

The Monthly Newsletter of Valley Presbyterian Church, Green Valley, Arizona — July 2009

## Anniversaries

This past month I had the honor of attending Margaret and Joe Hawkins' 50<sup>th</sup> wedding anniversary celebration – a truly wonderful event. It got me to thinking about anniversaries – we have so many of them here – the Hawkins, the Denny's 60<sup>th</sup>, the Purdon's 50<sup>th</sup> – (all in the space of ten days!) ... along with Valerie's and mine – a mere 19 years. Well, after all, here in Green Valley we're just kids!

We like to remember these things. I recall as a newlywed – separated by thousands of miles of ocean during Desert Storm – reminding Valerie of the anniversary of our first meeting, our first date, when we went where. I must confess that while I could never forget the day of our wedding, I have forgotten even what some of those special things were, let alone when they happened!

Still, there are many other things we commemorate: births, graduations, deaths; tragedies and gifts – it is part of how we are

“fearfully and wonderfully made” that we see our present through the filter of our past.

And that is good. What I'd like you to do, though, is this: once you've finished this paragraph, put down this newsletter and find yourself a memory – maybe even an anniversary – of some event when you felt the hand of God, and spend a moment turning it over in your mind, allowing the luxury and joy of that moment to come back. Do it now!

Whenever you find yourself facing an anniversary – either joyful or associated with loss – take a moment to think of God, who gave you that moment, and remember what he has meant to you – and means for you right now.



*Larry*

### Sermons - July:

- 7/5 Boasting (2 Cor 12:2-10) - Rev. Larry DeLong
- 7/12 Politics As Usual (Mark 6:14-29) - Rev. Larry DeLong
- 7/21 That Good Old Summer Renewal - Rev. John Dunham
- 7/28 Schedules (John 6:1-21) - Rev. Larry DeLong

## Please Join Us!

We invite you to join Valley Presbyterian Church. Our next New Member Classes are scheduled for Tuesday, September 8 at 2:30 or 6:30 p.m., and Saturday, September 12 at 8:30 a.m. Please call the office to register. 625-5023

### Summer Nursery Care

Our nursery is staffed every Sunday to care for and embrace our little ones aged 5 and under. We welcome our littlest visitors! Not sure of where the nursery is? Any usher can direct you to the room. We have monitoring devices for our staff to notify parents and grandparents if there is a need.

### Summer Children's Church

We will be taking a summer hiatus during the month of July for our older children and youth. Children are asked to worship with their families and come forward for a “children's moment” during the regular service of worship.

## Christian Conversations

Sermon Chats continue - Mondays in Room 1 at 9:00 a.m. Pastor Larry will continue Sermon Chats for the first two Mondays in July, the 6th and 13th, and then class will go on hiatus for the summer. Come and discuss your insights about the previous Sunday's sermon - or ask your questions. This is a time for some Christian Conversations.

## Pastoral Care

### Good Aging and Adversity

To be a human is to experience adversity.

Ian McLaren said, "Be kind to every person you meet. He or she is having a hard time." Henry Thoreau wrote, "The mass of human beings lead lives of quiet desperation." The author of the book of Job affirmed that "Man is born to trouble as the sparks fly upward." Adversity is an inescapable fact of life.

Some persons are inwardly defeated by adversity. Some are embittered by it. Others respond in more positive ways. Instead of saying "Why me?" they may say "Why not me?" Some refuse to be inwardly defeated by misfortune. They display good morale, morale being defined as fighting power and staying power, the perpetual ability to come back. Some persons learn and actually grow through adversity.

Our Christian faith does not guarantee happy outcomes or exemption from danger and accidents. It does affirm a basic integrity at the heart of things, whatever the appearances may suggest.

E. Stanley Jones said that Jesus' teaching is "that we are to take up pain, calamity, injustice, persecution—admit them into the purpose of our lives, and make them contribute to higher ends—the ends for which we really live."

Good aging manifests itself in a spirit which rises above external circumstances, praying for the grace not simply to endure what must be endured, but for the grace to move through adversity to a deepening of spirit, and the will to reach out to others in need.

One of my favorite verses of scripture reminds me that, in the heart of life we can know that...

**"God is light; in him there is no darkness at all."** (1 John 1:5)

On the journey with Jesus,

John Dunham

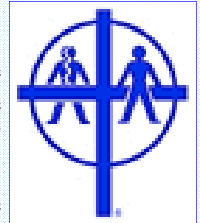
### Volunteers Are Needed!

- Casa Maria Lunch Prep
- Creative Hands
- Crossroads Mission
- Flower Committee
- Patio Sale
- Sound Board Technicians
- We'll Do It!

*If you have time to share with any of these or other groups, please call the office at 625-5023 to let us know.*

### INDEPENDENCE DAY?

As we celebrate our nation's birthday, it reminds us of the principles upon which our country was founded, and the concept of individual freedoms and "rugged individualism." We want to be tough and able to stand on our own two feet. But, sometimes we need help standing up – we need a little push, or a pat on the back in order to get moving again.



Valley Presbyterian Church has many wonderful Pastoral Care programs with all sorts of help available to those in need. One of the programs that works well on a one-to-one basis is our Stephen Ministry program.

If you would like to share your burden confidentially with a compassionate, trained Stephen Minister, please phone Barb Mengebier (648-7006), Connie or Phil Conklin (393-0004) or one of our pastors (625-5023). You will be matched up with a compatible Stephen Minister for as long as necessary.

