Dave



# PRESBYTERIAN MISSION

Bob and Kristi Rice are our supported missionaries to South Sudan. Their communication tool to our congregation is through their blog- [bobandkristi.blogspot.com](http://bobandkristi.blogspot.com)- which they write twice per month. Only a portion of their inspiring story can be shared in the Valley Voice. Join the 17 VPC members who promise to pray and follow the blogs.

*Submitted by: Doug Clark*

## **Call to prayer for Upper Nile**

Indeed, most of us like to be “home” with family for Christmas. Interestingly, that was not the case for two humble Jewish villagers, Mary and Joseph, living under the shadow of the Roman Empire, finding themselves far from their home on the birth of their firstborn son, 2,000 years ago.

In Fashoda County, South Sudan, the situation is worse than it was for Joseph and Mary. People’s homes and communities are being burned to the ground, they are running for their lives, they are hiding in swamps, surrounded by floodwaters. The innocents have been targeted for death, the elderly, women, and children. Please pray for those in harm’s way, those who seek refuge, and those who need God’s supernatural intervention.

Bob visited this area in August of this year, so it feels close to home. Two evangelists and several members of the South Sudan Presbyterian Evangelical Church have been killed in Fashoda this month.

We want to share a ‘call to prayer’ (below) from the Stated Clerk of the Presbyterian Church (USA) this month and invite you to join thousands of hands and hearts in prayer for the people of Upper Nile in South Sudan this Christmas Season. Shukran! Thank you.



*Bob in Kodok with pastors and evangelists of SSPEC this year*

Continued from page 24

killed in Fashoda county.

This situation is made even more dire due to heavy flooding in the region, so survivors have had to flee their homes and are living on small “islands” of land or seeking shelter in camps for displaced persons. Many people have no way of contacting their loved ones, so they do not know if they have been killed or if they are alive and displaced or in hiding.

Let us be in prayer for the people of South Sudan, especially those who carry the burden of this ongoing conflict — the women, children, and the elderly. Pray also for our Global partners, the South Sudan Presbyterian Evangelical Church, the Presbyterian Church of South Sudan, RECONCILE, ACROSS and the South Sudan Council of Churches. Pray that God will give wisdom to these partners as they minister to their fellow South Sudanese and that they can be a voice to the leaders of the country. Let us pray for the leaders of South Sudan that they will put peace, genuine security, and the dignity of all the people of South Sudan as the priority of their leadership.

Pray also for the anticipated joint ecumenical visit to South Sudan by Presbyterians, Anglicans and Catholics in early 2023. May this visit bring hope to the people of South Sudan and prompt meaningful action to address the suffering of the people.

I would also invite those who feel able to do so to contribute to the PC(USA)’s efforts to accompany and support our partners’ ministries by making gifts to:

- [DR000097](#)-South Sudan, Presbyterian Disaster Assistance’s crisis response and recovery initiatives in South Sudan
- [E051172](#), Presbyterian World Mission’s South Sudan Education and Peacebuilding Project
- [E052152](#), the Presbyterian Ministry at the United Nations and the Office of Public Witness in Washington, D.C., help to amplify our partners’ voices in the public square.

Let us look to God, our help, our hope, and our salvation.



Rev. Dr. J. Herbert Nelson, II  
Stated Clerk of the General Assembly  
Presbyterian Church (U.S.A.)

The past blogs read like a real-life novel, chronicling God in action through the writings of Bob and Kristi Rice. Please join me in following and praying for our missionaries and let me know if you have joined the blog brigade by emailing me [douglasclark68@me.com](mailto:douglasclark68@me.com)

Submitted by: Doug Clark for Ellen March, Director, Community Center

## Intergenerational Activities are Popular with Children and Adults at La Posada Adult Day Services

Participants in La Posada Adult Day Services have been enjoying the company of the Los Niños del Valle preschool children since staff restarted our Intergenerational Program. Here is just a few benefits of bringing generations together:

- Energizes older adults and provides a sense of purpose, especially when they are sharing their experience and skills.
- Reduces isolation and potentially lessens depression.
- Generations each learn new skills.
- Avoids negative stereotypes and encourages bonding among generations.
- For children who don't have grandparents or other older family members close by.
- Engaging with older adults fills a social gap.
- Helps generations to stay connected through socializing and helps them develop meaningful relationships.