**Reminder about GriefShare:** This 13-session seminar starts Thursday, July 2, and continues through September 24, from 1:00 to 3:00 p.m. in Classroom 5. You may begin attending the sessions at any time; a one-time fee of \$25 is requested at your first session.

Our GriefShare facilitators are skilled in care ministry and are specially trained to provide comfort and encouragement during your time of grief. Please call our office at 625-5023 to register. *(For information:*



### PROMOTED TO GLORY



- |         |                     |                              |
|---------|---------------------|------------------------------|
| May 23  | Robert Lee          |                              |
| May 30  | Edward Baily        |                              |
| June 1  | Ransan "Pete" Smith | survived by Valerie Smith    |
| June 5  | Steve Waldron       | survived by Enid Waldron     |
| June 16 | Ralph Artherton     | survived by Mary Artherton   |
| June 16 | Kenneth Van Lone    | survived by Dorothy Van Lone |
| June 22 | Jane Stevenson      |                              |

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## Pastoral Care

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### Parish Nurse News

*by Chris Erickson, Parish Nurse*



New classes will be offered in November on Wednesdays and Thursdays for “Your Whole Life” Eating Right, Living Well, and Loving God, The 3D Plan (Diet, Discipline, and Discipleship)... also

“Open Your Heart” (Session 2 to the program “Your Whole Life”) will be offered in January. Sign up/registration will be available in August.

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## Hyperthermia: Too Hot for Your Health

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Too much heat is not safe for anyone. It is even riskier if you are older or if you have health problems. It is important to get relief from the heat quickly. If not, you might begin to feel confused or faint. Your heart could become stressed, and maybe stop beating.

Being hot for too long can cause many illnesses, all grouped under the name hyperthermia.

- Heat cramps are the painful tightening of muscles in your stomach area, arms, or legs. Cramps can result from hard work or exercise. While your body temperature and pulse usually stay normal during heat cramps, your skin may feel moist and cool. Be sure to drink plenty of fluids, but not those containing alcohol or caffeine.

- Heat edema is a swelling in your ankles and feet when you get hot. Putting your legs up should help. If that doesn't work fairly quickly, check with your physician.

- Heat syncope is a sudden dizziness that may come on when you are active in the heat. If you take a form of heart medication known as a beta blocker or are not used to hot weather, you are even more likely to feel faint when in the heat. Putting your legs up and resting in a cool place should make the dizzy feeling go away.

- Heat exhaustion is a warning that your body can no longer keep itself cool. You might feel thirsty, dizzy, weak, uncoordinated, nauseated, and sweat a lot. Your body temperature stays normal, and skin feels cold and clammy. Pulse can

be normal or raised. Resting in a cool place, drinking plenty of fluids, and getting medical care should help you feel better soon. If not, this condition can progress to heat stroke.

- Heat stroke is an emergency. It can be life threatening. Signs of heat stroke include 1) fainting, possibly the first sign, 2) body temperature over 104 F, 3) a change in behavior-confusion, being grouchy, acting strangely, or staggering, 4) dry flushed skin and a strong rapid pulse or a slow weak pulse, 5) not sweating, despite the heat, acting delirious, or being in a coma. You need to get medical help NOW.

Information from the National Institute on Aging

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### Life Counseling Network Alert: Depression and Our Current Economic Climate

The changes in our economic climate and how they affect us tangibly can take on many forms: a temporary adjustment in work hours, a job loss, a loss in retirement assets, an increase in a mortgage payment, etc. These financial stressors can affect us in multiple ways: distress in a marital relationship, the inability to focus in one's job, an increase/decrease in one's appetite, insomnia or hypersomnia, feelings of hopelessness and helplessness, and potentially suicidal ideation.

All of the symptoms mentioned above are indicators of depression, and oftentimes it can be very difficult for someone who is depressed to make that first call for help. If you have someone in your life who you are concerned about and they are exhibiting these symptoms, please encourage them to seek the counsel of someone with the experience and knowledge that can help them move forward. Getting help can be a life-changing experience that continues long after treatment has ended.

The Life Counseling Network is here to help you, your loved ones, your friends or co-workers through these challenging economic times. The Life Counseling Network has three locations to serve you in Green Valley, accepts most major insurances and offers a sliding fee scale for the uninsured.

To schedule an appointment, please call 748-2300, Ext. 257.

## Thank You!

“June 9, 2009

Dear Scholarship Committee and congregation of the Valley Presbyterian Church:

I would like to extend my thanks to the scholarship committee and to the entire congregation of your blessed church. I greatly attribute my success over these past four years to the motivation and focus derived from the support and encouragement of your generosity. As I embark into this new chapter of my life, I do so with great hope and enthusiasm! I plan to intern at the Los Angeles Dream Center starting this August. At the Dream Center I will be involved with non-profit inner city outreach by providing food, clothing, shelter, life rehabilitation, education and job training, as well as Biblical training to those in great need. I will be assigned to a certain ministry to focus on as an intern and will work to help hurting people come to see a new life. I am so excited for the experiences to come and for the opportunity to work for such a worthy cause.

After the completion of my internship, I plan on continuing my education by pursuing my Doctorate in physical therapy. After years of study and experience in the field of sports rehabilitation, I am eager to embark onto the next level of training and learning. I have been so blessed to have these opportunities before me, and I would like to thank you once again for the Godly love, support, and hope for my future that you have shown. May God continue to bless your church and the students impacted by your spirit of giving.

Sincerely, Cassandra Abigail Laos  
AZ State University Class of 2009”



## Music Notes

by Kay Albrecht



### 2010 Favorite Anthems Concert

Ten years ago, George Pike and I came up with the idea of having a Favorite Anthems Concert to thank the church and community for their support. The anthems included in that concert and subsequent concerts were some of my favorites and some that the congregation requested throughout the year.

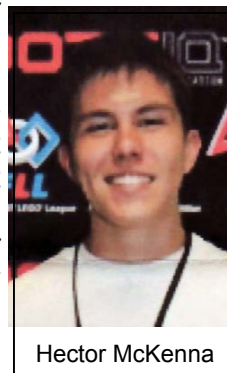
#### Next year's Favorite Anthems Concert will be called “YOUR FAVORITE ANTHEMS.”

On page 5 is the list of all 92 anthems that the choir has recorded in the past 10 years. From the list, please choose TWO (2) of YOUR favorite anthems and put your vote in the large green boxes marked “YOUR FAVORITE ANTHEMS.” The boxes will be located in the main office and at the Information Table in Fellowship Hall. Your votes will be compiled and the February 2010 concert will feature your choices. The deadline for casting your votes will be August 31. However, I would appreciate your voting as soon as possible for planning purposes. You may use this list to submit your choices or you can list your choices on a separate piece of paper and drop it in the box. You may also snail mail your choices to me at: Kay Albrecht, Valley Presbyterian Church, 2800 S Camino del Sol, Green Valley, AZ 85622.

### From the Scholarship Committee

Kristi Dwelis and Hector McKenna have been chosen to receive VPC scholarships in 2009. The two young students have set high goals for themselves and we wish them success in the continuing education.

"Becoming a Mechanical Engineer has always been my dream since I was a young boy. I plan to receive a Bachelor's Degree in Mechanical Engineering. I am very determined and will do everything in my power to reach these set goals... I have long wanted to work at Raytheon Missile Systems... Cross country taught me to be determined and to never quit or give up...It is your own will and determination in life that you can count on... I want to thank you for the interview opportunity and the award."



Hector McKenna

"I will be entering Pima Community College in the fall of 2009 as a freshman majoring in Early Childhood Education... I plan on being an advisor for the Family, Career and Community Leaders of America... I am currently chapter president for my school and the Vice President of Membership and Public Relations for the Arizona state FCCLA..I thank you and feel blessed to have this wonderful opportunity. I am looking forward to starting college in the fall and I know I will not disappoint you."



Kristi Dwelis

## YOUR FAVORITE ANTHEMS BALLOT

Vote for your two favorites anthems and place this ballot in one of the large green boxes in Fellowship Hall and the church office.