Email: [adulthood@casagv.org](mailto:adulthood@casagv.org) for information or call Silvia Valdez, Adult Day Services Administrator at (520) 393-6835



*Submitted by: Les Walters, Mission Committee Liaison*

## Help fill the Pantry!

### Nogales Crossroads Sunday February 12, 2023

Crossroads Mission Nogales feeds over 100 people daily plus provides emergency food bags/shelter to individuals and families in need.

Non-perishable food items like canned soup, vegetables, tuna, chili, pasta, rice, beans.

Monetary donations are also appreciated.

If you would like to know more about Crossroads Mission or to donate, you can visit their website at: <https://crossroadsmissonnogales.org/>.



# Stop Domestic Abuse

*Submitted by: Kara Fitzpatrick, Mission Committee Liaison*

Thank you to all that attended the breakfast presentation on Saturday, January 14<sup>th</sup> for Hands of a Friend. We had a great turnout, wonderful food and everyone learned about the role of Genesis House and DaZee's Resale Store in more detail. We had a large turnout with over 75 tickets sold. We were pleased to see a good representation from the Rotary. They donated playground equipment for the children at Genesis House last year. Many expressed how much they enjoyed making the playground a reality.

Alexa Delgado, Hands of a Friend Executive Director, explained that Arizona has the fifth-highest domestic violence rates in the United States, with about 42.6% of women and 33.4% of men experiencing intimate partner physical violence, sexual violence, or stalking. The need for shelters in the Green Valley area is real and several referring agencies work with Hands of a Friend, keeping the shelter full. The shelter has the advantage of having the support of both the local Sahuarita Police Department and the Pima County Sheriff's Office. They are able to give residents a safe haven.

Genesis House provides a shelter with resources for setting goals, learning new skills, and developing plans for how the residents will be able to move on with their lives. The shelter is somewhat unique in that residents are able to stay up to 2 years. Alexa gave us a better understanding of the success of their program and the challenges they face.

DaZee's is fortunate to have a completely volunteer staff. The volunteers include members of Valley Presbyterian! The store has a good selection of women's and men's clothing. Each month there are special sales. Their website provides a link for having information emailed to interested shoppers.

Currently, DaZee's is facing a few big challenges. The roof repairs on Genesis House will cost \$40,000. They have been able to raise all but \$5,000 of the funds. In addition, the gate to the home needs \$3,800 of repairs to function properly. They are also in need of an additional \$1,000 for a replacement of the security system at Genesis House.

If you would like to donate to Hands of a Friend, please stop by the church office with a check. Hands of a Friend is a 501(c)3 Non-Profit that receives no governmental financial support and an Arizona Charitable Tax Credit Organization.

You can also visit the Hands of a Friend website for information at <https://handsofafiend.org/> and <https://dazees.org/>.



*Submitted by Kylene Joplin & Carol Stephens*

Food Bank Sunday is February 5.

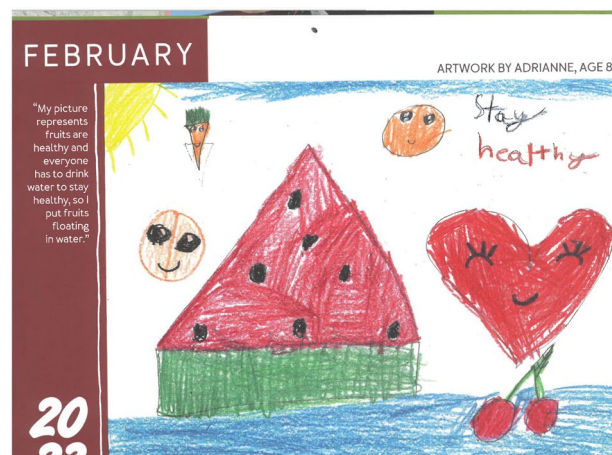


Now is a good time to clean out our cabinets and pantries of any unused items such as peanut butter, canned soups, fruits, vegetables, stews, fish, pasta, rice, cereals etc. Or, if you wish you can simply write a check and note on the comments section “Food Bank”.

Hunger is on going and very real.

Most if us are so fortunate not to concern ourselves with where our next meal is coming from.

Thank you for your continued generosity.