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> A Gaelic Blessing .....John Rutter</li> <li><input type="checkbox"/> A Joyful Noise .....John Ness Beck</li> <li><input type="checkbox"/> African Psalm .....Patrick Liebergen</li> <li><input type="checkbox"/> Ain't No Rock Going to Shout for Me.....Lloyd Larson</li> <li><input type="checkbox"/> All Night, All Day .....Dean Rishel</li> <li><input type="checkbox"/> Alleluia.....Randall Thompson</li> <li><input type="checkbox"/> Alleluia .....Ralph Manuel</li> <li><input type="checkbox"/> Amazing Grace.....arr. Jack Schrader</li> <li><input type="checkbox"/> America the Beautiful .....arr. Beck/Courtney</li> <li><input type="checkbox"/> And The Father Will Dance .....Mark Hayes</li> <li><input type="checkbox"/> Battle Hymn of the Republic .....arr. Peter Wilkousky</li> <li><input type="checkbox"/> Beautiful Savior .....arr. F.M. Christiansen</li> <li><input type="checkbox"/> Behold the Lamb .....arr. Camp</li> <li><input type="checkbox"/> Blessed Assurance.....arr. Mark Hayes</li> <li><input type="checkbox"/> Calvary .....arr. Lee Dengler</li> <li><input type="checkbox"/> Come Flood This Heart of Mine .....David Lantz III</li> <li><input type="checkbox"/> Come to the Music .....Joseph M. Martin</li> <li><input type="checkbox"/> Come to the Water.....arr. Jack Schrader</li> <li><input type="checkbox"/> Days of Elijah.....arr. Jack Schrader</li> <li><input type="checkbox"/> Echo Carol .....Hugh S. Livingston, Jr.</li> <li><input type="checkbox"/> Ev'ry Time I Feel the Spirit.....arr. Jack Schrader</li> <li><input type="checkbox"/> Every Valley .....John Ness Beck</li> <li><input type="checkbox"/> Fairest Lord Jesus.....arr. Mark Hayes</li> <li><input type="checkbox"/> Fly Away to Glory .....Brumley/Hart</li> <li><input type="checkbox"/> Give Us A Vision .....Joseph M. Marti</li> <li><input type="checkbox"/> Glory, Glory, Glory .....Williams/Barrett</li> <li><input type="checkbox"/> Glory, Glory, Hallelujah.....arr. Howard Helvey</li> <li><input type="checkbox"/> God So Loved the World.....John Stainer</li> <li><input type="checkbox"/> Grace.....arr. Mark Hayes</li> <li><input type="checkbox"/> Great Light .....Barrett/Angerman</li> <li><input type="checkbox"/> Hark! The Herald Angels Sing .....arr. Joel Raney</li> <li><input type="checkbox"/> He Lives/Because He Lives .....arr. Joel Raney</li> <li><input type="checkbox"/> Heavenly Sunlight .....Mark Hayes</li> <li><input type="checkbox"/> Here's One .....Mark Hayes</li> <li><input type="checkbox"/> Higher Ground .....Mark Hayes</li> <li><input type="checkbox"/> Hold Me, Rock Me .....Brian Tate</li> <li><input type="checkbox"/> Holy Ground.....arr. Paul Ferrin</li> <li><input type="checkbox"/> Holy is the Lord .....Ralph Manuel</li> <li><input type="checkbox"/> How Great Thou Are/Majesty.....arr. Joel Raney</li> <li><input type="checkbox"/> How Great Thou Art .....arr. Joel Raney</li> <li><input type="checkbox"/> I Choose You .....Deborah Govenor</li> <li><input type="checkbox"/> I Sing the Greatness of our God .....Fred Bock</li> <li><input type="checkbox"/> I Want Jesus to Walk with Me.....arr. Mark Hayes</li> <li><input type="checkbox"/> Into The Flame! .....Mark Hayes</li> <li><input type="checkbox"/> It Is Well with My Soul.....arr. Mark Hayes</li> <li><input type="checkbox"/> Jesus, Lover of My Soul .....Mark Hayes</li> <li><input type="checkbox"/> Jesus, What A Beautiful Name.....arr. Joel Raney</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Just A Closer Walk With Thee.....arr. Ed. Lojeski</li> <li><input type="checkbox"/> Keep Your Lamps .....arr. Andre Thomas</li> <li><input type="checkbox"/> Kyrie .....Dana Mengel</li> <li><input type="checkbox"/> Make a Joyful Noise .....Allen Pote</li> <li><input type="checkbox"/> Make Me a Channel of Your Peace.....arr. Mark Hayes</li> <li><input type="checkbox"/> Mary, Did You Know? .....arr. Bruce Greer</li> <li><input type="checkbox"/> My Lord What a Mornin' .....arr. Howard Helvey</li> <li><input type="checkbox"/> Nobody Knows but My Lord.....arr. Patsy Ford Simms</li> <li><input type="checkbox"/> Now Thank We All Our God .....arr. Mark Hayes</li> <li><input type="checkbox"/> O Holy Night .....arr. Jack Schrader</li> <li><input type="checkbox"/> O Taste and See .....Deborah Govenor</li> <li><input type="checkbox"/> Order My Steps.....arr. Jack Schrader</li> <li><input type="checkbox"/> Passacaglia of Praise.....Craig Courtney</li> <li><input type="checkbox"/> Pavane for a Silent Night .....arr. Patrick Liebergen</li> <li><input type="checkbox"/> Peace I Give to You.....Craig Courtney</li> <li><input type="checkbox"/> Peace in the Valley.....arr. MacHuff</li> <li><input type="checkbox"/> Praise the Everlasting King! .....Lloyd Larson</li> <li><input type="checkbox"/> Praise to the Lord, the Almighty .....Mark Wilberg</li> <li><input type="checkbox"/> Prayer to the Shepherds .....Drennan/Williams</li> <li><input type="checkbox"/> Precious Lord, Take My Hand .....arr. Jack Schrader</li> <li><input type="checkbox"/> Ride On, King Jesus .....arr. Philip Kern</li> <li><input type="checkbox"/> Rise Up Shepherd, and Follow! .....arr. Mark Hayes</li> <li><input type="checkbox"/> Rock of Ages .....Frank Carter</li> <li><input type="checkbox"/> Salvation is Created.....Tschesnokoff</li> <li><input type="checkbox"/> Sanctus .....Craig Courtney</li> <li><input type="checkbox"/> Seek and you Shall Find .....arr. Barbara Boetje</li> <li><input type="checkbox"/> Send Down Your Spirit, Lord .....Don Besig</li> <li><input type="checkbox"/> Shall We Gather at the River.....arr. John Carter</li> <li><input type="checkbox"/> Sing of the Lord's Goodness.....arr. John Carter</li> <li><input type="checkbox"/> Sing to the Lord .....Vivaldi/arr. Hopson</li> <li><input type="checkbox"/> Song of the Shepherds.....Lloyd Larson</li> <li><input type="checkbox"/> Standing on the Promises.....arr. Mark Hayes</li> <li><input type="checkbox"/> Surely the Presence of the Lord<br/>is in This Place .....arr. Jack Schrader</li> <li><input type="checkbox"/> Swing Low, Sweet Chariot .....arr. Howard Helvey</li> <li><input type="checkbox"/> This is the Day the Lord Has Made .....Mark Hayes</li> <li><input type="checkbox"/> This Little Light of Mine.....arr. Joel Raney</li> <li><input type="checkbox"/> To Love Our God .....Mark Hayes</li> <li><input type="checkbox"/> Wade in the Water .....arr. Mark Hayes</li> <li><input type="checkbox"/> Walkin' to Jordan.....Jay Althouse</li> <li><input type="checkbox"/> We Will Walk In The Light .....Price/Besig</li> <li><input type="checkbox"/> Were You There? .....Ralph Manuel</li> <li><input type="checkbox"/> What A Friend.....arr. Jack Schrader</li> <li><input type="checkbox"/> When I Survey the Wondrous Cross .....Gilbert M. Martin</li> <li><input type="checkbox"/> With a Voice of Singing .....arr. Martin Shaw</li> <li><input type="checkbox"/> You Raise Me Up/Be Still My Soul.....arr. Joel Raney</li> </ul> |
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## A Time to Go *opens up* A Time to Grow

*from Janet Fitch*

With so much emotion, it is difficult to know whether to be happy or sad. Life is a continuous flood of emotion that has led me to a call to be grateful. And truly grateful, I am. Grateful for all of you here in Valley Presbyterian Church and in the community of Green Valley who have become part of my "sacred story."

A sacred story is not complete unless it shows how joy and sorrow, good and bad are blended together to mold the person into what God intended. It is a challenge to embrace with gratitude our whole life and know that each event, up until now, has been a learning experience which brings about opportunities for growth. We move from who we were to who we are to who we will become, always, with gratitude, benefitting from our past experiences and building toward the future.

Let me tell you a little about where I will be for the next six months. On Seneca Lake in Central New York, the land of vineyards, wineries, bed and breakfasts, winery restaurants and tasting rooms. Seneca Lake is 40 miles long, 3 miles at the widest point and the deepest of the Finger Lakes between 600-700 feet at its deepest. All of the water sports take place on Seneca; swimming is still okay but the water does not warm up until late July, early August. Only the brave and insane swim anyway.

Evaporation salt manufacturing is the main industry. Others might say the main industry is tourism. Auto racing has been a claim to fame since the 1940's. Vintage first, now Nascar.

I will be staying with our daughter and family in Odessa, NY, and also at what we call "The Lake House" in Valois, NY. Believe it or not, both of these very small, rural towns, have a post office. I will be leaving my "whereabouts" information at the church office in case you want to visit by mule train or contact me by telegraph. If you are traveling through the area, please do make contact. This would be a special treat for me.

I will be attending the Hector Presbyterian Church and the First Presbyterian Church at Watkins Glen, NY. I served as an elder in Hector for almost thirty years with Christian Education as my focus. In a small church you get to do everything: calling on shut-ins, singing in the choir, cooking for fellowship dinners, going out on Stewardship Campaigns, pastoral care for those in need, organizing the Sunday School VBS and planning the float for the annual community fair. Everything also included cleaning the church grounds, washing windows, painting the 200 year old structure, organizing storage areas and helping with upgrades to the church manse. We did it all; we loved it all; and we

loved our God and all his good and faithful servants. Hector Presbyterian is celebrating its 200th anniversary in 2009.

There will always be times of 'moving on'... departing to experience new opportunities, and we can rejoice in gratitude when we know that we have shared so many joys and sorrows together. Put aside your regrets and move hopefully into your future. God is 'with you.'

I will hold dear the memories that you have given me, and I will carry all that you have taught me as I go out to experience and take part in new and continuing mission for the people of God and the church of Jesus Christ.

A benediction means to say good and to voice good thoughts. Good thoughts are based on Truth and whatever is true fulfills itself. I leave you with this benediction.

***May the God of Hope fill you with  
all joy and peace  
as you trust in him,  
so that you may  
overflow with hope  
by the power of the Holy Spirit.***

Romans 15:13

## Patio Sale Announcements

Effective August 1, 2009, Dick Hansen will retire as Chairperson of our Patio Sale Committee. We gratefully thank Dick and Tesh for their dependable and cheerful dedication to this critical part of our ongoing mission support commitment.

We are happy to announce that three of our members have volunteered to co-chair the Patio Sale Committee. Phil Lotz, Tom Macfarlane, and Jerry Ochs have accepted the many responsibilities that are needed to make our annual sale a success. We welcome them to this position and appreciate their willingness to commit their time and talents to the Patio

## SPIRITUAL & BIBLICAL GROWTH OPPORTUNITIES IN JULY

*Classes are open and everyone is welcome to join us as we rejoice in the Word of God and Sing praises to his Name.*

### Lectionary Bible Readings

by Linda Freeman

Lec'tion-ar-y, noun— means:

A schedule of readings from the Bible for Christian church services during the course of the year.

Did you know you can continue your Bible and spiritual studies during the summer—when many of our classes are on hiatus? A great resource for study is the 2009 Mission Yearbook, published by the Presbyterian Church (USA). This guide provides a glimpse of God's work throughout America and the world with articles for every day and the daily lectionary Bible readings. It brings together the Presbyterian family for prayer and study. Copies of this book are available in the church office for you to take home and keep. These books are free.

Daily Lectionary Readings are available at any time on-line.

Go to our church's website:

[www.ValleyPresbyterian.net](http://www.ValleyPresbyterian.net)

Click on the Lectionary Readings box. Your computer will take you to the *Devotions and Readings* page of PC(USA) for the current day.

Whether in a group setting, as a family or individually, opportunities for Biblical and spiritual growth abound—we need only partake.

*By wisdom a house is built, and through understanding it is established; through knowledge its rooms are filled with rare and beautiful treasures.* (Proverbs 24:3-4)

### July Bible Study

What does it mean to be called "God's People?" This question is the focus of the July Adult Bible Study which meets in Classroom 5 following the Sunday morning worship. The class gathers for study from 10:40-11:45.

The study series this summer brings twenty-first century Christians into dialogue with the ancient foundations of Judaism and Christianity. The development of a covenant people is the large over arching story in the Hebrew peoples. The story continues today both in the history and continuing shaping and reshaping of Judaism and Christianity.