# Snack Bags to become SNACK SACKS!!!



## Our Mission Committee is asking for your support of the Salvation Army's "Operation Chill Out"

This year we will again collect snack items for the homeless in February and March. We are supporting the Salvation Army's project to supply needed items to the homeless in the summer heat. We hope to fill the sacks with:

Beef Jerky

Small packets of peanuts, cashews or almonds

Individual packets of powdered Gatorade

Granola Bars/Cereal Bars

Fruit Cups and Applesauce

Peanut Butter or cheese cracker packets

Rice Krispie treats or cookies.

Individually packaged Wet Wipes, small Kleenex packets

Collection Sundays will be February 19 and 26; March 5 and 12. Monetary donations are most welcomed. We will be buying bulk quantity white tee shirts and ball caps to include in the sacks. More information will be coming soon in our eblasts and our Sunday bulletins! We Thank YOU for your GENEROUS support of this Outreach by the Mission Committee!!

Ann Ball, Ed Storey, Mary Horn





# February Birthdays

***\*\* Turning 90 \* over 90***

First Name	Last Name	Month/Day
Ronald	Row	February 01
Nancy	Gray	February 01
Joyce	Thompson	February 02 *
David	Rude	February 03 *
Phillip	Conklin	February 03 **
John	Pyburn	February 03
Trudy	O'Leary	February 03
Carol	Faust	February 03
Gini	Downs	February 04 *
Doug	Crosby	February 04
Cal	Verduin	February 05
Judy	Hudson	February 06
Marlene	Farver	February 07
Betty	Everett	February 08 *
James E.	Coberly	February 08
Heather	Macleod	February 08
Pat	Rice	February 08
April	Bondy	February 09
Randy	VanHyfte	February 10
Vern	Feil	February 11 **
Darlene	Herrick	February 11
Diana	Montgomery	February 12
Ann	Erickson	February 13
Skip	Berry	February 13
John	Pavlick	February 14
Ellie	Hargleroad	February 14

# February Birthdays

***\*\* Turning 90 \* over 90***

First Name	Last Name	Month/Day
Eloise	Fredrickson	February 15
Barbara	Richards	February 16
Nancy	Moses	February 16
Jerry	Wilhems	February 16
Valerie	St John	February 16
Jessie	Setterlund	February 16
Bill	Sproull	February 18 *
Lawrence E.	Brock	February 18
Molly	Andrews	February 19
Sue	Horton	February 19
Enid	Waldron	February 20 *
Linda	Piotrowski	February 20
James	Kitchak	February 21
Geraldine	Wigent	February 21
Louise	Martin	February 22
Lila	Plattner	February 24 *
Joseph A.	Bruce, Sr.	February 24
Michael	Hudson	February 24
Katherine	Rusk	February 25
Helen	Mullaly	February 25
Linda	Landon	February 25
Betty	Clapp	February 26 *
William	Karbowsky	February 26
Gayle	Lafferty	February 27
Pamela	Hopper	February 27
Brandon	Jones	February 27
David A	Brubaker	February 28