The books of Exodus, Leviticus, and Numbers tell the story of how a community of faith, of loyalty, and service became the backbone of a vital religious tradition and people. The story is not one of an "easy" relationship within a people called to be a distinct community. There were times of deep faithfulness, periods of doubt and loss, and moments of re-visioning of what God's intentions are for a people whose lives are to be shaped by a Covenant.

On July 5, the class will explore "God's Calling of People to Covenant" (Deuteronomy 5: 1-9, 11-13, 16-21). On July 12 the reading is from Deuteronomy 16: 1-8 and seeks understanding of how "God calls people to remember." The theme for July 19 is "God's call to special service" as reflected in Leviticus 8: 1-13. And on July 26, the class will address Leviticus 25: 8-21, 23-24 where the theme of Jubilee appears: "God calls people

### Mark your Calendar!

#### Movies with a Message

Wednesday, July 8, at 3:00 PM

#### "Seabiscuit"



PG 13

### Sunday Morning Adult Bible Study

*Begins 10 minutes after end of service of worship — Classroom 1*

*Gail & Lance Barker, Leaders*

*Theme for July  
Called to Be God's People*

July 5

*God Calls People to Covenant*

July 12

*God Calls People to Remember*

July 19

*God Calls People to Special Service*

July 26

*God Calls People to Jubilee*

**Join us for these enthusiastic and lively discussions.**



to Jubilee." At times Deuteronomy and Leviticus are difficult books to read. But they were important documents to a people, then, and for a people now. The classes for July will have Lance and Gail Barker as leaders.

# July 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00a Men's Bible Study 9:30a Supper Cluster 10:30a 3D Plan 2:00p Membership Outreach 6:30p Christian Education	2 12:00p GriefShare Program 2:00p Communion La Joya 3:00p Communion Silver Springs	3 INDEPENDENCE DAY - CHURCH OFFICE CLOSED	4
5 Communion, Food Bank, New Members received Sanctuary Choir practice 7:45a Childcare—Nursery 9:15a Childcare—Nursery 9:30a Service of Worship 10:40a Adult Bible Study	6 9:00a Parkinson's Support 9:00a Christian Conversations 9:00a Phoneathon 9:15a Chair Exercise	7 8:00a Men's Study Group 9:00a Prayer Ministry 10:30a Singles Group Steering Committee	8 8:15a Crossroads carpool 9:00a Men's Bible Study 9:00a Parkinson's Support 10:30a 3D Plan 1:00p Finance Committee 1:30p Stewardship Committee 3:00p Movie: Seabiscuit(PG13)	9 12:00p GriefShare Program	10 9:00a Parkinson's Support 9:00a SM Continuing Ed 10:00a Chair Exercise Class 10:00a SM Peer Review 11:00a SM Leaders	11
12 Just Coffee 7:45a Sanctuary Choir practice 9:15a Childcare—Nursery 9:30a Service of Worship 10:40a Adult Bible Study	13 9:00a Parkinson's Support 9:00a Christian Conversations 9:15a Chair Exercise 9:30a SM Leaders 9:30a Grief Recovery Facilitators 1:30p VPC Foundation	14 8:00a Men's Study Group 8:30a Mission Committee 9:00a Prayer Ministry 11:30a Singles lunch	15 7:00a Blood Platelet Drive 8:15a Crossroads carpool 9:00a Men's Bible Study 9:00a Parkinson's Support 7:00p Session meeting	16 7:45a Casa Maria lunch prep 12:00p GriefShare Program 1:00p Palo Alto set up	17 8:00a Casa Maria lunch prep. 8:00a Palo Alto Sale marking 9:00a Parkinson's support 10:00a Chair Exercise Class 10:00a SM Retreat planning	18
19 7:45a Sanctuary Choir practice 9:15a Childcare—Nursery 9:30a Service of Worship 10:40a Adult Bible Study	20 9:00a Parkinson's Support 9:15a Chair Exercise	21 8:00a Men's Study Group 9:00a Prayer Ministry	22 9:00a Men's Bible Study 9:00a Parkinson's Support 9:30a CE Communications	23 12:00p GriefShare Program	24 9:00a Parkinson's Support 9:00a SM Continuing Ed 9:30a SM Peer Review 10:00a Chair Exercise Class 10:30a SM Leaders	25
26 Just Coffee 7:45a Sanctuary Choir practice 9:15a Childcare—Nursery 9:30a Service of Worship 10:30a Blood Pressure Screening 10:40a Adult Bible Study	27 9:00a Parkinson's Support 9:15a Chair Exercise 1:30p Valley Readers 2:00p Worship committee	28 8:00a Men's Study Group 9:00a Prayer Ministry 9:00a Creative Hands	29 9:00a Men's Bible Study 9:00a Parkinson's Support	30 12:00p GriefShare Program	31 9:00a Parkinson's Support 10:00a Chair Exercise Class	

Reminder: You may always find an up-to-date calendar on the church website.  
[www.valleypresbyterian.net](http://www.valleypresbyterian.net)

# July Birthdays

1  
Marvin Hein

2  
Olive Walker  
Mary Wilsted

3  
Edna Grieb  
Melanie Kistner

4  
Rita Blaine



5  
Ruth Bishop  
Arleen Boyuls  
Joyce Ennen  
Jo Huntsinger  
Bob Mansmith  
Don Richards  
Lois Young

6  
Don Bahnick  
Phyllis Dierken  
Dan Gnau  
Ken Saunders

7  
Ruth Deobler  
Chuck Morris  
Jerre Van Sooy

8  
Jim Bowley  
Cynthia Lurkins

9  
Iona Ledeboer  
Judy McLaughlin

10

Fran Miller  
Joanne Swink  
Peggy Wilhelm

12  
LeRoy Luetscher  
Beverly Spicer

13  
Betty Coons  
Ken Schofield  
Al Stockdale

14  
Angie Connell  
William Roberts  
John Stanford  
Frank Stiltner  
Kristin Weidenaar

15  
Ruth Arnold  
Paula Chervenka  
Isabel Hefele  
Sandi Pratt  
Julie Pryor  
Marjorie Simpson  
Shirley Younker  
Pam Zylstra