Intentionally  
left blank

Valley Presbyterian Church February 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> 9:00am Men's Bible Study 9:00am Parkinson's Chair Exercises 10:00am Chair Exercise 12:30lm Worship Committee 2:00pm Bell Rehearsal 3:15pm Choir Rehearsal	<b>2</b> 9:30am Exploring Membership Class 1:00pm The Book: Story of God 2:30pm Journey Through Grief 3:00pm Beginning Line Dance	<b>3</b> 9:00am Parkinson's Chair Exercises 9:00am PEO Chapter DA 9:00 – 2:00pm Stephen Ministry-Training 1:00pm Mary Lee Haas Memorial	<b>4</b> 7:00am Communion Prep
<b>5</b> 9:30am Worship Service 9:45am Children's Sunday School Food Bank Sunday 3:00pm Music in the Valley Concert	<b>6</b> 9:00am Fellowship Committee 9:00am Parkinson Chair Exercises 9:30am Mission Quilters 10:00am The Grace of Les Misérables 10:00am Patio Sale Coordinating Team 1:00pm Bible Reflections 2:30pm Journey Through Grief	<b>7</b> 9:00am Cardio Drumming 9:00am Women's Ministries Meeting 9:30am Prayer Ministry 10:00am YOGA 11:00am Network of Caring 1:30pm Buildings & Grounds 2:00pm Joyful Spirit Ensemble	<b>8</b> 9:00am Deacon Meeting 9:00am Men's Bible Study 9:00am Parkinson's Chair Exercises 10:00am Chair Exercise 10:00am Personnel Committee 1:00pm Membership & Outreach 1:00pm Miriam Circle 2:00pm Bell Rehearsal 3:15pm Choir Rehearsal	<b>9</b> 8:00am Patio Sale Sort 9:00am Faith & Health Committee 9:30am Exploring Membership 1:00pm The Book: Story of God 2:30pm Journey Through Grief 3:00pm Beginning Line Dance	<b>10</b> 9:00am Parkinson's Chair Exercises 9:00am – 2:00pm Stephen Ministry Training	<b>11</b> 8:30am Mission Breakfast-Rise/Casa Vida Nueva
<b>12</b> 9:30am Worship Service Nogales Crossroads Mission Sunday 9:45am Children's Sunday School	<b>13</b> 9:00am Parkinson Chair Exercises 9:00am Style Show Dress Rehearsal 10:00am The Grace of Les Misérables 1:00pm Bible Reflections 2:30pm Journey Through Grief	<b>14 Happy Valentine's Day</b> 8:45am Mission Committee 9:00am Cardio Drumming 9:30am Prayer Ministry 10:00am YOGA 11:00am Jesus' Last Days 11:00am Style Show Dress Rehearsal 2:00pm Joyful Spirit Ensemble Rehearsal	<b>15</b> 9:00am Men's Bible Study 9:00am Parkinson's Chair Exercises 10:00am Chair Exercise 2:00pm Bell Rehearsal 3:15pm Choir Rehearsal	<b>16</b> 9:30am Exploring Membership 10:00AM Patio Sale Department Head Meeting 1:00pm The Book: Story of God 2:30pm Journey Through Grief 3:00pm Beginning Line Dance	<b>17</b> 9:00am Parkinson's Chair Exercises 9:00am – 2:00pm Stephen Ministry Training 10:00am Set-up for Empty Bowls	<b>18</b> 10:00am Empty Bowls
<b>19</b> 9:30am Worship Service YOTO Sunday 9:45am Children's Sunday School 11:00am Giving Seminar 5:00pm Kettle Dinner	<b>20Washington's Birthday</b> 9:00am Parkinson Chair Exercises 9:30am Mission Quilters/ with potluck 1:00pm Bible Reflections 1:00pm Women's Luncheon Prep 2:30pm Journey Through Grief 4:00pm Ruth Circle	<b>21</b> 9:00am Cardio Drumming 9:00am Patio Sale Style Show Prep 9:30am Prayer Ministry 10:00am YOGA 11:00am Jesus' Last Days 11:30am Women's Luncheon-Style Show 2:00pm Joyful Spirit Ensemble Rehearsal 6:00pm Chocolate Fat Tuesday 6:00pm True Concord Rehearsal	<b>22Ash Wednesday</b> 9:00am Men's Bible Study 9:00am Parkinson's Chair Exercises 10:00am Chair Exercise 10:00am Ash Wednesday Drive by for Ashes 2:00pm Bell Rehearsal 3:15pm Choir Rehearsal 4:00pm Ash Wednesday Service	<b>23</b> 8:00am Session Meeting-Breakfast with New Members 10:00am Patio Sale All Volunteer Meeting 10:00am Creative Hands 1:00pm The Book: Story of God 2:30pm Journey Through Grief 3:00pm Beginning Line Dance	<b>24</b> 9:00am Parkinson's Chair Exercises 9:00am – 2:00pm Stephen Ministry Training 9:00am Stephen Ministry Meeting 7:00pm True Concord Concert	<b>25</b>
<b>26</b> 9:30am Worship Service 9:45am Children's Sunday School	<b>27</b> 9:00am Parkinson Chair Exercises 10:00am Patio Sale Coordinating Team 1:00pm Bible Reflections 2:00pm Valley Readers 2:30pm Journey Through Grief	<b>28</b> 9:00am Cardio Drumming 9:30am Prayer Ministry 10:00am YOGA 11:00am Jesus' Last Days 2:00pm Joyful Spirit Ensemble Rehearsal				