16  
Muriel Lachman  
Ernest Sander  
Jim Sutherland  
Jean Yoder

17  
Howard Brown  
Richard Hoffman

18  
Jean Biernat  
Brock Brockhaus  
Jan Lund  
John Miller  
Gerrie Murvihill  
Larry Rieger  
John Schultz

19  
Leah Bohor  
Glenn Carter  
Barbara Clugh

Fred Collins  
Robin Hazen  
Jane Rogers  
John Vold

20  
Bob Bishop  
Doris Steffy  
Norris Woerner

21  
Hap Beaumont  
Beth Phillips  
Fred Powell  
Stan Riddle  
Bonnie Speer  
Marjorie Thomas  
Marilyn Walters

22  
Don Singleton

23  
Ruth Anderson  
Winifred Thompson

24  
Margaret Butler  
Betty Collins  
Judy Haugen  
Dick Roberts  
George Towle

25  
Carol Copeland  
Ralph Hawthorne  
Margaret Larkin  
Richard Rosenthal

26  
Bill Hauser  
Mac Richards  
Gordon Sinclair

27  
Dolores Bigelow  
Sandra Hart  
Barbara Powell  
Sara Williams

28

John Ross  
29  
Jim Dickey



Carole Green

30  
Marcy Dart  
Dorothy Reno  
Tom Royer

John Tinto  
Sue Zwicke

31  
Don Conner  
Mary Fair  
Jan McGuire  
Charlotte Ohman  
Bob Oldendorph  
Jeane West  
Barbara Yager

## GV Community Food Bank

At VPC we usually post the "Needs List" on our bulletin board in Fellowship Hall so our congregation can readily identify items they may wish to donate. The most urgent needs in July are: Peanut Butter, Juice, Cereal, all canned Tomato Products, Canned Fruit.

Valley Presbyterian Church received a telephone call from Frank Perry to express appreciation by the Food Bank for the generous donations they receive from us on a monthly basis. You are invited to tour the Food Bank on an individual basis to see their facility and how their customers are able to shop in a grocery store atmosphere – unlike Food Banks in other locations who receive a standard box of staples. Please plan to visit on a Tuesday afternoon and call ahead to schedule your tour (625-5252).

The Food Bank says, "Thanks for helping us help those in need."

## Valley Readers

Welcome to the Valley Readers on Monday, July 27, at 1:30 p.m. in Classroom 5!

This meeting will be different! Please bring a book that you have read and would like to share with the group in a few minutes presentation. We will use this meeting for a chance to get a list of books to read for the rest of the summer. All are welcome, and we want you to join us! If you have questions, please call Anne Morrison at 399-0762.

### *Summer Reading Suggestions from the VPC Library*

***I Love You, Miss Huddleston.*** Philip Gulley.

Did you grow up with siblings who, unlike yourself, had weird and unfathomable quirks? Did you have childhood friends who led you into some very strange escapades? There are many fun memories that make *I Love You, Miss Huddleston* a delight to read. It tells the story of Philip Gulley's growing up in the small town of Danville, Indiana, with humor and joy. This book makes for a wonderful and light summer read. This book can be found at [813 G95](#). (Review by Marcia MacDonald)

Also new additions to popular fiction series in the library:

***The Lost Quilter.*** Jennifer Chiaverini. (FIC C43)

***Miss Julia Delivers the Goods.*** Ann B. Ross. (FIC R73)

***Teatime for the Traditionally Built.*** Alexander McCall Smith. (FIC Sm5)

### PW Circles are changing!

At this time all of our Circle participants need to sign up for their preference in the day and time you'd like to attend or continue attending a Circle Bible Study group. Now is a good time to change the day and time of your Bible Study. We encourage you to change the date, at least, in order to meet different people. Currently we have 7 Circles, so you have quite a nice choice.

Please fill out the following form and turn it in to the Presbyterian Women's table in Fellowship Hall. (There will also be copies of the form at the table.) We must have one of these slips to enroll or continue you in a Circle. If you have questions, please call Martha Jump (648-7481).

*Please fill out form below and return to PW table.*

#### Presbyterian Women: Please enroll me in a PW Bible Study Circle

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone No. \_\_\_\_\_ E mail Address: \_\_\_\_\_

#### Preferred Circle:

2nd Monday  1:00 p.m.

3rd Monday  6:30 p.m.

2nd Tuesday  9:15 a.m.

2:00 p.m.

2nd Wednesday  9:15 a.m.

1:00 p.m.

2nd Thursday  9:15 a.m.

Time in Green Valley:  Full time  Winter

Would You Be a Leader? *Please!!*  Yes



### Valley Presbyterian Church

is a member of Presbytery de Cristo in The Synod of the Southwest, Presbyterian Church (U.S.A.)

### Staff

- Rev. Lawrence R. DeLong, Pastor
- Rev. John Dunham, Associate Pastor
- Patty Smith, Hospital Visitation
- Rev. Joe Hawkins, Pastor Emeritus

### Mission Statement

Our Mission is to follow the teachings of Jesus Christ. Guided through prayer and the Holy Spirit, we use our time, talents and resources to minister with love, forgiveness, and acceptance to the needs of all.

### Join Us In Worship!

#### Service of Worship

Childcare Provided

**9:30 a.m.**

*(May 3—October 25)*

Holy Communion Celebrated

1st Sunday of the month

The Valley Voice newsletter is published the first day of each month for the members and friends of Valley Presbyterian Church, 2800 S Camino del Sol, Green Valley AZ 85622.

Articles may be submitted for consideration to Georgia Puttock in the church office in writing before the 15th of the month via email, GPuttock@valleypres.net, US mail, or in person. It is helpful to have articles on disk or as email. Submitted articles may be edited for style and length.

## eScrip

If you think you are participating in eScrip, check the bottom of your Safeway receipt directly under the words “Club card Savings.” You should see the following statement:

“Your qualifying purchases have been accumulated towards eScrip.”

If you do not see that statement, you are not participating in eScrip. About 60 of our 400+ VPC households enrolled in eScrip are not generating any eScrip contributions.

Common reasons:

- 1: The phone or address data held by Safeway does not exactly match the data held by eScrip.
- 2: Safeway cards for spouses have the same account. If there is more than one account per household, contributions will not accurately be reported.
- 3: To receive eScrip credit you MUST use the physical Safeway Card at checkout, not your phone number.

If your card doesn't show the qualifying phrase,

- 1: Please call Safeway at 877-723-3929 and ask them to verify/update your personal data.
- 2: Then call eScrip at 800-400-7878 and request that they update your eScrip data.

### Scholarship Thank You—May, 2009

"To the Scholarship Committee, Valley Presbyterian Church

Dear Scholarship Committee:

I would like to thank you for the past four years of financial support you have provided me. Your generous support has allowed me to build an educational foundation that will advance my career and provide untold opportunities...

I am currently taking my management capstone to complete my business management degree from Eller, and I will begin taking classes for my second major, regional development, over the summer...

I have continued working for Grimm Commercial as an intern, and I have been asked to work for the company full time after I graduate in their commercial real estate brokerage and development division...

I will always be grateful for the assistance your organization has provided. Thank you again!

Sincerely, Adam Lundquist"

**Valley Presbyterian Church**  
2800 S Camino del Sol  
Green Valley AZ 85622  
(520) 625-5023

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**Forwarding Service Requested**

Email: [vpc-office@valleypres.net](mailto:vpc-office@valleypres.net)  
Website: [www.valleypresbyterian.net](http://www.valleypresbyterian.net)

Reminder to GV residents in ZIP 85622: July 1st is the date that the US Postal Service will discontinue delivering mail with the wrong ZIP (85614).

## Volunteers Needed

Casa Maria Sandwich Delivery  
Crossroads Mission  
Patio Sale  
Property Maintenance  
Sound Board Technicians  
Transportation  
We'll Do It! Committee  
**If you have time to share with any of these or other groups, please call the office at 625-5023 to let us know.**

## Art Gallery Quilt Display Continues



**Until September 27th our art gallery continues to display beautiful quilts from all the quilters at Valley Presbyterian Church.**



## Noisy Offering—May 31

The total donated in this special offering was \$487.49. It will be equally shared with Parish Nurse Projects, Joyful Noise Academy, and Mission Projects. Thanks to all.

## Blood Platelet Collection at VPC

Wednesday, July 15  
7:00 a.m. – 6:00 p.m.\*

Blood platelets are a clotting agent used to treat people suffering from serious medical issues. You can donate up to 24 times a year.

If you are eligible or have given platelets before and would like to donate again, call 917-2836 to schedule an appointment.

(\*To determine if you are able to donate platelets, prescreen walk-ins on July 15 will be from 10 a.m. to 3 p.m.)

## Chair Exercise Class

Whoever heard of Chair Exercises? How could anyone think that exercising in a *chair* could improve your muscle power? You will be pleasantly surprised! Just ask any of the folks who do it.

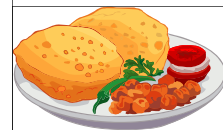
Are you finding it hard to exercise during the hot summer days? Why not consider doing Chair Exercises in the air conditioned comfort of our church? You pay just a little and receive a whole lot of instruction and encouragement from your instructor. For details or to sign up for the Monday or Friday morning class (or both), call Mia Cooper at 204-5264 for details and to let her know when you would like to start.

## Opportunities for Singles



**Tuesday, July 14**

Be sure to sign up in Fellowship Hall by Sunday, July 12, to join us for lunch at the Arizona Inn on July 14 at 11:30 a.m. (We plan to carpool from Basha's parking lot at 10:30.)



On Tuesday, August 11, at 11:30 a.m., we plan to meet for lunch at the Blue Willow.

Please also sign up for this activity in Fellowship Hall. We will carpool to Tucson.

**Remember to wear a welcoming smile and greet ALL the folks you meet at Valley Presbyterian!**



## Join the Fun!

The Presbyterian Campus Ministry of the University of Arizona is planning another fun night at the Gaslight Theatre, Sunday, October 25, at 7:00 p.m. Name of the play: *The Legend of Cronan the Barbarian* or *"Take My Sword for It."* Ticket cost \$20. If you would like to attend, please contact Marjorie Lotz (phone 399-